

**Sutter-Yuba Behavioral Health
Behavioral Health Advisory Board**

Minutes of the Regular Meeting

Thursday, February 13, 2025

5:00 p.m.

1. Call to Order

Chair Esemann called the meeting to order at 5:04 p.m. and welcomed everyone to the meeting.

2. Roll Call

The following members were in attendance: Chair Heather Esemann, Secretary Mary Page, Bill Harris Jr., and Supervisor Renick House.

Excused: Supervisor Mike Ziegenmeyer, Maggie Walker, Manny Cardoza and Lesley Clarkson

Absent: Gwen Ziegenmeyer, Jay Kaze, and Wendell Peters

Also, in attendance: Rick Bingham, HHS Assistant Director/Behavioral Health Director; Jesse Hallford, Adult Services Staff Services Manager; Phillip Hernandez, Deputy Branch Director, Adult Services; Robert Greear, Adult Services Prevention Services Coordinator; Bruce Adams and, Sue Hopper, Administrative Assistant, Sutter County.

3. Public Comment: None provided.

4. Action Items:

- a. **Approve January 9, Meeting Minutes** – Due to the lack of a quorum this item will be carried over to the March 13, 2025, meeting.
- b. **Review and Approve Application from Bruce Adams to fill the Yuba County At-Large seat** – Due to the lack of a quorum this item will be carried over to the March 13, 2025, meeting.

5. Program Presentation – Options for Change (OFC) – Robert Greear, Prevention Services Coordinator. Mr. Greear presented on the following:

- Services provided through Options for Change include Intensive Outpatient treatment (9, 1.5 hour groups per week), Outpatient Drug-Free Treatment (3, 1.5 hour groups per week), Yuba County Drug Court (4.5 hours per week), Yuba County Prop 36 Assessments, Youth Treatment Programs (1 hour group weekly), Dual Engagement (1 hour group weekly) and Substance Use Disorder (SUD) open access triages twice per week (11 hours per week).
- OFC serves residents of Sutter and Yuba Counties - youth ages 12 – 18 and adults ages 18 and above.

- OFC completed 576 triages from November 2023 through January 2025. Of those 188 were referred to OFC and of those 115 people returned for their first group meeting.
- OFC has had 17 people graduate in various programs since March of 2024.
- Average cost for residential treatment services is \$6500.00. If someone requires detox this cost will increase by around \$2000.00. Residential treatment is for 30 days.

6. **BHSA Program Update** – Jesse Hallford, Staff Services Manager. Ms. Hallford reported on the following:

- Consumer Art Calendar – contest will open on February 21, 2025; will be 18-month calendar. Winners will be announced in May.
- PEI Mini-Grants – two people attended the bidders conference – this is open for 30 days. Application window can be extended but will be determined after March 3, 2025.
- Suicide Prevention meeting will be held February 20, 2025, in-person, in the Public Health auditorium.

7. **Behavioral Health Director's Report** – Rick Bingham, Assistant Director of Health & Human Services and Behavioral Health Director reported on the following:

- Willard Asylum Suitcase Exhibit – well attended, thanks for the support.
- Mental Health First Aid video was shown during the Willard Asylum Suitcase Exhibit in Punjabi and Spanish formats.
- Mobile Crisis – advertisements were distributed via email to this group on February 13, 2025, with a request to disseminate through all networks. SYBH is in the process of exploring other advertising venues such as busses and bus stops.

8. **New Business**

- a. Future Agenda Topics:
 - Consumer Perception Survey will be March presentation.
 - Aegis is potential presenter for April.
- b. Other Discussion Items:
 - Supervisor House is working with a group to honor loss of siblings/loved ones from Fentanyl. More information to follow – tentative date of April 5, 2025.
 - CALBHC/C – recordings are available on their website for various subjects, i.e. Fentanyl use, substance use, etc.

9. **Old Business**

- a. Program Presentation Format Form Revisions
 - This item will be discussed at the March 13, 2025, meeting.

10. **Other Announcements/Correspondence**

- a. Program Presentation for March 13, 2025, will be the Consumer Perception Survey Results – informational only.
- b. Cal Voices Annual Statewide ACCESS Conference – Forging the Future – informational only.

11. **Adjournment** - There being no further business brought forward, Chair Esemann thanked everyone for their participation and adjourned the meeting at 5:49 p.m.