



Sutter County Health and Human Services
Public Health Branch



LOW COST AND NO COST RESOURCES FOR SUTTER COUNTY

This information is also available at the Sutter County Public Health Branch
Website: www.sutter.gov/publichealth Updated: February 2026



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****Please note the table of contents and resources throughout the guide, with an available website, are hyperlinked in the title for direct access**

Childcare & Child Development Services

<p><u>Children's Home Society of California (CCHS)</u> Provides a variety of services to children and families in California and nationwide – working to improve their quality of life by offering vital informational, educational, and resource services.</p>	<p>530-673-7503 1650 Sierra Avenue # 102 Yuba City, CA 95993</p>
<p><u>E-Center Head Start</u> Provides comprehensive early childhood education, health, nutrition and parent involvement for children ages 0-5 and their families at no cost to the participants.</p>	<p>530-634-1200 1003 Stabler Lane Yuba City, CA 95993</p>
<p><u>Family S.O.U.P.</u> Empowers families of children with special needs through support and education to reach their full potential as members of the community.</p>	<p>530-751-1925 1650 Sierra Avenue # 106 Yuba City, CA 95993</p>
<p><u>Live Oak Child Care Center</u> The goals of the center are to provide each child the opportunity to grow socially, emotionally, and intellectually in a warm, loving atmosphere. Many varied activities are planned to help each child develop a positive self-image.</p>	<p>530-695-2372 1990 Archer Ave. Live Oak, CA 95953</p>
<p><u>Sutter County Children and Families Commission-First 5</u> Sutter County Children & Families Commission coordinates services that support families to ensure that each child enters school healthy and ready to learn.</p>	<p>530-822-7505 1445 Veterans Memorial Circle Yuba City, CA 95993</p>
<p><u>Sutter/Yuba Friday Night Live</u> Creates partnerships for positive and healthy youth development which engages youth as active leaders and resources in their community.</p>	<p>530-742-5483 301 4th ST, Marysville, CA 95901</p>



Perinatal Resources

Pregnancy - After Birth

<p><u>Adoption Connection</u> Helps you understand what would happen between now and the baby's arrival and afterwards.</p>	<p>800-972-9225 1710 Scott Street San Francisco, CA 95115</p>
<p><u>American Adoptions</u> Helps you make an adoption plan with an adoption specialist.</p>	<p>800-236-7846</p>
<p><u>A Woman's Friend Pregnancy Resource Clinic</u> A licensed community care clinic providing medical consultations, pregnancy testing, ultrasound exams, STD & STI education, prenatal education, nutrition information, fetal development education, referrals and practical support.</p>	<p>530-741-0556 961 Live Oak Boulevard Yuba City, CA 95991</p>
<p><u>Blue Shift Project of Yuba-Sutter</u> Our common goal is to transform Perinatal Mood & Anxiety Disorders in the Yuba-Sutter area. Find local & online services & supports on the website.</p>	<p>View website here</p>
<p><u>The Christian Assistance Network (CAN)</u> A church-run organization that provides food, clothing, and diapers.</p>	<p>yscan3133@gmail.com 22 Teegarden Avenue, Yuba City, CA 95992</p>
<p><u>DADS Chat with an Expert-Postpartum Support International</u> Free call-in forum for dads facilitated by a perinatal mood disorder expert. First Monday of each month at 5 p.m.</p>	<p>1-800-944-8766 code 73162#</p>
<p><u>Family PACT</u> Family PACT is a comprehensive family planning services program that provides contraceptive and family planning-related services, together with client-centered health education and counseling, at no cost to California's low-income residents of reproductive age.</p>	<p>916-650-0414 familypact@dhcs.ca.gov View website here</p>
<p><u>Healthy Families Sutter County Home Visiting Program</u> Healthy Families Sutter County is an evidence-based home visiting program, accredited by Healthy Families America. We provide voluntary, free services starting during pregnancy or the first few months of a baby's life.</p>	<p>530-822-7215 1-800-371-3177 MCAH@co.sutter.ca.us Complete the referral form here</p>

Perinatal Resources

Pregnancy - After Birth

<p>La Leche League of Northern California & Hawaii Helps breastfeeding mothers through mother-to-mother support, encouragement, information, and education.</p>	707-485-1940
<p>Lifetime Adoption Pregnant or considering adoption for your child? Provides a FREE adoption planning kit for those considering adoption options.</p>	800-923-6784
<p>MotherToBaby Specialize in answering questions about the safety/risk of exposures, such as medications, vaccines, chemicals, herbal products, substances of abuse, maternal health conditions, and much more, during pregnancy or breastfeeding.</p>	866-626-6847 Text: 855-999-3525 Chat live or email an expert Here
<p>Postpartum Support International (PSI): The PSI warmline is a toll-free telephone number anyone can call to get information and support about perinatal depression or mood/anxiety disorders.</p>	1-800-944-4773 Or to chat with an expert visit here for more information
<p>Sutter County HHS Breastfeeding Support TriCounty Breastfeeding Resource Guide (English) TriCounty Breastfeeding Resource Guide (Spanish)</p>	View Clickable Breastfeeding Resource Guides in English and Spanish
<p>Sutter County HHS-Maternal Child Adolescent Health Sutter County Maternal Child Adolescent Health – Offers safety approved portable cribs and education to parents and caregivers of infants under age 1 to help reduce the risk of Sudden Infant Death Syndrome and other sleep related deaths. Lactation specialists provide families with support to help them achieve their breastfeeding goals. Nurses assist women, teens, and young adults with finding free or low-cost quality reproductive health and pregnancy related medical care.</p>	1-800-371-3177 1445 Veterans Memorial Circle, Yuba City, CA 95993 MCAH@co.sutter.ca.us

Family & Youth Services

[Actively Moving Forward- Heal Grief App](#)

Provides a national network of young adults all connected, heard, and understood by other like-minded young adults grieving a similar death loss in a way young adults communicate best, digitally and 24/7. Community members can access facilitated virtual support groups, tools, resources, reading, videos, supportive quotes, and community engagement via direct messaging, group chats, posts, and interactive comment boards that bereavement care professionals monitor.

View website [here](#)

[Alta California Regional Center](#)

Assists people with developmental disabilities and their families by building a team of supportive physicians, therapists, and other professionals.

530-674-3070
950 Tharp Rd # 202
Yuba City CA 95993

[All-Options](#)

Uses direct service and social change strategies to promote unconditional, judgmentfree support for people in all their decisions, feelings, and experiences with pregnancy, parenting, abortion, and adoption.

Talkline: 888-493-0092

[Andrew McDonough B+ Foundation Family Assistance Program](#)

Helping families of children under the age of 21 with cancer. The B+ Foundation Family Assistance Program gives qualified families money for expenses that are attributable to their child's cancer diagnosis.

302-563-8389

[BE STRONG APP](#)

Resources, support, intervention, and best practices on combatting many adversities by increasing resilience and supporting you in emotional, behavioral, and everyday challenges. If you or those you know are struggling with hunger, housing, escaping violence, mental health and more...help is at your fingertips.

954- 246-5807
 View website [here](#)

[CalHOPE-Brightlife Kids](#)

Mental Health coaching and resources for parents with kids ages 0-12.

View website [here](#)

Family & Youth Services

<p><u>CalHOPE-Soluna</u> Mental Health coaching and resources for teens and young adults ages 13-25.</p>	<p>View website here</p>
<p><u>California Student Aid Commission</u> The California Chafee Grant for Foster Youth awards up to \$5,000 a year to eligible foster youth. The Chafee Grant may be used at any eligible California college or university, or career or technical school.</p>	<p>View website here</p>
<p><u>CalWORKs and Employment Services-Sutter County HHS</u> A public assistance program that provides temporary financial assistance and services to meet basic needs such as housing, utilities, food, and clothing to eligible families that have children in the home.</p>	<p>530-822-7133 539 Garden Hwy, Suite A, Yuba City, CA 95991</p>
<p><u>The Christian Assistance Network (CAN)</u> A church-run organization that provides food, clothing, and diapers.</p>	<p>yscan3133@gmail.com 22 Teegarden Avenue, Yuba City, CA 95992</p>
<p><u>Colusa Sutter Yolo Regional Child Support Agency</u> The Colusa, Sutter and Yolo Regional Child Support Agency works with families to promote self-sufficiency and the well-being of children by establishing parentage and financial support.</p>	<p>866-901-3212 1007 Live Oak Blvd., Suite B2 Yuba City, CA 95991</p>
<p><u>PG&E Medical Baseline Program</u> Assistance program for residential customers who depend on power for certain medical and independent living needs</p>	<p>800-743-5000</p>
<p><u>SafeSpace</u> Youth-led, mental health-focused organization that empowers young people to engage openly with their local schools and communities.</p>	<p>View website here</p>
<p><u>SafeSpace Stories-Podcast</u> Weaving the voices of teens, mental health experts, and inspiring individuals into a cohesive experience, SafeSpace stories is your mental health resource.</p>	<p>Apple Podcast Link: here Spotify Podcast Link: here</p>
<p><u>Sensitive Services</u> (Partnership Health Benefit) Includes services for Family Planning, STD testing and treatment, AIDS/HIV testing, and Abortion (ending pregnancy) counseling and services for Medi-cal beneficiaries with no prior approvals needed.</p>	<p>View website here</p>



Family & Youth Services

<p><u>Sutter County Child Welfare Services</u> 24-hour emergency line: 530-822-7227 Provides services to children who have been abused, neglected, or who are at risk of being abused or neglected. The focus is on child safety and well-being, strengthening families, and providing permanency.</p>	<p>530-822-7151 1531-A Butte House Rd Yuba City, CA 95993</p>
<p><u>Sutter County Community Action Agency (SCCAA)</u> SCCAA funds private non-profit or public organizations in Yuba-Sutter that meet the needs of low-income in the area and promote self-sufficiency.</p>	<p>530-751-8555 950 Tharp Ave #1303 Yuba City, CA 95953</p>
<p><u>Sutter County HHS-Maternal Child Adolescent Health</u> Sutter County Maternal Child Adolescent Health – Program for families with children with special health care needs, partners with families to connect with specialty services, access resources, and build support to overcome challenges and ensure the best outcomes for their children. Services for pregnant and parenting individuals who are experiencing symptoms of mood and anxiety disorders such as postpartum depression to develop support plans and coping strategies, and if desired, connect with treatment providers. <u>Healthy Families Sutter County</u> – Starting during pregnancy or their baby's first few months, family support specialists, empower parents to help their children develop the social, emotional, and cognitive skills they need to succeed in life. Eligible families: Sutter county residents, pregnant or baby less than 3 months old, and Medi-Cal eligible</p>	<p>1-800-371-3177 1445 Veterans Memorial Circle, Yuba City, CA 95993 MCAH@co.sutter.ca.us</p>
<p><u>Sutter County Superintendent of Schools</u> Delivering successful solutions to the challenges of our local and regional partners by providing innovative support and services to promote education and self-sufficiency.</p>	<p>530-822-2900 970 Klamath Lane Yuba City, CA 95993</p>
<p><u>Sutter - Yuba Behavioral Health</u> Serves adults and children of all ages within both Sutter and Yuba Counties.</p>	<p>888-923-3800 1965 Live Oak Blvd Yuba City, CA</p>
<p><u>Talk About Grief</u> (Community Hospice Support Programs) Virtual grief support group. Our Child Grief Support Programs support children and teens who are grieving the death of someone close to them and are offered free of charge.</p>	<p>209-578-6300</p>



Family & Youth Services

<p><u>Victor Community Support Services</u> Provides a variety of programs that serve youth and families with mental health needs in the Yuba-Sutter area.</p>	<p>530-273-2244 1227 Bridge Street, Suite D Yuba City, CA 95991</p>
<p><u>Women, Infants & Children ()- Sutter County HHS</u> The program is for all kinds of families: married and single parents, working or not working. If you are a father, mother, grandparent, foster parent or other legal guardian of a child under five, you can apply for . offers nutrition benefits, education and more.</p>	<p>530-822-7224 1445 Veterans Memorial Circle Yuba City, CA 95993</p>
<p><u>Your Life Your Voice</u> You don't have to face your problems alone. If you are having thoughts of harming yourself or you are being abused, please call us. These are serious issues that are best handled in one-on-one conversations with counselors. Counselors are ready for your call 24/7.</p>	<p>800-448-3000 Text: VOICE to 20121</p>
<p><u>Youth for Change</u> Youth for Change (YFC) provides specialized services for children, youth, and families who have intensive treatment needs. The specialized services provided include Community Based Services (CBS), Full Service Partnership (FSP), Therapeutic Behavioral Services (TBS), Intensive In-Home Based Services (IHBS), and Wraparound. View Youth for Change Programs available for Sutter County Here</p>	<p>530-418-1002 1525 Plumas St, Yuba City, CA 95991 YFC Office</p> <p>530-822-7513, ext. 414 1445 Veterans Memorial Circle, Ste B, Yuba City, CA 95991 SYBH Office</p>
<p><u>Yuba College</u> Provides services to allow eligible 9th, 10th, 11th, and 12th-grade students to enroll in college courses; these efforts assist students in planning and completing their college degrees through quality dual or concurrent enrollment, with less cost, while working toward a two-year or four-year college educational goal.</p>	<p>530-741-6700 2088 North Beale Road Marysville, CA 95901</p>
<p><u>Yuba College Disabled Students Services</u> Provides support services and academic accommodations to ensure access for students with disabilities consistent with the educational offerings and mission of Yuba College.</p>	<p>530-741-6795 2088 North Beale Road, Building 1800 Marysville, CA 95901</p>
<p><u>Yuba-Sutter Child Care Planning Council</u> Providers and their families plan for and promote the highest-quality and most accessible services for the care of all children and youth.</p>	<p>530-749-4040 1104 E Street Marysville, CA 95901</p>



Community & Cultural Resources

<p><u>California Indian Manpower Consortium, Inc.</u></p> <p>The primary purpose of the Consortium is to offer training, employment, and other activities designed to meet the employment and training needs of the client population. The principal funding source is the federal Workforce Innovation and Opportunity Act.</p>	<p>916-920-0285 800-640-2462</p>
<p><u>California Tribal TANF Partnership</u></p> <p>Our goal and purpose is to help families achieve self-sufficiency through educational training, career and employment opportunities, and various supported services and programs with temporary financial assistance. CTPP continually seeks to add more partners to the consortium and to extend temporary assistance and programs to more Native Americans in need.</p>	<p>530-671-5401 1114 Yuba St, Suite 155, Marysville, CA 95901</p>
<p><u>Feather River Tribal Health</u></p> <p>Elevate the health status of the Native American people in our service area and all people in our communities to the highest level possible through a comprehensive system of preventive and therapeutic services.</p>	<p>530-751-8454 555 West Onstott Rd Yuba City, CA 95591</p>
<p><u>Hmong Outreach Center</u></p> <p>The Hmong center serves bilingual and Hmong-speaking adults and families, delivering culturally and linguistically appropriate behavioral health services. The Hmong Center provides bilingual/bicultural staff, who are trained interpreters, who can provide services in the clients' preferred language.</p>	<p>530-749-2746 4853 Olivehurst Ave Olivehurst, CA 95961</p>
<p><u>Jakara Movement</u></p> <p>The Jakara Movement is a grassroots community-building organization working to empower, educate and organize Punjabi Sikhs, and other marginalized communities; to advocate their health, education, and arts/cultural, economic, social, and political power.</p>	<p>1-888-525-2721 6089 N 1st St # 102 Fresno, CA 93710</p>



Community & Cultural Resources

[Latino Outreach Center](#)

The Latino Outreach Center services bilingual and Spanish Speaking adults, children, and families. Behavioral Health services offered are group therapy, individual therapy, case management, interpretation and translation services, and linkage to medication support and community resources.

530-674-1885
545 Garden Hwy # B
Yuba City, CA 95991

[Punjabi American Heritage Society](#)

The Punjabi American Heritage Society is a non-profit, non-political and secular organization that strives to meet the diverse needs of the local community.

Punjabiamerican@gmail.com
PO Box 965
Yuba City, CA. 95992

[Sutter County Museum](#)

The Sutter County Museum shares local stories to strengthen community bonds and to inspire celebration of our diverse cultural heritage. Admission is free to visit permanent displays on local history, explore traveling exhibits on a variety of topics, and attend fun and educational public programs.

530-822-7141
1333 Butte House Road
Yuba City, CA 95993

[Yuba Sutter Arts & Culture](#)

Providing access to the arts in rural and under-served areas throughout Yuba and Sutter counties. Hours and programs are available on the website.

530-742-2787
624 E Street
Marysville, CA 95901

Clothing & Personal Care Resources

<p><u>Be Xtra</u> We are a non-profit that supply clothing, shoes and blankets and more to our community. We use our 360 Video & Photo Booth & Drone work and also event venue rentals for all types of events to fund our mission of serving the Yuba-Sutter community.</p>	<p>(530) 844- 0240 1251 E. Onstott Frontage Rd, Yuba City, CA 95991</p>
<p><u>Food Storehouse & Clothes Closet Ministry- Crossroads Community Church</u> Provides food distribution including rice, pasta, cereal, fruits, vegetables, and baby food. Offers clothing for men, women, and children, diapers, blankets, and tents.</p>	<p>530-751-9168 445 B Street Yuba City, CA 95991</p>
<p><u>Free Interview Clothes</u> Directory of nonprofits across the U.S that are dedicated to giving away professional clothing to those who qualify.</p>	<p>View website here</p>
<p><u>Society of St. Vincent De Paul</u> The Society of St. Vincent de Paul assists those in need with food, clothing, rent and utility bills, and household items.</p>	<p>530-671-5154 222 Clark Avenue Yuba City, CA 95991</p>
<p><u>Twin Cities Rescue Mission</u> Clothing & Shoes available on a daily basis; sizing may be limited. Hygiene products are passed out as available. See website for shower schedule. Meals offered daily.</p>	<p>530-743-8777 940 14th Street Marysville, CA 95901</p>

Crisis Resources & Help Lines

AIDS/HIV Support Hotline	916-449-59007
Al-Anon Dist. 3 Northern California	530-334-6734
Alcoholics Anonymous	916- 454-1100
Alcohol Rehab Help	928-436-6654
American Cancer Society	800-227-2345
American Lung Association	1-800-586-4872
Arthritis Foundation	1-800-283-7800
CalHOPE Warm Line	833-317-HOPE (4673)
California Addiction Hotlines	866-210-1303
California Missing Persons	1-800-222-3463
California Youth Crisis Line	1-800-843-5200
Casa de Esperanza	530-674-2040 Contact 24/7
Child Abuse National Hotline	Text or Call 800-422-4453
Crisis Text Line	Text "HOME" to 741741
DADS Chat with an Expert-Postpartum Support International	1-800-944-8766, code 73162# First Monday of each month at 5 p.m.
Emergency (Sheriff's Office)	911
Family Urgent Responses System (FURS)	833-939-3877
Institute on Aging-Senior Intervention Hotline	1-800-971-0016
LGBT National Hotline	888-843-4564 help@LGBThotline.org
LGBT National Coming Out Support Hotline	888-688-5428 help@LGBThotline.org



Crisis Resources & Help Lines

LGBT National Youth Talk Line	800-246-7743 help@LGBThotline.org
LGBT National Senior Hotline	888-234-7243 help@LGBThotline.org
Love is Respect	866-331-9474 Text: LOVEIS to 22522
Mexican Consulate	1-916-536-6599
Narcotics Anonymous	1-844-530-Hope (4673)
National Domestic Violence Hotline	1-800-799-7233
National Maternal Mental Health Hotline	Call or text 1-833-852-6262
National Parent & Youth Helpline	855-427-2736
National Runaway Safeline (Youth & Families)	800-786-2929 Text: 66008
National Sexual Assault Hotline: Confidential 24/7	800-656-4673 online.rainn.org
Poison Control Hotline	1-800-222-1222
Postpartum Support International Helpline	PSI Helpline: 800-944-4773 Text "Help" English: 503-894-9453 Text Spanish: 971-420-0294
Postpartum Support International- Perinatal Individuals & Help for Dads	PSI Helpline: 800-944-4773 Text English: 800-944-4773 Text Spanish: 971-203-7773
RedRover	916-429-2457
Strength After	800-985-5990
Suicide Prevention and Mental Health Crisis Lifeline	988
Sutter County Adult Protective Services	530-822-5990
Sutter County Child Welfare Services (CWS/CPS)	530-822-7227 (24 hour emergency) 530-822-7151

You are never alone.

National Domestic Violence Hotline advocates are here for you 24/7/365.

- Call: 1.800.799.SAFE (7233)
- TTY: 1.800.787.3224
- Text: "START" to 88788
- Chat: thehotline.org



Crisis Resources & Help Lines

Sutter County Homeless Hotline	530-822-5999 Available M-F 8 AM-5 PM
Sutter County Sheriff	911 (Emergency) 530-822-7307 (Non- Emergency)
Sutter-Yuba Behavioral Health	24-Hour Psychiatric Emergency Services Crisis Services: 530-673-8255 or Toll Free: 888-923-3800 Main Business Number: (530) 822-7200
The Rape, Abuse Incest National Network (RAINN)	800-656-4673 24/7 Help Hotline
Trans Lifeline	877-565-8860
Trevor Lifeline (LGBTQ youth suicide prevention)	866-488-7386 Text "START" to 6786787
Your Life Your Voice	800-448-3000 Text: VOICE to 20121
Yuba City Police Department	Emergency 911 Non-Emergency 530-822-4660



Disabilities Resources

<p><u>Alta California Regional Center</u> Provides services in Sutter and Yuba Counties. Alta California Regional Center assists individuals with specific developmental disabilities and their families in accessing appropriate services so that every individual can live up to their highest potential.</p>	<p>916-978-6400 4151 E Commerce Way Suite 100 Sacramento, CA 95834</p>
<p><u>American Stroke Association</u> Dedicated to prevention, diagnosis, and treatment to save lives from stroke: ...guide healthcare professionals and provide information to enhance the quality of life for stroke survivors.</p>	<p>Stroke Family Warmline: 888-478-7653</p>
<p><u>Brain Injury.com</u> BrainInjury.com has impeccable competence in litigation, but also connects clients with accredited, trusted medical professionals to address your injury and recovery.</p>	<p>866-882-7246</p>
<p><u>Brain Injury Association of America (BIAA)</u> Advance awareness, research, treatment, and education and to improve the quality of life for all people affected by brain injury.</p>	<p>703-761-0750</p>
<p><u>Brain and Spinal Cord Injury Resource Center</u> Resource for brain and spinal cord injury survivors and their families to learn more information about medical conditions, rehabilitation, and legal options.</p>	<p>View website here</p>
<p><u>Brainline</u> Information and support to anyone whose life has been affected by brain injury or PTSD. Provides military-specific information and resources on traumatic brain injury and post-traumatic stress disorder (PTSD) to veterans, service members, and their families.</p>	<p>View website here</p>
<p><u>CA Department of Rehabilitation</u> Works in partnership with consumers and other stakeholders to provide services and advocacy, resulting in employment, independent living, and equality for individuals with disabilities.</p>	<p>530-822-4591 1237-B, Live Oak Blvd Yuba City, CA 95991</p>
<p><u>Canine Companions for Independence®</u> Uniting people with dogs in a powerful program that leads to greater independence and confidence. Form: http://www.cci.org/assistance-dogs/is-adog-right-for-you.html</p>	<p>800-572-2275 info@cci.org</p>



Disabilities Resources

<p><u>EasterSeals Superior California</u> Dedicated to empowering people with disabilities by offering a wide range of services and leadership opportunities designed to encourage maximum independence.</p>	<p>530-673-4585 1670 Sierra Ave # 601 Yuba City, CA 95993</p>
<p><u>Family Soup</u> The Family SOUP mission is to empower families of children with special needs through support and education to reach their full potential as members of the community.</p>	<p>530-751-1925 1650 Sierra Ave. Ste 106 Yuba City, CA 95993</p>
<p><u>FREED Center for Independent Living</u> Eliminates barriers to full equality for people with disabilities through programs that promote independent living and effect system change while honoring dignity and self-determination.</p>	<p>530-742-4474 1100 Butte House Rd. 120 Yuba City, CA 95991</p>
<p><u>Free Slate and Stylus Program National Federation of the Blind</u> Distributes a plastic, four-line, twenty-eight-cell slate and a saddle stylus to those needing them. That includes those who are blind and have low vision and who know Braille or want to learn Braille.</p>	<p>410-659-9314</p>
<p><u>Free White Cane Program National Federation of the Blind</u> Provides blind people the ability to achieve a full and independent life, allowing the ability to travel freely and safely.</p>	<p>410-659-9314</p>
<p><u>Norcal Services for Deaf & Hard of Hearing</u> Serving Deaf & Hard of Hearing individuals in 24 northeastern counties of California since 1977.</p>	<p>530-763-1537 1521 Butte House Rd Yuba City, CA 95993</p>
<p><u>Pride Industries</u> We connect people with disabilities, military veterans, former foster youth, and trafficking survivors with the services, support, and opportunities they need.</p>	<p>844-426-2253 Complete the form here</p>
<p><u>Tri-County Respite Care Services</u> Providing temporary family support through specialized care to individuals of all ages with developmental disabilities, brain-impaired adults, and persons designated as “at risk” while combining the principles of mainstreaming, normalization, and self-reliance.</p>	<p>530-755-3500 1557 Starr Drive, Suite A Yuba City CA 95993</p>



Emergency & Seasonal Resources

<p><u>Air Now</u> Highlights air quality in your local area first, while still providing air quality information at state, national, and world views. AirNow’s Fire and Smoke map provides detailed, up-to-date information that can be critical to users experiencing smoke events.</p>	<p>View website here</p>
<p><u>American Red Cross</u> Provides immediate emergency response services such as shelter, food, clothing and supplies to those effected by local disasters.</p>	<p>530-673-1460 2125 E Onstott Rd Yuba City, CA 95991</p>
<p><u>American Society for the Prevention of Cruelty to Animals (ASPCA)</u> Fighting cruelty, rescuing and securing adoptions for animals in need, and driving significant legislative change that protects their lives and welfare—ultimately transforming how Americans value and care for animals. Resources available on the website.</p>	<p>View website here</p>
<p><u>CalAlerts</u> Alerting program you can sign up for to receive alerts if an emergency situation were to arise in your county. If you work in one county but you live in another, you can sign up for both.</p>	<p>View website here</p>
<p><u>California Fair Property Insurance Plan (FAIRPLAN)</u> The FAIR Plan is an association comprised of all insurers authorized to provide basic property insurance in California.</p>	<p>800-252-0089</p>
<p><u>Caltrans</u> View website to check current highway conditions.</p>	<p>View website here</p>
<p><u>Cal Office of Emergency Services (OES)</u> Cal OES tracks a variety of potential threats to the well being of the citizens of California.</p>	<p>View website here</p>
<p><u>CalWORKs and Employment Services</u> A public assistance program that provides temporary financial assistance and services to meet basic needs such as housing, utilities, food, and clothing to eligible families that have children in the home.</p>	<p>530-822-7133 539 Garden Hwy, Suite A, Yuba City, CA 95991</p>



American Red Cross



Cal OES
 GOVERNOR'S OFFICE
 OF EMERGENCY SERVICES



Emergency & Seasonal Resources

<p>CodeRED Be notified in the event of emergency situations or critical community alerts.</p>	<p>CodeRED View the website for more information.</p>
<p>Department of Motor Vehicles Visit the website or call for vehicle registration, drivers license & ID cards, vehicle industry services, drivers education & safety, appointments and locations.</p>	<p>800-777-0133 1570 Poole Boulevard, Yuba City, CA 95993</p>
<p>Disability Rights California Can help prepare you and your family for Public Safety Power Shutoffs. Available 9 a.m. – 4 p.m. Monday through Friday.</p>	<p>800-776-5746 TTY: 800-719-5798</p>
<p>FEMA Mobile APP and Text Messages Receive real-time alerts from the National Weather Service for up to five locations nationwide. Learn emergency safety tips for over 20 types of disasters, and locate open emergency shelters and disaster recovery centers in your area where you can talk to a FEMA representative in person.</p>	<p>You can also download the app via text messaging. On an Android device, text ANDROID to 43362 (4FEMA); On an Apple Device, text APPLE to 43362 (4FEMA).</p>
<p>Floodplain Management & Flood Information (Sutter County) Outlines food emergency procedures and resources.</p>	<p>View website here</p>
<p>Go! Evacuation Guide- Calfire The Go! Evacuation Guide is your vital resource for preparing and executing evacuation procedures during wildfire emergencies. It offers crucial information on pre-evacuation steps, handling power outages, evacuation methods, animal safety, and what to do if trapped.</p>	<p>View website here</p>
<p>Listos California Disaster Readiness Once signed up, you'll receive seven messages (once a day) walking you through five steps to prepare you for disaster readiness.</p>	<p>View website here</p>
<p>Medi-Cal Rx Find a Pharmacy</p>	<p>800-977-2273 Member Portal: here</p>



Emergency & Seasonal Resources

<p><u>Medicare Card</u></p> <p>If your Medicare card was lost, stolen, or destroyed, you can request a replacement online at Medicare.gov.</p> <p>You can print an official copy of your card from your online Medicare account or call 1-800-MEDICARE (1-800-633-4227 TTY 1-877-486-2048) to order a replacement card to be sent in the mail.</p>	<p>800-633-4227 TTY:877-486-2048</p>
<p><u>MyShake App (Free)</u></p> <p>MyShake provides earthquake early warnings in California...for estimated magnitude 4.5 earthquakes and higher to phones in light-heavy shaking areas. Alerts will not go out for all felt events, just damaging ones.</p>	<p>View Apple app: here</p> <p>View Android app: here</p>
<p><u>NIXLE</u></p> <p>Receive email and text messages from local fire and law enforcement agencies that include public safety messages as well as emergency information.</p>	<p>View website here</p>
<p><u>NOAA</u></p> <p>Weather, water and climate data, and forecast warnings from the National Oceanic and Atmospheric Administration.</p>	<p>View website here</p>
<p><u>Partnership HealthPlan of California Pharmacy Directory</u></p> <p>The Partnership HealthPlan of California provider directory will help you find a doctor in your area. You can also search for other providers, including pharmacies, labs, and hospitals near you.</p>	<p>800-863-4155</p>
<p><u>PG&E Portable Battery Program</u></p> <p>Provides no-cost backup portable batteries for eligible income-qualified customers who rely on medical devices to sustain life, live in high fire threat districts (HFTD), and are enrolled in the Medical Baseline and CARE programs.</p>	<p>559-214-1190</p>



Emergency & Seasonal Resources

<p><u>PG&E Wildfire Safety Webinar</u> Hosts online webinars each year for anyone interested in learning more about the Community Wildfire Safety Program. These virtual gatherings allow community members to learn more about wildfire safety and emergency preparedness, meet with PG&E representatives, ask questions, and share feedback. Please check the PG & E's website for dates and times.</p>	<p>866-501-6088</p>
<p><u>Prepare with Pedro</u> Prepare with Pedro is a free youth preparedness program created by the American Red Cross. This resource is designed to teach young children and their families how to stay safe during disasters and emergencies.</p>	<p>View website here</p>
<p><u>Renew or Replace a Passport</u> View the website or call to renew or replace your passport, report is lost/stolen, make a correction to your passport or apply for a passport.</p>	<p>877-487-2778 TTY: 888-874-7793</p>
<p><u>Replacement Permanent Resident Card</u> If you need a replacement permanent resident card or need to obtain a permanent resident card please visit the website or call the number.</p>	<p>800-375-5283</p>
<p><u>Replacement Social Security Cards</u> If you need a replacement social security card or need to obtain a social security card please visit the website or call the number.</p>	<p>800-772-1213 TTY: 1-800-325-0778</p>
<p><u>Strength After</u> If you are experiencing emotional distress or other mental health concerns after a disaster, the Disaster Distress Helpline is here for you 24/7. Provides a hub to share stories of hope and recovery, encompassing all types of natural and human-caused disasters. Highlights the resilience of individuals and communities while providing a resource for other survivors and responders.</p>	<p>Call or Text: 800-985-5990</p>
<p><u>Sutter County Emergency & Crisis Agencies Portal</u> The Emergency & Crisis Agencies Portal provides a list of various emergency/crisis services and contact details for the county and the state. If you have an immediate, life-threatening Emergency, DIAL 911</p>	<p>View website here</p>



U.S. Citizenship and Immigration Services



Emergency & Seasonal Resources

<p><u>Sutter County Fire Prevention and Response Portal</u> A comprehensive list of resources relating to fire safety, prevention, and response.</p>	<p>View website <u>here</u></p>
<p><u>Sutter County Office of Emergency Management</u> Responsible for planning, response, and recovery activities associated with natural and man-made emergencies and disasters throughout the County.</p>	<p>530-822-4575 1130 Civic Center Blvd., Yuba City, CA 95993</p>
<p><u>Sutter County Road Closures and Construction</u> Road conditions updated by Sutter County Public Works.</p>	<p>View website <u>here</u></p>
<p><u>Sutter County Weather, Road, and River Conditions</u> Weather, Road, and River condition updates.</p>	<p>View website <u>here</u></p>
<p><u>US Environmental Protection Agency</u> Create a Clean Room to protect indoor air quality during a wildfire. A clean room is a room that is set up to keep levels of smoke and other particles as low as possible during wildfire smoke events.</p>	<p>View website <u>here</u></p>
<p><u>U.S. Savings Bonds</u> For information on managing, changing, or reporting lost, stolen or destroyed savings bonds please visit the website or call the phone number.</p>	<p>844-284-2676</p>
<p><u>US Social Security Administration</u> For information on how to prepare and apply for social security or medicare please visit the website, call or visit an office location.</p>	<p>1-800-772-1213 355 Percy Ave Yuba City, CA 95991</p>
<p><u>U.S. Tax Returns</u> For information on your tax returns, forms and resources please visit the website or call the phone number.</p>	<p>800-829-1040</p>
<p><u>Winter Weather</u> How to protect yourself in Winter Weather.</p>	<p>View website <u>here</u></p>



Employment Resources

[CalWORKs and Employment Services](#)

A public assistance program that provides temporary financial assistance and services to meet basic needs such as housing, utilities, food, and clothing to eligible families that have children in the home.

530-822-7133
539 Garden Hwy,
Suite A,
Yuba City, CA 95991

[Employment Development Department \(EDD\)](#)

Find job services and training available to you.
File a claim for unemployment, disability, or paid family leave benefits.

View contact information [here](#)

[Express Employment Professionals](#)

Express Employment Professionals works with job seekers to help them find the right job for their skills and experience. We have a variety of jobs available, including full-time, part-time, and temporary positions.

530-671-9202
870 West Onstott
Frontage Road Suite E
Yuba City, CA 95991

[Free Interview Clothes](#)

A directory of nonprofits across the U.S that are dedicated to giving away professional clothing to those who qualify.

View the website for more information and to find interview clothes near you

[From Jails to Jobs](#)

Dedicated to equipping previously incarcerated and soon-to-be released men and women with the tools and resources needed to find employment and successfully re-enter the workforce.

3641 Mount Diablo Blvd., #1164
Lafayette, CA 94549

[Peopleready](#)

PeopleReady specializes in quick and reliable on-demand labor and highly skilled workers. It supports a wide range of industries, including construction, manufacturing and logistics, retail, and hospitality.

530-755-3291
1634 Poole Blvd.,
Yuba City, CA 95993

[Pridestaff](#)

Staffing experts are intimately familiar with both the job opportunities and available talent in their regions. If you're in search of your next great job opportunity, the expert recruiters can match you with top employers in your region.

916-757-6100
300 Harding
Boulevard, Ste 208
Roseville, CA 95678



Employment Resources

[Rush Personnel](#)

Employment services temp, seasonal, temp-to-hire, direct hire, and general recruiting. Drug screening, skills testing, resumes, and forklift certifications.

530-770-3790
650 N. Walton Ave.,
Yuba City, CA 95991

[Sutter County Career Training Center](#)

If you're interested in learning more about career training and exploring whether Sutter County Career Training Center is right for you, fill out the form on the website to receive more information.

530-674-9199
990A Klamath Lane
Yuba City, CA 95993

[Sutter County One Stop](#)

Dedicated to fostering individual self-sufficiency through comprehensive educational programs, targeted training initiatives, job placement services, and collaborative partnerships with the community, employers, and agencies.

530-822-5120
950 Tharp Rd #1000
Yuba City, CA 95993

[The Plus Group, Inc.](#)

At The Plus Group, your career path is our priority. We have the inside knowledge and extensive networks to find the job that is the best fit for you.

530-671-1111
855 Harter Parkway, Ste 370
Yuba City, CA 95993



The **Plus** Group, inc.

Food Markets & Resources

<p><u>Companion Farms Certified Farmer's Market</u> (Sundays, all year, noon-4pm) (Wednesdays, May-November, 3pm-7pm)</p>	<p>1333 Butte House Rd., Yuba City, CA 95993</p>
<p><u>Dine Around Town (Eligible Seniors)</u> Adults 60 years of age and older can have healthy, nutritionally balanced meals at a choice of 3 restaurants with a variety of menus for breakfast, lunch, and dinner.</p>	<p>530-670-0033 777 Ainsley Avenue, Yuba City, CA 95991</p>
<p><u>Marysville Certified Farmers Market-</u> (Fridays, May-August, 4 pm- 8 pm)</p>	<p>530-632-4419 D & 3rd St. Marysville, CA 95901</p>
<p><u>Sutter County HHS-CalFresh</u> Designed to increase food purchasing for low-income households in order to provide a more nutritious diet.</p>	<p>1-877-652-0735 190 Garden Highway Yuba City, CA 95991</p>
<p><u>Sutter County (Women, Infants & Children)</u> The program is for all kinds of families: married and single parents, working or not working. If you are a father, mother, grandparent, foster parent or other legal guardian of a child under five, you can apply for . offers nutrition benefits, education and more. Main Office: 530-822-7224 1445 Veterans Memorial Circle, Yuba City, CA 95991</p>	<p><u>Live Oak Scout Building Hours:</u> 2nd Thursday of the month from 9 a.m. – 4:30 p.m 670 Myrtle Street, Live Oak, 95993 <u>Richland Neighborhood Center</u> Hours: 1st Thursday of the month from 9 a.m. – 4:30 p.m 420 Miles Avenue, Yuba City, CA 95591</p>
<p><u>Yuba City Certified Farmers Market-</u> (Open Seasonally: Saturdays, May-October, 8am-noon)</p>	<p>530-701-1568 473 Plumas Blvd. Yuba City, CA 95991</p>
<p><u>Yuba Sutter Food Bank</u> Responding to the needs of the Yuba-Sutter community through food distribution. Leading the fight to end food insecurity through community partnerships. We believe that access to nutritious food is a basic human right.</p>	<p>530-673-3834 760 Stafford Way Yuba City, CA 95991</p>



Food Markets & Resources

[Yuba-Sutter Meals on Wheels \(60+\)](#)

Home-delivered meals available to seniors age of 60 and older in Yuba & Sutter Counties that are homebound due to illness, recovery, disability or other causes that prevent them from leaving their home. Five nutritious meals are delivered once a week by our driver directly to the older adult's door.

530-670-0033
777 Ainsley Avenue,
Yuba City, CA 95991

[Yuba-Sutter Salvation Army](#)

Leading by assessing needs, delivering programs, and directing ministries for our local community. From serving food to balancing the books, they function as the Executive Directors and Pastors for the Yuba Sutter Corps. Resources include transitional housing, family shelter, emergency disaster services and sharing god's love.

530-216-4530
401 Del Norte Ave
Yuba City, CA 95991

Food Pantry Resources

(Serves Sutter County residents only)

Subject to change

<p>Be Xtra Community Center Monday-Friday 9 am-4 pm</p>	<p>530-301-3867 1251 E Onstott Rd., Yuba City, CA</p>
<p>The Bride Church Wednesday's 9 am-11:30 am</p>	<p>530-751-0505 1321 Peachtree Ln., Yuba City, CA</p>
<p>Calvary Christian Center 2nd & 4th Saturdays 12 pm- out of food</p>	<p>530-673-6035 2620 Colusa Highway, Yuba City, CA</p>
<p>Christian Assistance Network Food Pantry Monday-Wednesday 1 pm-3 pm</p>	<p>530-671-7344 232 Teegarden Ave. Yuba City, CA</p>
<p>Church of Glad Tidings Wednesday & Friday 9 am-1 pm</p>	<p>530-671-3160 x245 4444 Live Oak Blvd., Yuba City, CA</p>
<p>Cornerstone of Hope Food Pantry 2nd & 4th Saturday 9 am-11 am</p>	<p>530-674-3087 700 Washington Ave., Yuba City, CA</p>
<p>Crossroads Community Church- Store House Ministry Tuesday-Thursday 12:30 pm-1:30 pm</p>	<p>530-751-9168 445 B Street, Yuba City, CA</p>
<p>First Baptist of Live Oak Last Sunday 1:15 pm-2:30 pm & by appointment</p>	<p>530-695-2894 2480 Pennington Rd. Live Oak, CA</p>
<p>First Lutheran Church Hot Meals 2nd & 4th Wednesday 4:30 pm Friday's 10:00 am</p>	<p>530-673-8894 850 Cooper Ave. Yuba City, CA</p>



cornerstone
church of yuba city



Food Pantry Resources

(Serves Sutter County residents only)

Subject to change

Meridian Community Church Food Closet 3rd Wednesday 11-12:30 pm & by appointment	530-693-1026 1121 2nd St., Meridian, CA
Salvation Army Food Pantry 3rd Friday 9 am- out of food	530-216-4530 401 Del Norte Ave., Yuba City, CA
St. Andrew Presbyterian Mother Hubbard's Cupboard Monday – Friday 1:15 pm-3:15 pm	530-673-7353 1390 Franklin Rd., Yuba City, CA
St. Vincent de Paul Food Locker Tuesday-Thursday 9:15 am-11:15 am	530-671-5154 222 Clark Ave., Yuba City, CA
Yuba-Sutter Foodbank Food pantries & distribution schedule for Sutter and Yuba County. English: Click HERE Español: Haz clic aquí	Updated 2/2/26 For the most updated listing please click here
Yuba-Sutter Foodbank USDA Food distribution schedule and community food giveaways English: Click HERE Español: Haz clic aquí	Updated 2/2/26 For the most updated listing please click here

Health Care Resources

<p><u>Adventist Health & Rideout Obstetrics & Gynecology</u> Unique OB/GYN practice providing state-of-the art medical care in a spa-like atmosphere. At Adventist Health and Rideout Women’s Health, we pride ourselves on our patient care.</p>	<p>530-844-5655 900 Tharp Rd Yuba City, CA 95993</p>
<p><u>Adventist Health and Rideout</u> Team of more than 2,100 compassionate and talented caregivers proudly serves the Yuba-Sutter region with quality and patient experience at the heart of what we do – every connection and every moment.</p>	<p>530-749-4300 726 4th St, Marysville CA 95901</p>
<p><u>Ampla Health Pediatrics- Yuba City</u> Team of highly skilled and experienced healthcare providers specializes in treating a comprehensive range of pediatric conditions and delivering personalized care tailored to the unique needs of each individual child.</p>	<p>530-671-8820 1000 Sutter St Yuba City, CA 95991</p>
<p><u>Ampla Health Richland Medical & Xpress Care</u> Offering a comprehensive suite of medical services designed to meet the unique needs of our patients. From preventative care and wellness programs to specialty treatments and procedures, our team of experienced medical professionals is dedicated to delivering the highest quality care with compassion and expertise.</p>	<p>530-674-9200 355 Samuel Drive Yuba City, CA 95991</p>
<p><u>Ampla Health Yuba City Medical & Xpress Care</u> For immediate medical attention, Ampla Express Care can help!</p>	<p>530-673-5420 1000 Sutter St Yuba City, CA 95991</p>
<p><u>Feather River Tribal Health</u> Elevate the health status of the Native American people in our service area and all people in our communities to the highest level possible through a comprehensive system of preventive and therapeutic services.</p>	<p>530-751-8454 555 West Onstott Rd Yuba City, CA 95591</p>
<p><u>Harmony Health Medical Clinic - Yuba City</u> Serve as a community-centered provider of services to improve the health, education and economic opportunities for individuals and families.</p>	<p>530-763-4252 920 Chestnut St. Yuba City, CA 95991</p>
<p><u>Harmony Health Medical Clinic – Marysville</u> Serves as a community-centered provider of services to improve the health, education, and economic opportunities for individuals and families.</p>	<p>530-743-6888 1908 N Beale Rd Marysville CA 95901</p>



Health Care Resources

<p><u>Dr. Midha, Sanjiv M.D., Pediatrics</u> Offices in Yuba City and 3 other locations, specializing in Adolescent Medicine and Pediatrics.</p>	<p>530-674-2100 1215 Plumas St #1900 Yuba City, CA 95991</p>
<p><u>Partnership HealthPlan of California</u> Medi-Cal provider for Sutter County. The provider directory will help you find a doctor in your area. You can also search for other providers, including pharmacies, labs, and hospitals near you.</p>	<p>View more information here</p>
<p><u>Peach Tree Health - Live Oak Clinic</u> We offer medical care to patients of all ages, including children's physicals and sports physicals. Vision services and Medical Assessment Treatment (MAT) services and Immigration Physicals are available as well.</p>	<p>530-749-3242 9980 Live Oak Blvd Live Oak, CA 95953</p>
<p><u>Peach Tree Health - Yuba City</u> Peach Tree Yuba City offers care for patients from newborns to adults. Peach Tree Health is committed to providing personalized, affordable, high-quality health services and continues to grow to serve our communities.</p>	<p>530-749-3242 1275 Tharp Rd Yuba City, CA 95993</p>
<p><u>Planned Parenthood</u> One of the nation's leading providers of high-quality, affordable health care and the nation's largest provider of sex education. With or without insurance, you can always come to us for your health care.</p>	<p>530-674-2603 430 Palora Ave, # G Yuba City, CA 95991</p>
<p><u>Sutter Health Pediatrics</u> List of Yuba City Pediatricians affiliated with the Sutter Health network. Need help finding a doctor? Call (800) 478-8837.</p>	<p>530-749-3530 480 Plumas Blvd Yuba City, CA 95991</p>
<p><u>Sutter Health Urgent Care</u> Our expert physicians, nurse practitioners, and support staff provide quality same-day care for patients of all ages, including infants, children, and adults with non-life-threatening illnesses and injuries. If a medical problem is life-threatening, call 911.</p>	<p>530-749-3420 444 Plumas Blvd Yuba City, CA 95991</p>
<p><u>Sutter Health Yuba City</u> Find a doctor or clinician by visiting the website.</p>	<p>800-4Sutter 460 Plumas Blvd Yuba City, CA 95991</p>

Housing & Homeless Services

<p><u>Bridges to Housing</u> Strives to assist low-income and unhoused residents and their families.</p>	<p>530-755-3414 909 Spiva Ave Yuba City, CA 95991</p>
<p><u>CalWORKS Housing Support Program</u> Assists CalWORKS families experiencing homelessness or at risk of homelessness. Utilizing a Rapid ReHousing Model and Housing First approach to provide families with financial assistance and housing-related wrap-around supportive services.</p>	<p>530-822-7133 539 Garden Hwy # A, Yuba City, CA 95991</p>
<p><u>Casa De Esperanza</u> Helping victims and survivors of domestic violence, sexual assault, child abuse, elder abuse, and human trafficking through HOPE and supportive services.</p>	<p>24/7 Crisis Line: 530-674-2040</p>
<p><u>Community Housing Improvement Program</u> Serving Butte, Glenn, Tehama, Shasta, Sutter, Yuba and Colusa counties. Assisting low-income and rural disadvantaged residents, seniors and others who lack financial resources or knowledge to improve or provide adequately for their housing.</p>	<p>530- 891-6931 1001 Willow St Chico, CA 95928</p>
<p><u>EveryoneOn</u> We help bring low-cost internet service and affordable computers to those who need it.</p>	<p>View website here</p>
<p><u>Habitat for Humanity Yuba-Sutter</u> Serving our local community through housing, education, and service with the ultimate goal of ending homelessness and substandard housing in a fiscally and socially responsible manner.</p>	<p>530-742-2727 202 D St Marysville, CA 95901</p>
<p><u>Hands of Hope</u> Resource and day service center for those who are currently experiencing homelessness in our community.</p>	<p>530-755-3491 909 Spiva Ave Yuba City, CA 95991</p>



Housing & Homeless Services

<p><u>Homeless Engagement And Resolution Team (HEaRT) (SYBH)</u> HEART is a street outreach program that was designed to identify, engage, engage, interview, and assess homeless clients for services that are available throughout Sutter County and Yuba County. The goal is to engage and build relationships and connect people to services, with the goal of ultimately ending their homelessness. Transportation to services and providers can be provided with the program to help link clients to services.</p>	<p>530-822-7215 1445 Veterans Memorial Circle Yuba City, CA 95993</p>
<p><u>Hope Haven Counseling & Support Center (Casa de Esperanza)</u> An extension of Casa de Esperanza. At no cost-all in one location. Services include: counseling, domestic violence, restraining orders, accompaniment, legal, medical accompaniment and much more. Please call or visit the website for more information.</p>	<p>530-674-5400 103 D Street Maryville, CA 95901</p>
<p><u>Joshua House Men's Center</u> This ministry is a one year 24/7 live-in men's program for those who have overwhelming life-controlling addictions that rob them of having a real life, the life that God has planned for them. Students learn about God and learn to apply this knowledge to their lives through worship, classes, studying, homework, vocational training, working, enjoying lots of good food and fellowship and some free time.</p>	<p>530-237-2250 4004 Hammonton Smartville Rd, Marysville, CA 95901</p>
<p><u>Miracle Messages Program</u> A person experiencing homelessness records a message to a loved one (or vice versa). Then, our network of volunteer "digital detectives" attempts to locate the loved one and deliver the message.</p>	<p>1-800-MISS-YOU View website here</p>
<p><u>Regional Emergency Shelter Team (REST)</u> Provide cold-weather shelter and warm meals to families, single women, and couples who are experiencing homelessness in the Yuba-Sutter area.</p>	<p>530-683-2274 PO Box 688 Yuba City, CA 95992</p>
<p><u>Regional Housing Authority</u> We are committed to creating and preserving low-income housing for the long term.</p>	<p>530-671-0220 1455 Butte House Rd Yuba City, CA 95993</p>
<p><u>Salvation Army Transitional Housing (Hope Vista)</u> Hope Vista, a transitional housing facility, provides a safe and stable environment for families in housing transition.</p>	<p>530-216-4530 401 Del Norte Ave Yuba City, CA 95991</p>



Housing & Homeless Services

<p><u>SAYLove</u> Our Mission: Mobilize people and resources to promote positive impacts and change within our communities.</p>	<p>530-870-7064 PO BOX 1715 Yuba City, CA 95992</p>
<p><u>Society of St. Vincent de Paul</u> Assists those in need with food, clothing, rent and utility bills, furniture, household goods, etc. We operate a food locker Tu -Th 9:15-11:15 to provide food, clothing and household goods.</p>	<p>530-671-5154 222 Clark Ave Yuba City, CA 95591</p>
<p><u>Sutter County Homeless Services</u> works with one of Sutter County's most vulnerable populations, providing case management, advocacy, outreach and navigation through housing and many other systems. The Homeless Services unit works closely with the participants at Better Way Shelter and other programs providing active case management and housing navigation.</p>	<p>530-822-5999 Available Monday-Friday 8 AM - 5 PM</p>
<p><u>Sutter County Superintendent of Schools - Education for Homeless Children and Youth</u> Supports the enrollment, attendance, and success in school of homeless children & youth.</p>	<p>530-822-2983 970 Klamath Lane Yuba City, CA 95993</p>
<p><u>Sutter-Yuba Homeless Consortium</u> We envision a community where every person has the opportunity to have a safe place to call home.</p>	<p>530-755-3491 P.O. Box 3642 Yuba City, CA 95992</p>
<p><u>Twin Cities Rescue Mission</u> The vision of the Mission is to end homelessness and helplessness as well as provide a path to restore people to the dignity of living and participating in our community.</p>	<p>530-743-8777 940 14th St Marysville, CA 95901</p>



Legal

California Rural Legal Assistance (CRLA)

California Rural Legal Assistance, Inc. (CRLA) is a nonprofit law firm founded in 1966 to provide free civil legal services to low-income residents of California's rural counties.

530-742-5191
511 D St.
Marysville, CA 95901

State of California Department of Justice

View website and services
[HERE](#)

Superior Court of Sutter

To resolve disputes assuring that individuals are not deprived of life, liberty or property without due process of law or denied equal protection of the law.

530-822-3300
1175 Civic Center Blvd.
Yuba City, CA 95993

Yuba Sutter Legal Center

Providing FREE legal services and community education to residents of Yuba and Sutter Counties who are 60 and over. Our priority is helping those seniors who are low-income or live alone or are over 75.

530-742-8289
866 Plumas St. Suite I
Yuba City, CA 95991

LGBTQIA+

[National Center for Lesbian Rights \(NCLR\)](#)

Protects the legal and human rights of lesbians, gay men, bisexual & transgender people across the United States through impact litigation, public policy, advocacy, public education, & direct legal services.

415-392-6257

[Pink Spots- The LGBTQ Directory](#)

Directory of LGBTQ owned/friendly Businesses and LGBTQ events near you.

View website [here](#)

[Trans-ilience Resources](#)

Resources that may be useful for community organizations, trans individuals, therapists, and medical providers.

View website [here](#)

[Transgender Map](#)

This website has resources for transgender individuals and supporters.

View website [here](#)

[Tri-County Diversity](#)

Provides resources, information, and support to Yuba, Sutter, and Colusa County in Northern California. Some current groups and main events include our TCD YOUTH! Group, TCD Young Adults Group, OUT at the Movies, Craft Club, Games Night, Potlucks, Pride Picnics, Friendsgiving, and our Annual Holiday Parties.

530-763-2116
201 D Street, Suite L
Marysville, CA 95901



NATIONAL CENTER FOR LESBIAN RIGHTS



Mental Health/Behavioral Health & Substance Abuse Recovery Resources

<p><u>Aegis Treatment Centers</u> You make the choice to enter treatment. You tell us where, when, and how you're ready to accept treatment, and that's where we begin. Your priorities become our priorities. Your goals become our goals. Together, we collaborate on a plan to achieve them.</p>	<p>530-742-7747 (24/7) 210 D St, # G Marysville, CA 95901</p>
<p><u>Al-Anon District 3 Northern California</u> A worldwide fellowship that offers a 12-step program of recovery for the families and friends affected by alcoholics. Here you will find helpful resources to get connected to meetings and search online sources to aid in your recovery. We aim to protect the anonymity of both new and current members; know that your privacy will be highly respected, and we hope, reciprocated.</p>	<p>530-378-9185 alanon.nc.d3@gmail.com P.O. Box 1983 Chico, CA 95927</p>
<p><u>Alcohol Chemical Treatment Series</u> A.C.T.S. is a curriculum-based, self-help, recovery, and educational program designed to support individuals or families deal with problems. The knowledge obtained through A.C.T.S. can help heal the pain of dysfunctional relationships abuses associated with alcohol & chemical abuses.</p>	<p>916-205-6029 730 Howe Avenue Sacramento, CA 95825</p>
<p><u>Alexa Skills Vaping Coach</u> With the Stop Vaping Coach skill, get quit vaping tips or sign up to speak with a quit coach.</p>	<p>View website here</p>
<p><u>American Addiction Treatment Services, INC.</u> Offers outpatient drug free treatment, narcotic replacement therapy, and Suboxone.</p>	<p>530-749-8640 1496 North Beale Rd Marysville, CA 95901</p>
<p>Buddy's House Offers affordable housing and a Clean & Sober living environment to those who are recovering from Alcoholism and Drug Addiction.</p>	<p>530-675-1049 1770 Magnolia Drive Yuba City, CA 95901</p>
<p><u>California QUITs</u> Free, Quit Coach Live Support, Texting Program, Mobile Apps for iPhone and Android." Resources for Teens and Adults to quit vaping and tobacco</p> <p>English Smokers: (800) 662-8887 English Vaping: (844) 866-8273 Spanish: (800) 456-6386 Chinese: (800) 838-88917 Korean: (800) 778-8440</p>	<p>Text: "Quit Vaping" to 66819 Text: "Quit Smoking" to 66819 800-300-8086</p>

Mental Health/Behavioral Health & Substance Abuse Recovery Resources

<p><u>Carelon Behavioral Health (Formerly Beacon)</u> Provides behavioral health solutions designed to address members' behavioral, physical, and social health needs.</p>	<p>866-477-8208</p>
<p><u>Co-Dependents Anonymous for Men & Women Support Group</u> Check the website for current meeting days and times</p>	<p>888-444-2359 700 Washington Ave Yuba City, CA 95991</p>
<p>Deborah's House Provides affordable, fully furnished homes.</p>	<p>530-635-0941 PO Box 1444 Yuba City, CA 95992</p>
<p><u>Fathers FIRST</u> Provides fathers who have a history of substance abuse with the opportunity in a group setting to discuss, explore, and learn how to be successful dads.</p>	<p>530-682-8648 5206 Tulip Rd Marysville, CA 95901</p>
<p><u>Findhelp.com</u> Find free or reduced-cost resources like food, housing, financial assistance, health care, and more. Help starts here.</p>	<p>View website here</p>
<p><u>First Steps: Sutter - Yuba Behavioral Health - Adult Substance Use Disorder Services (SUDS)</u> Provides SUDs outpatient and intensive outpatient treatment services to pregnant or parenting women struggling with a Substance Use Disorder. The program provides a supportive, women only, environment, evidence-based treatment, individual and group counseling, parenting, and life skills.</p>	<p>530-822-7263 545 Garden Hwy. Suite A Yuba City, CA 95991</p>
<p><u>GriefShare</u> A GriefShare support group is a safe, welcoming place where people understand the difficult emotions of grief. Through this 13-week group, you'll discover what to expect in the days ahead and what's "normal" in grief. Since there are no neat, orderly stages of grief, you'll learn helpful ways of coping with grief, in all its unpredictability—and gain solid support each step of the way.</p>	<p>View website here to find a GriefShare support groups in-person or online near you</p>



Mental Health/Behavioral Health & Substance Abuse Recovery Resources

<p><u>Hmong Outreach Center</u> The Hmong center serves bilingual and Hmong-speaking adults and families, delivering culturally and linguistically appropriate behavioral health services. The Hmong Center provides bilingual/bicultural staff, who are trained interpreters, who can provide services in the clients' preferred language.</p>	<p>530-749-2746 4853 Olivehurst Ave Olivehurst, CA 95961</p>
<p><u>Latino Outreach Center</u> The Latino Outreach Center services bilingual and Spanish Speaking adults, children, and families. Behavioral Health services offered are group therapy, individual therapy, case management, interpretation and translation services, and linkage to medication support and community resources.</p>	<p>530-674-1885 545 Garden Hwy # B Yuba City, CA 95991</p>
<p><u>Mobile Crisis Response- Sutter-Yuba Behavioral Health</u> This service is an extension of Sutter-Yuba Behavioral Health's Psychiatric Emergency Services (PES). Anyone within Sutter and Yuba Counties may receive a mobile crisis in-person response to assist in de-escalation/stabilization when they phone the regular PES 24/7 numbers. PES staff will evaluate and may activate mobile crisis if determined to be appropriate.</p>	<p>PES 24/7 numbers: 1-888-923-3800 or 530-673-8255</p>
<p><u>Network of Care for Behavioral Health</u> A resource for individuals, families, and agencies concerned with behavioral health. It provides information about behavioral health services, laws, and related news, as well as communication tools and other features.</p>	<p>View website here</p>
<p><u>Pathways</u> Individualized treatment for drug and alcohol addiction and serving the needs of our clients and their families throughout the recovery process. We guide individuals through a process of change, help them improve health and wellness, learn to live a self-directed life and strive to reach their full potential.</p>	<p>530-742-6670 430 Teagarden Ave Yuba City, CA 95991</p>
<p><u>Salvation Army Depot Family Crisis Center</u> An intensive transitional shelter program for homeless families and individuals.</p>	<p>530-216-4530 408 J St Marysville, CA 95901</p>

Mental Health/Behavioral Health & Substance Abuse Recovery Resources

<p><u>Sutter County Tobacco Control Program</u> Aims to improve the health of all Sutter County residents by reducing chronic disease, illness and premature death attributable to the use of tobacco products through policy, systems and environmental changes.</p>	<p>530-822-7215 1445 Veterans Memorial Circle Yuba City, CA 95993</p>
<p><u>Sutter-Yuba Behavioral Health-Children’s Services</u> Designed to meet the socio-emotional and behavioral needs of children, youth, and families in both Sutter and Yuba Counties.</p>	<p>530-822-7513 Ext. 414 1445 Veterans Memorial Circle Suite B Yuba City, CA 95991</p>
<p><u>Sutter-Yuba Behavioral Health</u> Provides services to individuals and families who are experiencing serious or ongoing mental health and/or substance use disorders in Yuba and Sutter Counties. <u>Open Access Clinic Flyer and Schedule</u></p>	<p>530-822-7200 (Main) 530-673-8255 (24-Hour Line) 1-888-923-3800 (24-Hour Line) 1965 Live Oak Blvd Yuba City, CA 95991</p>
<p><u>Sutter-Yuba Options for Change</u> (OFC) Provides adult outpatient Substance Use Disorder (SUD) treatment for those that are seeking help. OFC provides screening, assessment, treatment, and referrals for Medication Assisted Treatment (MAT) and/or Residential Treatment. <u>Open Access Clinic Flyer and Schedule</u></p>	<p>530-822-7200 1965 Live Oak Blvd Yuba City, CA 95991</p>



Mental Health/Behavioral Health & Substance Abuse Recovery Resources

[Teen Challenge- Twin Rivers Center](#)

A faith-based, long-term residential addiction recovery center for adult women in Yuba City, California. They provide intensive inpatient care and aftercare support, including specialized programming for young adult women. Their primary treatment modalities combine psychotherapy with evidence-based complementary therapies and recovery-focused life skills training.

530-751-9511

**560 Cooper Avenue
Yuba City, CA 95991**

[Telecare Corp](#)

Telecare Corp specialize in outcomes driven services for individuals who are at risk of crisis and hospitalization. Their programs are recovery-focused and clinically effective and are designed in partnership with local, county, state, and other behavioral health organizations.

530-822-7200

**1965 Live Oak Blvd
Yuba City, CA 95991**

[Telecare iCARE Mobile Engagement Team](#)

The iCARE mobile engagement team serves individuals who are living with untreated severe or chronic behavioral health conditions who experience high utilization of emergency or inpatient care, and/or who have high levels of contact with law enforcement but have remained unengaged with ongoing care for their condition.

530-565-0960

**201 D St., Ste. S
Marysville, CA 95901**

Military & Veterans Services

<p><u>Airman & Family Readiness Center-Beale AFB</u> Provides individuals and families with activities and services which strengthen our community and promote self-sufficiency, mission readiness, and adaptation to the military way of life. Welcomes active duty, retired military members, civilian DoD employees, and their family members.</p>	<p>530-634-2863 17800 13th St Beale AFB 95903</p>
<p><u>American Veterans with Brain Injury (AVBI)</u> Offers support to the families of service members and Veterans who have sustained brain injuries through a web-based peer support network and information. Members have access to web-based exercise programs to improve brain health and cognitive performance. These programs encourage self-improvement & recovery of service members & veterans who have sustained a brain injury.</p>	<p>View website here</p>
<p><u>Annie App for Veterans</u> Services that sends automated text messages to Veterans to help them “stay focused on their self-care.”</p>	<p>View website here</p>
<p><u>Brainline</u> Information and support to anyone whose life has been affected by brain injury or PTSD. Provides military-specific information and resources on traumatic brain injury and post-traumatic stress disorder (PTSD) to veterans, service members, and their families.</p>	<p>View website here</p>
<p><u>California Department of Veterans Affairs (CAL VET)</u> CalVet works to serve and honor all California veterans by connecting them and their families with their earned benefits through education, advocacy, and direct services.</p>	<p>1-800-952-5626</p>
<p><u>California Department of Veterans Affairs</u> <u>CAL VET- Veterans Crisis Line</u> For veterans, their families & friends. 24 hrs., 7 days/week.</p>	<p>800-273-8255, press 1 Text: 838-255</p>
<p><u>CalVet Division for Women Veterans Affairs</u> The mission of the CalVet Division for Women Veterans Affairs is to provide information, advocacy, outreach, and support to Women Veterans and their families.</p>	<p>916-653-1402 email: womenveterans@calvet .ca.gov</p>



Military & Veterans Services

<p><u>Child Development Center- Beale AFB</u> The Child Development Center staff at Beale are committed to providing a high quality environment where children and families can thrive. The CDC has been accredited since 1995 by the National Association for the Education of Young Children, NAEYC.</p>	<p>530-634-4418 5190 Camp Beale Hwy Bldg. 3308 Beale AFB, CA 95903</p>
<p><u>Military & Veteran' Archives</u> Request Military Service Records, Research Using Military Records, Replace Lost Medals and Awards, WWII Photos and more.</p>	<p>866-272-6272</p>
<p><u>Military Brats Inc.</u> Military Brats Inc has been formed to preserve the culture and heritage of those who grew up military. Through various programs such as Operation Footlocker and the Veteran Relief Fund, our intention is to make sure our unique lifestyle is documented and shared not only with those like us, but also with those who don't understand what makes us different. We are dedicated to providing assistance to Military Families however we can.</p>	<p>View website here</p>
<p><u>Minority and Underrepresented Veterans</u> The Minority and Underrepresented Veterans Division will ensure that all veterans have equal access to their earned benefits, regardless of race, ethnic origin, religion, gender, gender identity, or sexual orientation.</p>	<p>916-651-3054</p>
<p><u>National Call Center for Homeless Veterans</u> Provides free, 24/7 access to trained counselors for veterans who are homeless or at risk for being homeless.</p>	<p>1-877-4AID VET or 1-877-424-3838 Available 24/7</p>
<p><u>Real-Warriors</u> The RWC's mission is to reduce the stigma associated with mental health, amplify suicide prevention efforts, and support military community psychological health and readiness. The campaign prioritizes early help-seeking in the military community, encourages access to mental health care, destigmatizes mental health, and increases knowledge and understanding of mental health information.</p>	<p>1-877-726-4727</p>
<p><u>Reduced Fee Annual Fishing License- Recovering Service Member</u> Available for any recovering service member of the US military. After you prequalify for your Recovering Service Member Reduced-Fee Sport Fishing License, you can purchase recovering service member licenses anywhere licenses are sold.</p>	<p>View website here</p>

Military & Veterans Services

[Sacramento VA Medical Center](#)

The Sacramento VA Medical Center is a 81-bed, state-of-the-art, inpatient facility offering a full range of comprehensive health care services including medical, surgical, primary and mental health care.

916-843-7000
800-382-8387 (Mental Health Care)
10535 Hospital Way
Rancho Cordova, CA 95655

[VA Benefits Hotline](#)

For assistance or to ask questions about your claim status please call the Veterans Benefits Administration National Call Center.

1-800-827-1000

[Veterans' Employment and Training Service \(VETS\)](#)

Prepare America's veterans, service members and their spouses, for meaningful careers, provide them with employment resources and expertise, protect their employment rights and promote their employment opportunities.

866-487-2365
200 Constitution Ave
NW Washington, DC 20210

[Veterans Services- Sutter County](#)

The Veterans Services Office helps veterans, survivors, and dependents obtain benefits by providing information and assisting them in filing claims with the U.S. Department of Veterans Affairs (VA) and the California Department of Veterans Affairs (CDVA).

530-749-6710
5730 Packard Ave # 300
Marysville, CA 95901

[Yuba City VA Clinic](#)

Visit the website to make an appointment, register for care or pharmacy.

530-751-4500
800-382-8387 (Mental Health Care)
425 Plumas Blvd
Yuba City, CA 95991

[Yuba-Sutter Veterans Stand Down](#)

Stand Down is an intervention that was conceived from the ground up specifically for veterans. It is designed to transform the despair and immobility of homeless into the momentum necessary to get into recovery, to resolve legal issues, to seek employment, to access health and benefits, to reconnect with the community and to get off the streets.

530-749-1036
604 D St
Marysville, CA 95901

Oral Health & Dental Resources

<p><u>All Dental and Orthodontics</u> Provides general dentistry services including the prevention, diagnosis, and treatment of a wide variety of conditions and diseases that affect your teeth, gums, and oral health.</p>	<p>530-673-3684 1222 Colusa Ave, # H Yuba City, CA 95991</p>
<p><u>Ampla Health Dental</u></p>	<p>530-743-4614 4941 Olivehurst Ave Olivehurst, CA 95961</p>
<p><u>Bruce M. Pope DDS</u></p>	<p>530-695-1884 9900 Larkin Rd Live Oak, CA 95953</p>
<p><u>Butte Dental Care</u></p>	<p>530-821-0324 1467 Live Oak Blvd Yuba City, CA 95991</p>
<p><u>The California Dental Grants Program</u> Apply for financial assistance for dental work in through the California Dental Grant (CDG Grant) without cost.</p>	<p>866-670-9381 View application: here</p>
<p><u>Children's Choice Dental Care</u></p>	<p>530-763-3222 871 Gray Ave Yuba City, CA 95991</p>
<p><u>Cosmetic Dentistry Grants (CDG) Program</u> Apply to receive financial assistance for cosmetic dentistry treatment plans such as implants, bridges, or a re-transformation of your smile.</p>	<p>866-670-9381 View application: here</p>
<p>Dr. Genobaga, James, DDS, INC.</p>	<p>530-763-4231 866 Plumas St # H Yuba City, CA 95991</p>
<p><u>The Happy Tooth Mobile</u></p>	<p>530-788-3578 Various locations in Yuba County</p>
<p><u>Kids Smile Dental and Orthodontics, Colusa Ave.</u></p>	<p>530-455-8077 441 Colusa Ave #C Yuba City, CA 95991</p>

Oral Health & Dental Resources

<u>Kids Smile Dental and Orthodontics, Plumas St.</u>	530-455-8075 853 Plumas St Yuba City, CA 95991
<u>Peach Tree Dental</u>	530-749-3242 1275 Tharp Rd Yuba City, CA 95993
<u>Smile, California-Medi-Cal Dental</u> Provides free or low-cost dental services to children and adults who receive Medi-Cal.	1-800-322-6384
<u>Smile Zone Kids & Teens Dental</u>	530-230-0081 718 W. Onstott Frontage Rd Yuba City, CA 95991
<u>Sutter County Oral Health Program</u>	530-822-7215 1445 Veterans Memorial Circle Yuba City, CA 95593
<u>Western Dental</u>	530-216-5022 727 Colusa Ave Yuba City, CA 95991

Parks & Recreation

<u>Blackburn Tally Sports Complex</u>	530-690-1776 300 Burns Drive Yuba City, CA 95991
<u>Boy Scouts of America</u>	Information provided on website
<u>Gauche Aquatic Park</u>	530-822-4650 421 C Street Yuba City, CA 95991
<u>Girl Scouts of America</u>	Information provided on website
<u>Live Oak Parks and Recreation</u>	530-695-2112 9955 Live Oak Blvd Live Oak, CA 95953
<u>Peach Bowl Little League</u>	530- 673-6584 101/102 2nd St Yuba City, CA 95991
<u>Sam Brannan Smoke Free Park</u>	530-822-4655 806 Gray Ave Yuba City, CA 95991
<u>Sutter - Buttes Little League</u>	530- 821-2255 1151 Market St Yuba City, CA 95991
<u>SYO Swimming Pool and Hall</u>	530-673-9002 7740 Butte House Rd Yuba City, CA 95993
<u>Yuba City Parks and Recreation</u>	530-822-4650 1201 Civic Center Blvd Yuba City, CA 95993
<u>Yuba-Sutter Commuter Bikeway</u>	Information provided on the website
<u>Yuba-Sutter Youth Soccer League</u>	530-751-2161 635 Plumas St Yuba City, CA 95991



Public Agencies/Assistance

<p><u>Affordable Connectivity Program (ACP)</u> The Affordable Connectivity Program (ACP) replaces the Emergency Broadband Benefit Program (EBB). ACP is an FCC benefit program that helps low-income households pay for broadband service and internet connected devices.</p>	<p>888-543-3620</p>
<p><u>Andrew McDonough B+ Foundation Family Assistance Program</u> Helping Families of Children under the age of 21 with cancer. The B+ Foundation Family Assistance Program gives qualified families money for expenses that are attributable to their child’s cancer diagnosis. The goal of the program is to lessen the financial burden so families can focus on helping their children get well.</p>	<p>302-563-8389</p>
<p><u>California Indian Manpower Consortium, Inc.</u> Working for the social welfare, educational and economic advancement of its member tribes, groups, organizations and Indians and other Native Americans living in its service area. All CIMC offices are <u>closed to the public</u> until further notice.</p>	<p>916-920-0285 CIMC is continuing to provide services by phone or email. <u>info@cimcinc.com</u></p>
<p><u>California Rural Legal Assistance</u> California Rural Legal Assistance, Inc. (CRLA) is a nonprofit law firm founded in 1966 to provide free civil legal services to low-income residents of California's rural counties.</p>	<p>530-742-5191 511 D St, Marysville CA 95901</p>
<p><u>California Telephone Access Program</u> Provide telephone communications access for all deaf and disabled Californians</p>	<p>800-806-1191</p>
<p><u>California Tribal TANF Partnership</u> The California Tribal TANF Partnership (CTTP) is associated with 20 tribes and other organizations that operate tribal Temporary Assistance for Needy Families (TANF) programs for Native American people.</p>	<p>530-671-5401 1114 Yuba St # 155 Marysville, CA 95901</p>
<p><u>CalWorks Yuba College</u> CalWORKs stands for California Work Opportunity and Responsibility to Kids. Designed to help families become self-sufficient through a variety of educational and work-related activities, including attendance at Yuba Community College.</p>	<p>530-741-6700 2088 North Beale Rd Marysville, CA 95901</p>



Public Agencies/Assistance

<p><u>Coverage to Care</u> Coverage to Care (C2C) is an initiative, developed by the Centers for Medicare & Medicaid Services, to help you understand your health coverage and connect you to the primary care and the preventive services that are right for you, so you can live a long and healthy life. Whether you're an individual managing coverage for you and your family or a provider or organization helping those in your community manage their care, we have resources that can help.</p>	<p>View website here</p>
<p><u>EveryoneON</u> We help bring low-cost internet service and affordable computers to those who need it.</p>	<p>View website here</p>
<p><u>Home Energy Assistance Program (HEAP)</u> A utility payment program that can offer income-eligible residents of Sacramento, Sutter, and Yuba Counties a credit on their energy bills. HEAP is available to customers of PG&E, SMUD, and for those who heat their homes using wood, propane, or oil purchased from a vendor.</p>	<p>View website here</p>
<p><u>Life Wireless</u> Free cell phone service through Federal Lifeline Assistance Program Apply Online: https://www.lifewireless.com/enroll/</p>	<p>888-543-3620</p>
<p><u>PG&E California Alternate Rates for Energy program (CARE) Program</u> A monthly discount of 20% or more on gas and electricity. Participants qualify through income guidelines or if enrolled in certain public assistance programs.</p>	<p>866-743-2273</p>

Public Agencies/Assistance

<p><u>PG&E- Family Electric Rate Assistance Program (FERA)</u> A monthly discount of 18% on electricity only. Must be a household with three or more people. Participants qualify through income guidelines.</p>	<p><u>View application here</u></p>
<p><u>PG&E Medical Baseline Program</u> Assistance program for residential customers who depend on power for certain medical and independent living needs.</p>	<p>800-743-5000</p>
<p><u>Sutter Animal Services Association</u> The Sutter Animal Services Authority (SASA), a Joint Powers Authority comprised of the County of Sutter, the City of Yuba City and the City of Live Oak, is responsible for animal services throughout Sutter County.</p>	<p>530-822-7375 200 Garden Hwy Yuba City, CA 95991</p>
<p><u>Sutter County</u></p>	<p>530-822-7100 1160 Civic Center Blvd # A, Yuba City, CA 95993</p>
<p><u>Sutter County Children's Services Branch</u> The Children's Services Branch provides behavioral health services and child welfare services to children and youth from ages 0-25 and their families. Behavioral Health Services- 1445 Veterans Memorial Circle, Ste. B, Yuba City, CA 95993</p>	<p>530-822-7200 Child Welfare Services- 1965 Live Oaks Blvd Suite A Yuba City, CA 95991</p>
<p><u>Sutter County Employment and Eligibility Branch</u> The Employment & Eligibility Services Branch provides support for individuals and families with food assistance, health care coverage, financial assistance, and CalWORKs Employment Services.</p>	<p>877-652-0735 190 Garden Hwy Yuba City, CA 95991</p>
<p><u>Sutter County Environmental Health Services</u> Environmental Health consists of organized activities undertaken to protect and enhance the public's health and safeguard environmental quality by identifying, assessing, mitigating, and preventing environmental hazards.</p>	<p>530-822-7400 1130 Civic Center Blvd Yuba City, CA 9599</p>



Public Agencies/Assistance

<p><u>Sutter County Health and Human Services</u> Health and Human Services include behavioral health, substance use, public health, homeless services, child and adult welfare, in-home supportive services, public authority, public guardian and public assistance, and employment services.</p>	<p>530-822-7327 545-B Garden Hwy Yuba City, CA 95991</p>
<p><u>Sutter County Library Literacy Program</u> Sutter County Library Adult Literacy Program provides adult literacy services to our communities through one-on-one and small group literacy tutoring, English language learning, Citizenship Preparation classes and family literacy events.</p>	<p>530-822-7272 750 Forbes Ave Yuba City, CA 95991</p>
<p><u>Sutter County Office of Emergency Services</u> The Office of Emergency Management is responsible for planning, response and recovery activities associated with natural and human-caused emergencies and disasters throughout the County and coordination of those activities with Local Agencies as well as our partners <u>CalOES</u> and <u>FEMA</u>.</p>	<p>530-822-4575 1130 Civic Center Blvd Yuba City, CA 95993</p>
<p><u>Sutter County Public Defender's Office</u> The Public Defender's Office represents defendants charged with crimes committed in Sutter County who cannot afford an attorney, including juveniles. When the Social Services Department takes children into custody, the Public Defender is appointed to represent parents of the minors.</p>	<p>530-822-7355 604 B St, # 1 Yuba City, CA 95991</p>
<p><u>Sutter County Public Health Branch</u> The Public Health Branch promotes and protects the health of our community through disease prevention and management programs, education on healthy living, emergency preparedness, and Public Health program implementation.</p>	<p>530-822-7215 1445 Veterans Memorial Circle Yuba City, CA 95993</p>
<p><u>Sutter County Superior Court – Self-Help Center</u> Sutter County Superior Court Self-Help Center provides FREE information and assistance to individuals without an attorney with their family law, child support, guardianship, and small claims cases. Assistance is primarily provided through our clinics, which are offered in person and remotely. Additionally, the Self-Help Center can offer referrals to resources that are available outside of the court.</p>	<p>530-822-3305</p>



Public Agencies/Assistance

<p><u>Sutter County Victim Services</u> Victim Services is dedicated to helping alleviate the trauma and devastating effects of crime on the lives of victims and their families. Victim Services staff can help you address the practical problems and complex needs of victimization and make it possible for you to reorganize your life and heal in the wake of crime.</p>	<p>530-822-7200 1965 Live Oak Blvd Suite A Yuba City, CA 95991</p>
<p><u>Sutter-Yuba Behavioral Health - Youth Services</u> The Children’s Services Branch provides behavioral health services to children and youth from ages 0-25 and their families.</p>	<p>530-822-7505 1445 Veterans Memorial Circle Yuba City, CA 95993</p>
<p><u>Women, Infants and Children (WIC) Sutter County</u> Women, infants, & Children (WIC) Program is a federally-funded health and nutrition program for pregnant mothers and families with children ages 0-5.</p>	<p>530-822-7224 1445 Veterans Memorial Circle Yuba City, CA 95993</p>
<p><u>Yuba-Sutter SPCA</u> We hope to provide useful information about our services, as well as showcase pets in need of homes. See Facebook page for more.</p>	<p>530-673-6390 745 Sutter St Yuba City, CA 95991</p>
<p><u>Yuba-Sutter Transit</u> Provides safe and cost effective public transportation services that increase mobility and improve the quality of life for Yuba and Sutter County residents.</p>	<p>530-634-6880 2100 B St Marysville, CA 95901</p>



Transitional Resources

(Reentry resources & personal identification documents)

<p><u>Department of Motor Vehicles</u></p> <p>Visit the website or call for vehicle registration, drivers license & ID cards, vehicle industry services, drivers education & safety, appointments and locations.</p>	<p>800-777-0133 1570 Poole Boulevard, Yuba City, CA 95993</p>
<p><u>From Jails to Jobs</u></p> <p>Gives ex-offenders the tools they need to find employment.</p>	<p>View website here</p>
<p><u>Medicare Card</u></p> <p>If your Medicare card was lost, stolen, or destroyed, you can request a replacement online at Medicare.gov. You can print an official copy of your card from your online Medicare account or call 1-800-MEDICARE (1-800-633-4227 TTY 1-877-486-2048) to order a replacement card to be sent in the mail.</p>	<p>800-633-4227 TTY: 877-486-2048</p>
<p><u>Prisoner Reentry Network's Guide To: IDENTIFICATION: Birth Certificate, Driver's License, Social Security, RAP Sheet</u></p> <p>This document will outline the steps required for obtaining legal identification in preparation for release, a process that can begin any time following arrest.</p>	<p>View website here</p>
<p><u>Re-Entry Program for California Former Offenders</u></p> <p>Ex-offenders face barriers as they try to reenter society after serving their sentence. Former offenders often find it challenging to find employment or housing with their record...Provides a list of assistance programs, organizations, and other resources that are available to ex-offenders in California to assist with reentering society.</p>	<p>View website here</p>
<p><u>Renew or Replace a Passport</u></p> <p>View the website or call to renew or replace your passport, report is lost/stolen, make a correction to your passport or apply for a passport.</p>	<p>877-487-2778 TTY: 888-874-7793</p>
<p><u>Replacement Permanent Resident Card</u></p> <p>If you need a replacement permanent resident card or need to obtain a permanent resident card please visit the website or call the number.</p>	<p>800-375-5283</p>

Transitional Resources

(Reentry resources & personal identification documents)

<p><u>Replacement Social Security Cards</u> If you need a replacement social security card or need to obtain a social security card please visit the website or call the number.</p>	<p>800-772-1213 TTY: (800) 325-0778</p>
<p><u>Roadmap to Reentry – A California Legal Guide</u> A resource of legal information that people in California can turn to about issues along the path of reentry.</p>	<p>View website here</p>
<p><u>Sutter County Probation</u> The department is divided into two units: Juvenile Services and Adult Services. These units provide prevention, intervention and rehabilitative services, as well as investigations and supervision.</p>	<p>530-822-7320 595 Boyd St. Yuba City, CA 95991</p>
<p><u>U.S. Savings Bonds</u> For information on managing, changing, or reporting lost, stolen or destroyed savings bonds please visit the website or call the phone number.</p>	<p>844-284-2676</p>
<p><u>US Social Security Administration</u> For information on how to prepare and apply for social security or medicare please visit the website, call or visit an office location.</p>	<p>1-800-772-1213 355 Percy Ave Yuba City, CA 95991</p>
<p><u>U.S Tax Returns</u> For information on your tax returns, forms and resources please visit the website or call the phone number.</p>	<p>800-829-1040</p>



Senior Resources (65+)

[Agency on Aging Area 4](#)

AAA4 oversees in-house programs as well as contracts with about 30 different organizations to provide services for older adults and caregivers in the seven-county region. To view services call or click on the website.

530-742-8289
725 D Street,
Marysville, CA
95901

[Comfort Keepers](#)

Comfort Keepers homecare is widely recognized as a leading provider of quality in-home senior care in Marysville, Yuba City, Live Oak and surrounding areas in California.

530-208-5152
901 H St.
Marysville, CA
95901

[Del Oro Caregiver Resource Center](#)

Del Oro supports unpaid family caregivers by providing free education, resources, and services to those caring for seniors or individuals with adult-onset cognitive impairments, such as dementia.

916-728-9333
8421 Auburn Blvd.
Suite 265
Citrus Heights, CA
95610

[Dial-A-Ride](#)

Dial-A-Ride service is designed to meet the needs of seniors (age 65+) and persons with qualifying disabilities, especially those who are unable to use the Yuba-Sutter Transit fixed route system.

530-634-6880

[Dine Around Town](#)

Adults 60 years of age and older can now have healthy, nutritionally balanced meals at a choice of 3 restaurants with a variety of menus for breakfast, lunch, and dinner.

916-486-1876

[FREED – Dine at Home Program](#)

Meal voucher program providing up to 20 meals per month from local restaurants. Low income seniors and people with disabilities who live in the City of Marysville, City of Yuba City, or Sutter County are eligible.

530-742-4474

[FREED – Transportation](#)

Public Transportation; Taxi Companies; Medical Transportation

530-742-4474

[Freedom Home Health and Hospice Care Services Inc.](#)

Freedom Home Health and Hospice Care Services will simplify and coordinate care in your home or facility, personalize your Care Plan and provide you with the tools to maximize comfort and promote peacefulness.

530-742-4800
519 D Street
Marysville CA,
95901

[Health Insurance Counseling & Advocacy Program](#)

HICAP (the Health Insurance Counseling & Advocacy Program) provides free and objective information and counseling about Medicare.

1-800-434-0222
916-376-8915
505 12th Street

Senior Resources (65+)

<p><u>Partnership Transportation Services – Non-Medical Transportation (NMT)</u></p> <p>For non-medical transportation to and from Partnership-covered appointments/services, please call Partnership at (866) 828-2303 (Monday-Friday, 7 a.m. - 7 p.m.) at least 5 business days before your appointment. For urgent appointments, please call as soon as possible. Please have your member ID card ready when you call.</p>	<p>866-828-2303</p>
<p><u>SAGE</u></p> <p>National organization offering supportive services and consumer resources for LGBTQ older adults and their caregivers.</p>	<p>530-822-5990</p>
<p><u>Sutter County Adult Protective Services</u></p> <p>Adult Protective Services is committed to helping seniors (60 and older) and dependent adults (ages 18-59) live in a safe environment free from abuse and exploitation.</p>	<p>530-822-7151 1445 Veterans Memorial Yuba City, CA 95993</p>
<p><u>Sutter County IHSS - Adult Protective Services</u></p> <p>In-home supportive services are available for people who are aged, blind or disabled, cannot perform activities of daily living and cannot remain safely in their own homes without help.</p>	<p>530-822-5990 1445 Veterans Memorial Circle, Yuba City, CA 95993</p>
<p><u>Sutter Health Alzheimer’s and Brain Health Services</u></p> <p>Memory care services offer expert diagnosis and treatment for dementia, including Alzheimer’s disease. Clinics in Sacramento and San Francisco provide advanced care, support, and access to new therapies.</p>	<p>2800 L Street Sacramento, CA 95816 US</p>
<p><u>Yuba City Senior Center</u></p> <p>The Yuba City’s Senior Center is dedicated to giving Yuba-Sutter seniors the opportunity to stay connected with their peers and community through recreation and volunteer opportunities.</p>	<p>(530) 822-4608 777 Ainsley Ave, Yuba City, CA 95991</p>
<p><u>Yuba – Sutter Legal Center for Seniors</u></p> <p>Provides FREE legal services and community education to residents of Yuba and Sutter Counties who are 60 and over. Our priority is helping those seniors who are low income, live alone or are over age 75.</p>	<p>530-670-0033 725 D Street, Marysville, CA 95901</p>

Senior Resources (65+)

Yuba Sutter Meals on Wheels

Home-delivered meals are available to seniors' age of 60 and older in Yuba & Sutter Counties that are homebound due to illness, recovery, or other causes that prevent them from leaving their home. Five nutritious meals are delivered once a week by our driver directly to the older adult's door.

916-486-1876
777 Ainsley Avenue
Yuba City, CA 95991

Yuba-Sutter ADRC

The Aging and Disability Resource Connection (ADRC) of Yuba-Sutter assists people in making informed decisions about their short or long-term care needs, and to help them make a plan to be able to live as they want in the community.

530-742-4474
1100 Butte House Rd.
Suite 120
Yuba City, CA 95991

Vision

[Light House for the Blind and Visually Impaired](#)

Create hope and opportunities for people impacted by sight loss to embrace and enrich their personal, social, and economic lives.

415-431-1481
1155 Market Street,
10th floor San
Francisco, CA 94103

[Free Slate and Stylus Program National Federation of the Blind](#)

The National Federation of the Blind will distribute a plastic, four-line, twenty-eight cell slate along with a saddle stylus to those that need them. That includes those that are blind and low vision who know Braille or want to learn Braille.

410-659-9314

[Free White Cane Program National Federation of the Blind](#)

The White Cane Program gives blind people the ability to achieve a full and independent life, allowing us to travel freely and safely.

410-659-9314

[Vision Service Plan \(VSP\)](#)

Easy to use, affordable, high-quality eye care. See better for life. We make it easy by providing you with the tools you need—great eye doctors, quality eyewear and affordable care, so you can see clearly and live a healthy life.

800-877-7195
(TTY:711)

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Dr. Genobaga, James E. DDS (Dentist)
Dr. Midha, Sanjiv M.D., Pediatrics
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