

Childcare & Child Development Services

<p><u>Children's Home Society of California (CCHS)</u> Provides a variety of services to children and families in California and nationwide – working to improve their quality of life by offering vital informational, educational, and resource services.</p>	<p>530-673-7503 1650 Sierra Avenue # 102 Yuba City, CA 95993</p>
<p><u>E-Center Head Start</u> Provides comprehensive early childhood education, health, nutrition and parent involvement for children ages 0-5 and their families at no cost to the participants.</p>	<p>530-634-1200 1003 Stabler Lane Yuba City, CA 95993</p>
<p><u>Family S.O.U.P.</u> Empowers families of children with special needs through support and education to reach their full potential as members of the community.</p>	<p>530-751-1925 1650 Sierra Avenue # 106 Yuba City, CA 95993</p>
<p><u>Live Oak Child Care Center</u> The goals of the center are to provide each child the opportunity to grow socially, emotionally, and intellectually in a warm, loving atmosphere. Many varied activities are planned to help each child develop a positive self-image.</p>	<p>530-695-2372 1990 Archer Ave. Live Oak, CA 95953</p>
<p><u>Sutter County Children and Families Commission-First 5</u> Sutter County Children & Families Commission coordinates services that support families to ensure that each child enters school healthy and ready to learn.</p>	<p>530-822-7505 1445 Veterans Memorial Circle Yuba City, CA 95993</p>
<p><u>Sutter/Yuba Friday Night Live</u> Creates partnerships for positive and healthy youth development which engages youth as active leaders and resources in their community.</p>	<p>530-742-5483 301 4th ST, Marysville, CA 95901</p>



Perinatal Resources

Pregnancy - After Birth

<p><u>Adoption Connection</u> Helps you understand what would happen between now and the baby's arrival and afterwards.</p>	<p>800-972-9225 1710 Scott Street San Francisco, CA 95115</p>
<p><u>American Adoptions</u> Helps you make an adoption plan with an adoption specialist.</p>	<p>800-236-7846</p>
<p><u>A Woman's Friend Pregnancy Resource Clinic</u> A licensed community care clinic providing medical consultations, pregnancy testing, ultrasound exams, STD & STI education, prenatal education, nutrition information, fetal development education, referrals and practical support.</p>	<p>530-741-0556 961 Live Oak Boulevard Yuba City, CA 95991</p>
<p><u>Blue Shift Project of Yuba-Sutter</u> Our common goal is to transform Perinatal Mood & Anxiety Disorders in the Yuba-Sutter area. Find local & online services & supports on the website.</p>	<p>View website here</p>
<p><u>The Christian Assistance Network (CAN)</u> A church-run organization that provides food, clothing, and diapers.</p>	<p>yscan3133@gmail.com 22 Teegarden Avenue, Yuba City, CA 95992</p>
<p><u>DADS Chat with an Expert-Postpartum Support International</u> Free call-in forum for dads facilitated by a perinatal mood disorder expert. First Monday of each month at 5 p.m.</p>	<p>1-800-944-8766 code 73162#</p>
<p><u>Family PACT</u> Family PACT is a comprehensive family planning services program that provides contraceptive and family planning-related services, together with client-centered health education and counseling, at no cost to California's low-income residents of reproductive age.</p>	<p>916-650-0414 familypact@dhcs.ca.gov View website here</p>
<p><u>Healthy Families Sutter County Home Visiting Program</u> Healthy Families Sutter County is an evidence-based home visiting program, accredited by Healthy Families America. We provide voluntary, free services starting during pregnancy or the first few months of a baby's life.</p>	<p>530-822-7215 1-800-371-3177 MCAH@co.sutter.ca.us Complete the referral form here</p>

Perinatal Resources

Pregnancy - After Birth

<p><u>La Leche League of Northern California & Hawaii</u> Helps breastfeeding mothers through mother-to-mother support, encouragement, information, and education.</p>	<p>707-485-1940</p>
<p><u>Lifetime Adoption</u> Pregnant or considering adoption for your child? Provides a FREE adoption planning kit for those considering adoption options.</p>	<p>800-923-6784</p>
<p><u>MotherToBaby</u> Specialize in answering questions about the safety/risk of exposures, such as medications, vaccines, chemicals, herbal products, substances of abuse, maternal health conditions, and much more, during pregnancy or breastfeeding.</p>	<p>866-626-6847 Text: 855-999-3525 Chat live or email an expert <u>Here</u></p>
<p><u>Postpartum Support International (PSI):</u> The PSI warmline is a toll-free telephone number anyone can call to get information and support about perinatal depression or mood/anxiety disorders.</p>	<p>1-800-944-4773 Or to chat with an expert visit <u>here</u> for more information</p>
<p><u>Sutter County HHS Breastfeeding Support</u> <u>TriCounty Breastfeeding Resource Guide (English)</u> <u>TriCounty Breastfeeding Resource Guide (Spanish)</u></p>	<p>View Clickable Breastfeeding Resource Guides in English and Spanish</p>
<p><u>Sutter County HHS-Maternal Child Adolescent Health</u> Sutter County Maternal Child Adolescent Health – Offers safety approved portable cribs and education to parents and caregivers of infants under age 1 to help reduce the risk of Sudden Infant Death Syndrome and other sleep related deaths. Lactation specialists provide families with support to help them achieve their breastfeeding goals. Nurses assist women, teens, and young adults with finding free or low-cost quality reproductive health and pregnancy related medical care.</p>	<p>1-800-371-3177 1445 Veterans Memorial Circle, Yuba City, CA 95993 MCAH@co.sutter.ca.us</p>

Family & Youth Services

[Actively Moving Forward- Heal Grief App](#)

Provides a national network of young adults all connected, heard, and understood by other like-minded young adults grieving a similar death loss in a way young adults communicate best, digitally and 24/7. Community members can access facilitated virtual support groups, tools, resources, reading, videos, supportive quotes, and community engagement via direct messaging, group chats, posts, and interactive comment boards that bereavement care professionals monitor.

View website [here](#)

[Alta California Regional Center](#)

Assists people with developmental disabilities and their families by building a team of supportive physicians, therapists, and other professionals.

530-674-3070
950 Tharp Rd # 202
Yuba City CA 95993

[All-Options](#)

Uses direct service and social change strategies to promote unconditional, judgmentfree support for people in all their decisions, feelings, and experiences with pregnancy, parenting, abortion, and adoption.

Talkline: 888-493-0092

[Andrew McDonough B+ Foundation Family Assistance Program](#)

Helping families of children under the age of 21 with cancer. The B+ Foundation Family Assistance Program gives qualified families money for expenses that are attributable to their child's cancer diagnosis.

302-563-8389

[BE STRONG APP](#)

Resources, support, intervention, and best practices on combatting many adversities by increasing resilience and supporting you in emotional, behavioral, and everyday challenges. If you or those you know are struggling with hunger, housing, escaping violence, mental health and more...help is at your fingertips.

954- 246-5807
 View website [here](#)

[CalHOPE-Brightlife Kids](#)

Mental Health coaching and resources for parents with kids ages 0-12.

View website [here](#)

Family & Youth Services

<p><u>CalHOPE-Soluna</u> Mental Health coaching and resources for teens and young adults ages 13-25.</p>	<p>View website here</p>
<p><u>California Student Aid Commission</u> The California Chafee Grant for Foster Youth awards up to \$5,000 a year to eligible foster youth. The Chafee Grant may be used at any eligible California college or university, or career or technical school.</p>	<p>View website here</p>
<p><u>CalWORKs and Employment Services-Sutter County HHS</u> A public assistance program that provides temporary financial assistance and services to meet basic needs such as housing, utilities, food, and clothing to eligible families that have children in the home.</p>	<p>530-822-7133 539 Garden Hwy, Suite A, Yuba City, CA 95991</p>
<p><u>The Christian Assistance Network (CAN)</u> A church-run organization that provides food, clothing, and diapers.</p>	<p>yscan3133@gmail.com 22 Teegarden Avenue, Yuba City, CA 95992</p>
<p><u>Colusa Sutter Yolo Regional Child Support Agency</u> The Colusa, Sutter and Yolo Regional Child Support Agency works with families to promote self-sufficiency and the well-being of children by establishing parentage and financial support.</p>	<p>866-901-3212 1007 Live Oak Blvd., Suite B2 Yuba City, CA 95991</p>
<p><u>PG&E Medical Baseline Program</u> Assistance program for residential customers who depend on power for certain medical and independent living needs</p>	<p>800-743-5000</p>
<p><u>SafeSpace</u> Youth-led, mental health-focused organization that empowers young people to engage openly with their local schools and communities.</p>	<p>View website here</p>
<p><u>SafeSpace Stories-Podcast</u> Weaving the voices of teens, mental health experts, and inspiring individuals into a cohesive experience, SafeSpace stories is your mental health resource.</p>	<p>Apple Podcast Link: here Spotify Podcast Link: here</p>
<p><u>Sensitive Services</u> (Partnership Health Benefit) Includes services for Family Planning, STD testing and treatment, AIDS/HIV testing, and Abortion (ending pregnancy) counseling and services for Medi-cal beneficiaries with no prior approvals needed.</p>	<p>View website here</p>



Family & Youth Services

<p><u>Sutter County Child Welfare Services</u> 24-hour emergency line: 530-822-7227</p> <p>Provides services to children who have been abused, neglected, or who are at risk of being abused or neglected. The focus is on child safety and well-being, strengthening families, and providing permanency.</p>	<p>530-822-7151 1531-A Butte House Rd Yuba City, CA 95993</p>
<p><u>Sutter County Community Action Agency (SCCAA)</u></p> <p>SCCAA funds private non-profit or public organizations in Yuba-Sutter that meet the needs of low-income in the area and promote self-sufficiency.</p>	<p>530-751-8555 950 Tharp Ave #1303 Yuba City, CA 95953</p>
<p><u>Sutter County HHS-Maternal Child Adolescent Health</u></p> <p>Sutter County Maternal Child Adolescent Health – Program for families with children with special health care needs, partners with families to connect with specialty services, access resources, and build support to overcome challenges and ensure the best outcomes for their children. Services for pregnant and parenting individuals who are experiencing symptoms of mood and anxiety disorders such as postpartum depression to develop support plans and coping strategies, and if desired, connect with treatment providers.</p> <p><u>Healthy Families Sutter County</u> – Starting during pregnancy or their baby's first few months, family support specialists, empower parents to help their children develop the social, emotional, and cognitive skills they need to succeed in life. Eligible families: Sutter county residents, pregnant or baby less than 3 months old, and Medi-Cal eligible</p>	<p>1-800-371-3177 1445 Veterans Memorial Circle, Yuba City, CA 95993 MCAH@co.sutter.ca.us</p>
<p><u>Sutter County Superintendent of Schools</u></p> <p>Delivering successful solutions to the challenges of our local and regional partners by providing innovative support and services to promote education and self-sufficiency.</p>	<p>530-822-2900 970 Klamath Lane Yuba City, CA 95993</p>
<p><u>Sutter - Yuba Behavioral Health</u></p> <p>Serves adults and children of all ages within both Sutter and Yuba Counties.</p>	<p>888-923-3800 1965 Live Oak Blvd Yuba City, CA</p>
<p><u>Talk About Grief</u> (Community Hospice Support Programs)</p> <p>Virtual grief support group. Our Child Grief Support Programs support children and teens who are grieving the death of someone close to them and are offered free of charge.</p>	<p>209-578-6300</p>



Family & Youth Services

<p><u>Victor Community Support Services</u> Provides a variety of programs that serve youth and families with mental health needs in the Yuba-Sutter area.</p>	<p>530-273-2244 1227 Bridge Street, Suite D Yuba City, CA 95991</p>
<p><u>Women, Infants & Children ()- Sutter County HHS</u> The program is for all kinds of families: married and single parents, working or not working. If you are a father, mother, grandparent, foster parent or other legal guardian of a child under five, you can apply for . offers nutrition benefits, education and more.</p>	<p>530-822-7224 1445 Veterans Memorial Circle Yuba City, CA 95993</p>
<p><u>Your Life Your Voice</u> You don't have to face your problems alone. If you are having thoughts of harming yourself or you are being abused, please call us. These are serious issues that are best handled in one-on-one conversations with counselors. Counselors are ready for your call 24/7.</p>	<p>800-448-3000 Text: VOICE to 20121</p>
<p><u>Youth for Change</u> Youth for Change (YFC) provides specialized services for children, youth, and families who have intensive treatment needs. The specialized services provided include Community Based Services (CBS), Full Service Partnership (FSP), Therapeutic Behavioral Services (TBS), Intensive In-Home Based Services (IHBS), and Wraparound. View Youth for Change Programs available for Sutter County Here</p>	<p>530-418-1002 1525 Plumas St, Yuba City, CA 95991 YFC Office</p> <p>530-822-7513, ext. 414 1445 Veterans Memorial Circle, Ste B, Yuba City, CA 95991 SYBH Office</p>
<p><u>Yuba College</u> Provides services to allow eligible 9th, 10th, 11th, and 12th-grade students to enroll in college courses; these efforts assist students in planning and completing their college degrees through quality dual or concurrent enrollment, with less cost, while working toward a two-year or four-year college educational goal.</p>	<p>530-741-6700 2088 North Beale Road Marysville, CA 95901</p>
<p><u>Yuba College Disabled Students Services</u> Provides support services and academic accommodations to ensure access for students with disabilities consistent with the educational offerings and mission of Yuba College.</p>	<p>530-741-6795 2088 North Beale Road, Building 1800 Marysville, CA 95901</p>
<p><u>Yuba-Sutter Child Care Planning Council</u> Providers and their families plan for and promote the highest-quality and most accessible services for the care of all children and youth.</p>	<p>530-749-4040 1104 E Street Marysville, CA 95901</p>

