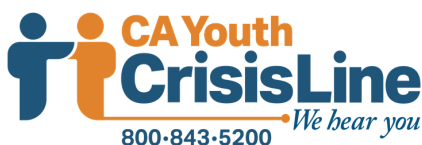


Crisis Resources & Help Lines

AIDS/HIV Support Hotline	916-449-59007
Al-Anon Dist. 3 Northern California	530-334-6734
Alcoholics Anonymous	916- 454-1100
Alcohol Rehab Help	928-436-6654
American Cancer Society	800-227-2345
American Lung Association	1-800-586-4872
Arthritis Foundation	1-800-283-7800
CalHOPE Warm Line	833-317-HOPE (4673)
California Addiction Hotlines	866-210-1303
California Missing Persons	1-800-222-3463
California Youth Crisis Line	1-800-843-5200
Casa de Esperanza	530-674-2040 Contact 24/7
Child Abuse National Hotline	Text or Call 800-422-4453
Crisis Text Line	Text "HOME" to 741741
DADS Chat with an Expert-Postpartum Support International	1-800-944-8766, code 73162# First Monday of each month at 5 p.m.
Emergency (Sheriff's Office)	911
Family Urgent Responses System (FURS)	833-939-3877
Institute on Aging-Senior Intervention Hotline	1-800-971-0016
LGBT National Hotline	888-843-4564 help@LGBThotline.org
LGBT National Coming Out Support Hotline	888-688-5428 help@LGBThotline.org



Crisis Resources & Help Lines

LGBT National Youth Talk Line	800-246-7743 help@LGBThotline.org
LGBT National Senior Hotline	888-234-7243 help@LGBThotline.org
Love is Respect	866-331-9474 Text: LOVEIS to 22522
Mexican Consulate	1-916-536-6599
Narcotics Anonymous	1-844-530-Hope (4673)
National Domestic Violence Hotline	1-800-799-7233
National Maternal Mental Health Hotline	Call or text 1-833-852-6262
National Parent & Youth Helpline	855-427-2736
National Runaway Safeline (Youth & Families)	800-786-2929 Text: 66008
National Sexual Assault Hotline: Confidential 24/7	800-656-4673 online.rainn.org
Poison Control Hotline	1-800-222-1222
Postpartum Support International Helpline	PSI Helpline: 800-944-4773 Text "Help" English: 503-894-9453 Text Spanish: 971-420-0294
Postpartum Support International- Perinatal Individuals & Help for Dads	PSI Helpline: 800-944-4773 Text English: 800-944-4773 Text Spanish: 971-203-7773
RedRover	916-429-2457
Strength After	800-985-5990
Suicide Prevention and Mental Health Crisis Lifeline	988
Sutter County Adult Protective Services	530-822-5990
Sutter County Child Welfare Services (CWS/CPS)	530-822-7227 (24 hour emergency) 530-822-7151

You are never alone.

National Domestic Violence Hotline advocates are here for you 24/7/365.

- Call: 1.800.799.SAFE (7233)
- TTY: 1.800.787.3224
- Text: "START" to 88788
- Chat: thehotline.org



Crisis Resources & Help Lines

Sutter County Homeless Hotline	530-822-5999 Available M-F 8 AM-5 PM
Sutter County Sheriff	911 (Emergency) 530-822-7307 (Non- Emergency)
Sutter-Yuba Behavioral Health	24-Hour Psychiatric Emergency Services Crisis Services: 530-673-8255 or Toll Free: 888-923-3800 Main Business Number: (530) 822-7200
The Rape, Abuse Incest National Network (RAINN)	800-656-4673 24/7 Help Hotline
Trans Lifeline	877-565-8860
Trevor Lifeline (LGBTQ youth suicide prevention)	866-488-7386 Text "START" to 6786787
Your Life Your Voice	800-448-3000 Text: VOICE to 20121
Yuba City Police Department	Emergency 911 Non-Emergency 530-822-4660

