

**Sutter-Yuba Behavioral Health
Behavioral Health Advisory Board**

Minutes of the Regular Meeting – Public Hearing

Thursday, October 10, 2024

5:00 p.m.

NOTICE: Requests for assistive listening devices or other accommodations, such as interpretive services, shall be made through the Executive Secretary (530) 822-7288 ext. 2275. Requests should be made at least 72 hours prior to the meeting. Later requests will be accommodated to the extent feasible.

1. Call to Order

Chair Esemann called the meeting to order at 5:00 p.m. and welcomed everyone to the meeting.

2. Roll Call

The following members were in attendance: Chair Heather Esemann, Jay Kaze, Supervisor Mike Ziegenmeyer, Lesley Clarkson, Supervisor Don Blaser, Maggie Walker, Renick House, Bill Harris Jr., Gwen Ziegenmeyer, Wendell Peters, and Mary Page.

Excused: Manny Cardoza

Also, in attendance: Betsy Gowan, Adult Services Branch Director, Manuel Fietes-Medina, CALHB/C (via ZOOM), Rick Bingham, HHS Assistant Director, Behavioral Health Director; Shrina Virdee, Staff Analyst; Jesse Hallford, Staff Services Manager; Sarah Feingold, Youth For Change – Director of Behavioral Health; Bruce Adams, Bill Emblett, and Sue Hopper, Administrative Assistant, Sutter County.

3. Mental Health Services Act – FY 25/26 Annual Update – Use Link Below:

- Current MHSA Components
 - 76% funding is for Community Services/Support
 - 19% funding is for Prevention & Early Intervention
 - 5% funding is for Innovation
- Future BHSA Components
 - 4% for New County Administration Mandates
 - 30% for Housing Intervention – this is new
 - 35% for Full-Service Partnerships
 - 35% for Behavioral Health Services and Supports
- Reviewed current programs allocated to each component in MHSA and where these programs will land with the BHSA funding split. Some services will most likely be discontinued, however everything is being reviewed.
- Prevention & Early Intervention will move to the state as part of the 4% New County Administration Mandates. Programs will be run statewide versus through the counties.
- Full-Service Partnership (FSP) enrollments for 23/24 are 58 for SHINE, 105 for HOPE, 133 for Youth For Change and 67 for TAY.
- Non-Full-Service Partnership enrollments for 23/24 are 63 for PATH, 278 for Wellness & Recovery, 56 for Hmong Outreach Center, 226 for Latino Outreach Center, 1387 unduplicated clients for Adult Urgent Services and 176 unduplicated clients for Youth Urgent Services.
- Supportive Housing Services
 - New Haven – 19 units allocated to Behavioral Health

- 11% have stayed for 1–179 days
- 26% have stayed for 180-364 days
- 63% have stayed for 365 days or longer
- Cedar Lane – 19 units allocated to Behavioral Health
 - 100% have stayed for 365 days or longer
- Case management services are contracted through Telecare and include linkage to case management services, independent living skills, care coordination, social/rehab groups, crisis intervention, property management relations and benefit assistance.
- Prevention & Early Intervention Programs – school-based programs will be discontinued. Some contracts have been closed and others funding has been decreased.
- Suicide prevention trainings will be continued, yet on a smaller scale.
- Workforce Education & Training has award \$220,000 to 23 staff members.
- The implementation of BHSA is an ongoing event which will significantly change MHSA programs and services. SYBH will keep stakeholders and community members apprised of these changes through their regular communication channels and through reports to this Board.
- Board requested next date for Mental Health First Aid training. Ms. Hopper will email the flyer.
- Latino Outreach Center waiting list is currently under five people.
- Discussion on suicide rates and concerns over funding being diverted. Requested additional information on local suicide rates. Ms. Hopper will send the link for information found on the California Department of Public Health website.
- Signs of Suicide, SAFE Talk and ASIST are available trainings on suicide prevention.
- Strategic Suicide Prevention plan is a community lead, Sutter-Yuba, workgroup that is held monthly – all are invited to attend and/or join the group. Ms. Hallford will distribute the invite.

4. Action Items:

- a. **Approve the SYBH MHSA FY 25/26 Annual Update** - - Member House moved to approve the SYBH MHSA FY 25/26 Annual Update as submitted. The motion was seconded by Member Walker.

Aye votes: Esemann, Clarkson, Kaze, House, Blaser, Ziegenmeyer, Page, Harris, Ziegenmeyer, Peters and Walker.

Nay votes: None

Abstentions: None

- b. **Approve September 12, 2024, Meeting Minutes** - - Member Walker moved to approve the September 12, 2024, Meeting Minutes as submitted. The motion was seconded by Member Page.

Aye votes: Esemann, Clarkson, Kaze, House, Blaser, Ziegenmeyer, Page, Harris, Ziegenmeyer and Walker.

Nay votes: None

Abstentions: Peters

5. **Program Presentation** – Youth For Change –Sarah Feingold. Ms. Feingold presented on the following:
- Youth For Change (Y4C) is a nonprofit, public benefit organization specializing in community collaboration, social services, foster care, adoption, high fidelity wraparound and specialty mental health services in Northern California.
 - Provide wraparound services for Sutter County; Family Urgent Response Services for Sutter, Yuba and Butte counties; Differential Response, California Home Visiting Program and Supervised Visitation in Yuba County.
 - Contracted services with SYBH include Community Based Specialty Mental Health Services. Medi-Cal beneficiaries triaged and referred by SYBH. Moderate to severe functional impairments Mental Health Rehabilitation Specialists offer skill building, intensive home-based services and therapeutic behavioral supports to ages infant to 21.
 - Full-Service Partnership – 24/7 support team, care coordinator, child and family team meetings with facilitator. Intensive services provided for severe functional impairments, multiple resources engaged and/or exhausted – infant to age 15.
 - Y4C serves Medi-Cal beneficiaries meeting Cal AIM access criteria; Juvenile Justice Involved Youth; Child Welfare Involved Youth; Youth who are unhoused or have unstable housing or complex trauma history or a functional impairment due to diagnosis or life circumstances.
 - Presented outcome data from 7/23 – 6/24. Data presented shows overall improvement once services are engaged.
 - Staff continue to make programs offered stronger and better.
 - Peer Mentors are managed through and paid for by Y4C. Individuals have been successful in internships and furthering their education for promotional opportunities.
6. **MHSA Program Update** – Betsy Gowan, Branch Director, Adult Services
- a. PEI Mini Grants Update
 - Four grants have been approved; two of those have signed contracts and the other two are in process.
 - Applicants funded in the first round cannot apply in the second round.
7. **Behavioral Health Director's Report** – Rick Bingham, HHS Assistant Director, and Local Mental Health Director.
- Bi-County assessment resolution has been approved by both counties Boards of Supervisors and committee members determined.
 - Mobile Crisis – will be fully operational the week of Thanksgiving through a contracted service.
8. **New Business**
- a. Discussion on length of BHAB meetings
 - Discussion was if a large order of business is on the agenda, the program presentation will be postponed until the following month.
 - b. Program Presentation of November 14, 2024
 - December meeting will focus on CARE Court presentation.
 - Data Notebook will be presented for November meeting and discuss any impacts from election results. Parents of Addicted Loved Ones will provide brief presentation in November.

- Suggestion was to have an update on underage drinking and a hotline or such for young adults to use.
- c. Create Ad Hoc Committee to complete 2024 Data Notebook – November 30, 2024
 - Ms. Esemann met with Mr. Bingham and data is being gathered. Ms. Esemann will enter data and forward to the board for review.
- d. Discussion on event shirts for BHAB
 - All members will receive one shirt. Choose a color within the SYBH logo and send your preference and size to Ms. Hopper. Shirts will be embroidered with SYBH logo and BHAB Member.

9. **Old Business** – none addressed.

10. **Other Announcements/Correspondence** - none addressed.

11. **Adjournment** – Ms. Esemann adjourned the meeting at 6:32 p.m.