

# Building Resilient Communities- Behavioral Health

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## PRIORITY AREA: BUILDING RESILIENT COMMUNITIES- BEHAVIORAL HEALTH

**STAKEHOLDERS:** Kaiser Permanente, Partnership HealthPlan, Peach Tree Health, Sutter County Public Health Sutter County Superintendent of Schools, Sutter-Yuba Behavioral Health

**Overarching Vision:** Community members will view behavioral health conditions as being equivalent to other medical conditions, thereby destigmatizing, educating, and increasing access to behavioral health services

**Objective 1:** By January 2027, increase adult and youth mental health and substance use awareness by 25% compared to 2024 baseline

Strategies	Actions	Lead Organization(s)	Target Date	Anticipated Product or Result	Status Description	Outcomes/Progress
Establish a Sutter Behavioral Health Learning Collaborative to increase overall wellness through awareness of how to access, build, and better utilize the available resources of Medi-Cal Managed Care, School Based behavioral health Services, Sutter Yuba Behavioral Health, and commercial insurance providers	Identify key community partners and service providers	Sutter County Health and Human Services Director	April 30, 2024	Established list of partners and service providers to invite to join the SBHLC	Complete	Key stakeholders were identified and invited to join the Sutter Behavioral Health Learning Collaborative
	Create the Sutter Behavioral Health Learning Collaborative (SBHLC)	Sutter County Health and Human Services Director	May 31, 2024	Established SBHLC and hold on-going meetings	Complete	First BHLC meeting held May 16, 2024
	Determine goals and actions for the SBHLC	Sutter County Health and Human Services Director	September 30, 2024	Clear goals and actions are defined by the SBHLC	Complete	Goals and actions were developed by the leads of the SBHLC to inform the revisions to this action plan

<p>Increase knowledge and awareness of behavioral health services and resources among behavioral health providers, health care providers and Sutter County Health and Human Services employees</p>	<p>Convene members of the SBHLC quarterly to conduct educational sessions on community behavioral services, managed care plan benefits, and resources</p>	<p>Sutter County Health and Human Services Director and Sutter County Public Health</p>	<p>May 31, 2025</p>	<p>Providers have increased knowledge of community behavioral health services and benefits under community managed care plans</p>	<p>Complete</p>	<p>Since May 2024 we have held 4 meetings with behavioral health providers, health care providers, social services providers, and managed care plans participating. SBHLC meetings were held on May 16th, 2024, October 8th, 2024, January 29th, 2025, and June 23rd, 2025, with behavioral health providers, health care providers, social services providers, and managed care plans participating. The last educational session included Sutter County HHS Staff members.</p>
	<p>Hold educational meetings with Sutter County Health and Human Services Department to expand knowledge of community behavioral health services, benefits, and resources</p>	<p>Sutter County Health and Human Services Director and Sutter County Public Health</p>	<p>December 1, 2025</p>	<p>Sutter County Health and Human Services employees have increased knowledge around community behavioral health services and benefits under community-managed care plans</p>	<p>Complete</p>	<p>Sutter County Health and Human Services staff were invited to attend the SBHLC meeting on June 23, 2025</p>
	<p>Secure location in Sutter County capable of allowing a large community forum with breakout sessions (e.g., Yuba-Sutter Fairgrounds, Yuba Community College Sutter Campus, Veterans' Hall)</p>	<p>Sutter Behavioral Health Learning Collaborative</p>	<p>January 30, 2026</p>	<p>Secure a location that allows breakout sessions</p>	<p>Not Started</p>	<p>This action will begin after provider and Sutter County Health and Human Services employee focused meetings</p>

Hold two community forums annually regarding adult mental health, children/youth mental health, and substance use, to increase awareness about behavioral health disorders and how to receive treatments to reduce stigma and Improve access to services	Identify and provide a remote option to increase accessibility	Sutter Behavioral Health Learning Collaborative	January 30, 2026	Remote option made available for attendees	Not Started	This work will begin after provider and Sutter County Health and Human Services employee focused meetings
	Identify and involve community partners including but not limited to hospitals, Federally Qualified Health Centers (FQHCs), Medi-Cal managed care plans, private practice and commercial insurance providers, substance use disorder (SUDs) treatment providers, and school districts	Sutter Behavioral Health Learning Collaborative	January 30, 2026	Diverse representation from various organizations at the community forum	Not Started	This work will begin after provider and Sutter County Health and Human Services employee focused meetings
	Create an advertisement plan to raise awareness of community forums using various forms of media and leveraging partnerships with community-based organizations (CBOs) and faith-based organizations (FBOs) to further advertise	Sutter Behavioral Health Learning Collaborative	January 30, 2026	Create an organized outreach campaign to increase awareness of the community forums	Not Started	This work will begin after provider and Sutter County Health and Human Services employee focused meetings
	Rotate the location of the forums and include (CBOs) and (FBOs) to target specific communities & geographical areas within Sutter County	Sutter Behavioral Health Learning Collaborative	June 1, 2027	Rotating locations will build partnerships with various CBOs and FBOs	Not Started	This work will begin after provider and Sutter County Health and Human Services employee focused meetings
	Identify relevant measures and develop an assessment tool for analyzing provider knowledge regarding community behavioral services and resources	Sutter Behavioral Health Learning Collaborative in consultation with Sutter County Public Health	September 15, 2024	Measurement tool is developed to assess awareness of adult and youth mental health and substance use awareness among behavioral health providers	Complete	The measurement tool was developed and administered to SBHLC partners

<p>Develop measurement tools to assess community-wide awareness of community behavioral health services and how to access and seek treatment.</p>	<p>Disseminate measurement and evaluation at behavioral health provider educational sessions</p>	<p>Sutter Behavioral Health Learning Collaborative in consultation with Sutter County Public Health</p>	<p>September 30, 2024</p>	<p>Establish baseline for behavioral health awareness among behavioral health providers</p>	<p>Completed</p>	<p>Measurement tool was disseminated to SBLC and will be administered to HHS staff participating in these sessions</p>
	<p>Identify relevant measures and develop an assessment tool for analyzing county-wide knowledge regarding community behavioral services and resources</p>	<p>Sutter Behavioral Health Learning Collaborative in consultation with Sutter County Public Health</p>	<p>January 30, 2026</p>	<p>Measurement tool is developed to assess awareness of adult and youth mental health and substance use awareness County-wide</p>	<p>Not Started</p>	<p>This will begin during community forums</p>
	<p>Disseminate measurement and evaluation tool during the community forums</p>	<p>Sutter Behavioral Health Learning Collaborative in consultation with Sutter County Public Health</p>	<p>June 30, 2026</p>	<p>Baseline for community awareness of behavioral health is established</p>	<p>Not Started</p>	<p>This will begin during community forums</p>
<p>Create a platform that will be updated regularly with relevant information</p>	<p>Identify platforms (website, social media, etc.) to use for educational materials, events, and information for providers</p>	<p>Sutter Behavioral Health Learning Collaborative</p>	<p>December 31, 2025</p>	<p>Platform for communication is created or an existing platform is updated more regularly</p>	<p>In Progress</p>	<p>Platforms for educational content are currently being assessed</p>

such as contacts, mental health first-aid information, and other educational content related to behavioral health	Create and provide resources related to behavioral health and access to care in English, Spanish, and Punjabi (packets, flyers, trifolds, social media, etc.) for providers and community members	Sutter Behavioral Health Learning Collaborative	June 1, 2026	Resources developed and distributed to the community and made available on a publicly available platform	In Progress	Community and provider behavioral health guides in development. These guides will be shared on the identified platform
Revised: 12/31/2025						