

Mental Health/Behavioral Health & Substance Abuse Recovery Resources

<p><u>Aegis Treatment Centers</u> You make the choice to enter treatment. You tell us where, when, and how you're ready to accept treatment, and that's where we begin. Your priorities become our priorities. Your goals become our goals. Together, we collaborate on a plan to achieve them.</p>	<p>530-742-7747 (24/7) 210 D St, # G Marysville, CA 95901</p>
<p><u>Al-Anon District 3 Northern California</u> A worldwide fellowship that offers a 12-step program of recovery for the families and friends affected by alcoholics. Here you will find helpful resources to get connected to meetings and search online sources to aid in your recovery. We aim to protect the anonymity of both new and current members; know that your privacy will be highly respected, and we hope, reciprocated.</p>	<p>530-378-9185 alanon.nc.d3@gmail.com P.O. Box 1983 Chico, CA 95927</p>
<p><u>Alcohol Chemical Treatment Series</u> A.C.T.S. is a curriculum-based, self-help, recovery, and educational program designed to support individuals or families deal with problems. The knowledge obtained through A.C.T.S. can help heal the pain of dysfunctional relationships abuses associated with alcohol & chemical abuses.</p>	<p>916-205-6029 730 Howe Avenue Sacramento, CA 95825</p>
<p><u>Alexa Skills Vaping Coach</u> With the Stop Vaping Coach skill, get quit vaping tips or sign up to speak with a quit coach.</p>	<p>View website here</p>
<p><u>American Addiction Treatment Services, INC.</u> Offers outpatient drug free treatment, narcotic replacement therapy, and Suboxone.</p>	<p>530-749-8640 1496 North Beale Rd Marysville, CA 95901</p>
<p>Buddy's House Offers affordable housing and a Clean & Sober living environment to those who are recovering from Alcoholism and Drug Addiction.</p>	<p>530-675-1049 1770 Magnolia Drive Yuba City, CA 95901</p>
<p><u>California QUITs</u> Free, Quit Coach Live Support, Texting Program, Mobile Apps for iPhone and Android." Resources for Teens and Adults to quit vaping and tobacco</p> <p>English Smokers: (800) 662-8887 English Vaping: (844) 866-8273 Spanish: (800) 456-6386 Chinese: (800) 838-88917 Korean: (800) 778-8440</p>	<p>Text: "Quit Vaping" to 66819 Text: "Quit Smoking" to 66819 800-300-8086</p>

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<p><u>Carelon Behavioral Health (Formerly Beacon)</u> Provides behavioral health solutions designed to address members' behavioral, physical, and social health needs.</p>	<p>866-477-8208</p>
<p><u>Co-Dependents Anonymous for Men & Women Support Group</u> Check the website for current meeting days and times</p>	<p>888-444-2359 700 Washington Ave Yuba City, CA 95991</p>
<p>Deborah's House Provides affordable, fully furnished homes.</p>	<p>530-635-0941 PO Box 1444 Yuba City, CA 95992</p>
<p><u>Fathers FIRST</u> Provides fathers who have a history of substance abuse with the opportunity in a group setting to discuss, explore, and learn how to be successful dads.</p>	<p>530-682-8648 5206 Tulip Rd Marysville, CA 95901</p>
<p><u>Findhelp.com</u> Find free or reduced-cost resources like food, housing, financial assistance, health care, and more. Help starts here.</p>	<p>View website here</p>
<p><u>First Steps: Sutter - Yuba Behavioral Health - Adult Substance Use Disorder Services (SUDS)</u> Provides SUDs outpatient and intensive outpatient treatment services to pregnant or parenting women struggling with a Substance Use Disorder. The program provides a supportive, women only, environment, evidence-based treatment, individual and group counseling, parenting, and life skills.</p>	<p>530-822-7263 545 Garden Hwy. Suite A Yuba City, CA 95991</p>
<p><u>GriefShare</u> A GriefShare support group is a safe, welcoming place where people understand the difficult emotions of grief. Through this 13-week group, you'll discover what to expect in the days ahead and what's "normal" in grief. Since there are no neat, orderly stages of grief, you'll learn helpful ways of coping with grief, in all its unpredictability—and gain solid support each step of the way.</p>	<p>View website here to find a GriefShare support groups in-person or online near you</p>



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<p><u>Hmong Outreach Center</u> The Hmong center serves bilingual and Hmong-speaking adults and families, delivering culturally and linguistically appropriate behavioral health services. The Hmong Center provides bilingual/bicultural staff, who are trained interpreters, who can provide services in the clients' preferred language.</p>	<p>530-749-2746 4853 Olivehurst Ave Olivehurst, CA 95961</p>
<p><u>Latino Outreach Center</u> The Latino Outreach Center services bilingual and Spanish Speaking adults, children, and families. Behavioral Health services offered are group therapy, individual therapy, case management, interpretation and translation services, and linkage to medication support and community resources.</p>	<p>530-674-1885 545 Garden Hwy # B Yuba City, CA 95991</p>
<p><u>Mobile Crisis Response- Sutter-Yuba Behavioral Health</u> This service is an extension of Sutter-Yuba Behavioral Health's Psychiatric Emergency Services (PES). Anyone within Sutter and Yuba Counties may receive a mobile crisis in-person response to assist in de-escalation/stabilization when they phone the regular PES 24/7 numbers. PES staff will evaluate and may activate mobile crisis if determined to be appropriate.</p>	<p>PES 24/7 numbers: 1-888-923-3800 or 530-673-8255</p>
<p><u>Network of Care for Behavioral Health</u> A resource for individuals, families, and agencies concerned with behavioral health. It provides information about behavioral health services, laws, and related news, as well as communication tools and other features.</p>	<p>View website here</p>
<p><u>Pathways</u> Individualized treatment for drug and alcohol addiction and serving the needs of our clients and their families throughout the recovery process. We guide individuals through a process of change, help them improve health and wellness, learn to live a self-directed life and strive to reach their full potential.</p>	<p>530-742-6670 430 Teagarden Ave Yuba City, CA 95991</p>
<p><u>Salvation Army Depot Family Crisis Center</u> An intensive transitional shelter program for homeless families and individuals.</p>	<p>530-216-4530 408 J St Marysville, CA 95901</p>

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<p><u>Sutter County Tobacco Control Program</u> Aims to improve the health of all Sutter County residents by reducing chronic disease, illness and premature death attributable to the use of tobacco products through policy, systems and environmental changes.</p>	<p>530-822-7215 1445 Veterans Memorial Circle Yuba City, CA 95993</p>
<p><u>Sutter-Yuba Behavioral Health-Children’s Services</u> Designed to meet the socio-emotional and behavioral needs of children, youth, and families in both Sutter and Yuba Counties.</p>	<p>530-822-7513 Ext. 414 1445 Veterans Memorial Circle Suite B Yuba City, CA 95991</p>
<p><u>Sutter-Yuba Behavioral Health</u> Provides services to individuals and families who are experiencing serious or ongoing mental health and/or substance use disorders in Yuba and Sutter Counties. <u>Open Access Clinic Flyer and Schedule</u></p>	<p>530-822-7200 (Main) 530-673-8255 (24-Hour Line) 1-888-923-3800 (24-Hour Line) 1965 Live Oak Blvd Yuba City, CA 95991</p>
<p><u>Sutter-Yuba Options for Change</u> (OFC) Provides adult outpatient Substance Use Disorder (SUD) treatment for those that are seeking help. OFC provides screening, assessment, treatment, and referrals for Medication Assisted Treatment (MAT) and/or Residential Treatment. <u>Open Access Clinic Flyer and Schedule</u></p>	<p>530-822-7200 1965 Live Oak Blvd Yuba City, CA 95991</p>



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Teen Challenge- Twin Rivers Center

A faith-based, long-term residential addiction recovery center for adult women in Yuba City, California. They provide intensive inpatient care and aftercare support, including specialized programming for young adult women. Their primary treatment modalities combine psychotherapy with evidence-based complementary therapies and recovery-focused life skills training.

530-751-9511
560 Cooper Avenue
Yuba City, CA 95991

Telecare Corp

Telecare Corp specialize in outcomes driven services for individuals who are at risk of crisis and hospitalization. Their programs are recovery-focused and clinically effective and are designed in partnership with local, county, state, and other behavioral health organizations.

530-822-7200
1965 Live Oak Blvd
Yuba City, CA 95991

Telecare iCARE Mobile Engagement Team

The iCARE mobile engagement team serves individuals who are living with untreated severe or chronic behavioral health conditions who experience high utilization of emergency or inpatient care, and/or who have high levels of contact with law enforcement but have remained unengaged with ongoing care for their condition.

530-565-0960
201 D St., Ste. S
Marysville, CA 95901