



Be prepared to evacuate or shelter-in-place in the event of an emergency such as flood, fire, power shut-off, or other disasters.



FOR MORE INFORMATION, VISIT:

BePreparedSutter.org

Developed by Yuba-Sutter Access & Functional Needs (AFN) Workgroup





To help you **evacuate** or **shelter-in-place** in the event of an emergency, collect enough of these **nine essential items** to **last at least three days**:

Shelter-in-place: To remain inside a building or vehicle.

Note: Consider keeping an emergency kit in common places (home, car, workplace, on-the-go).

1

WATER

One gallon per person, per day. More water may be needed during hot weather or for those who are sick.

2

FOOD

Enough **non-perishable foods** for each person (canned or packaged). Consider food allergies and sensitivities.

3

CLOTHES

One change of clothes and shoes, per person. Also consider: all-weather/rain jacket, gloves, hat, scarf, linens, pillow, sleeping bag.

4

**HEALTH
SUPPLIES**

Prescriptions and other medications, eyeglasses or contact lenses, inhaler, hearing aids and batteries, syringes, medical alert tags, glucose monitor, oxygen tank or concentrator.

5

**PERSONAL
CARE**

Basic items like soap, toothbrush, toothpaste, toilet paper, hand sanitizer, facial mask, and other hygiene products.

6

SAFETY

First aid kit, emergency blanket, whistle, trash bags, paper towels, alcohol disinfectant, dust mask, and thermometer.

7

ELECTRONICS

Cell phone, flashlight, radio, laptop/tablet with chargers, back-up hard drives, extra batteries for general and medical supplies.

8

TOOLS

Extra cash, spare keys, credit/debit cards, matches/lighter, manual can opener, local maps, multipurpose tool, pen and paper, and utensils to eat, drink, and cook with.

9

DOCUMENTS

Copies of vital records (emergency contacts, photo ID, medical information, financial records, property records, etc.), personal items (photos, irreplaceable items, etc.), instructions for medical equipment.

Other Items to Consider:**CHILDREN**

Baby bottles, formula, food, toys, and blanket; diapers, and games / fun activities for the family.

PETS

Food, water, leash, carrier, medication, medical records, photo ID, toys, bowls, litter box, and grooming tools.

TIPS

Full tank of gas for vehicles (recommended to always fill-up at half-tank of gas).