

## Building Resilient Communities | Reducing ACEs

Overview

Data & Information

Workgroup Plan:  
Objective 1

Workgroup Plan:  
Objective 2

Workgroup Plan:  
Objective 3

# ADVERSE CHILDHOOD EXPERIENCES

**Overarching Vision:** Reduce the impact of Adverse Childhood Experiences (ACEs) for Sutter County children and families

**Background:** Adverse Childhood Experiences (ACEs) are the exposure to potentially traumatic events during childhood.<sup>1</sup> ACEs can include violence, abuse, and growing up in a family with mental health or substance use problems.<sup>2</sup> The toxic stress from ACEs can affect brain development, can alter children's hormonal and immune systems, and can lead to behavioral problems, learning difficulties, and physical health issues.<sup>16</sup> Exposure to ACEs is also linked to mental health issues, substance use problems, and increased risk of developing 5 out of 10 leading causes of death in the U.S.<sup>3</sup>

**Why it is Important:** ACEs are preventable.<sup>4</sup> Creating and sustaining safe, stable, nurturing relationships and environments for all children helps to prevent ACE's and ensure children can reach their full health and life potential.<sup>4</sup> Preventing ACEs can help children and adults thrive and potentially lower the risk for conditions like depression, asthma, cancer, and diabetes in adulthood.<sup>2</sup> Improving current systems such as the Handle with Care program, home-visitation programs, and educating the community will work to reduce the impact of ACEs on the long-term health of children as these can help with intervention, teach healthy relationship skills, connect children with activities and caring adults, and more.<sup>5</sup>



Toxic stress can disrupt **ORGAN, TISSUE, AND BRAIN DEVELOPMENT.** Over time this can limit a person's ability to process information, make decisions, interact with others, and regulate emotions. These consequences may follow a person into adulthood.<sup>5</sup>

### References

1. Center for Youth Wellness. ACEs & Toxic Stress. 2017; <http://centerforyouthwellness.org>.
2. Centers for Disease Control and Prevention. Adverse Childhood Experiences (ACEs). 2021; <https://www.cdc.gov/vitalsigns/aces/index.html>.
3. Centers for Disease Control and Prevention. Fast Facts: Preventing Adverse Childhood Experiences. 2022; <https://www.cdc.gov/violenceprevention/aces/fastfact.html>.
4. Centers for Disease Control and Prevention. Prevention Strategies. 2022; <https://www.cdc.gov/violenceprevention/aces/prevention.html>.
5. Aces infographic. Centers for Disease Control and Prevention. <https://vetoviolence.cdc.gov/apps/aces-infographic/home..>

# Building Resilient Communities | Reducing ACEs

Overview

Data & Information

Workgroup Plan:  
Objective 1

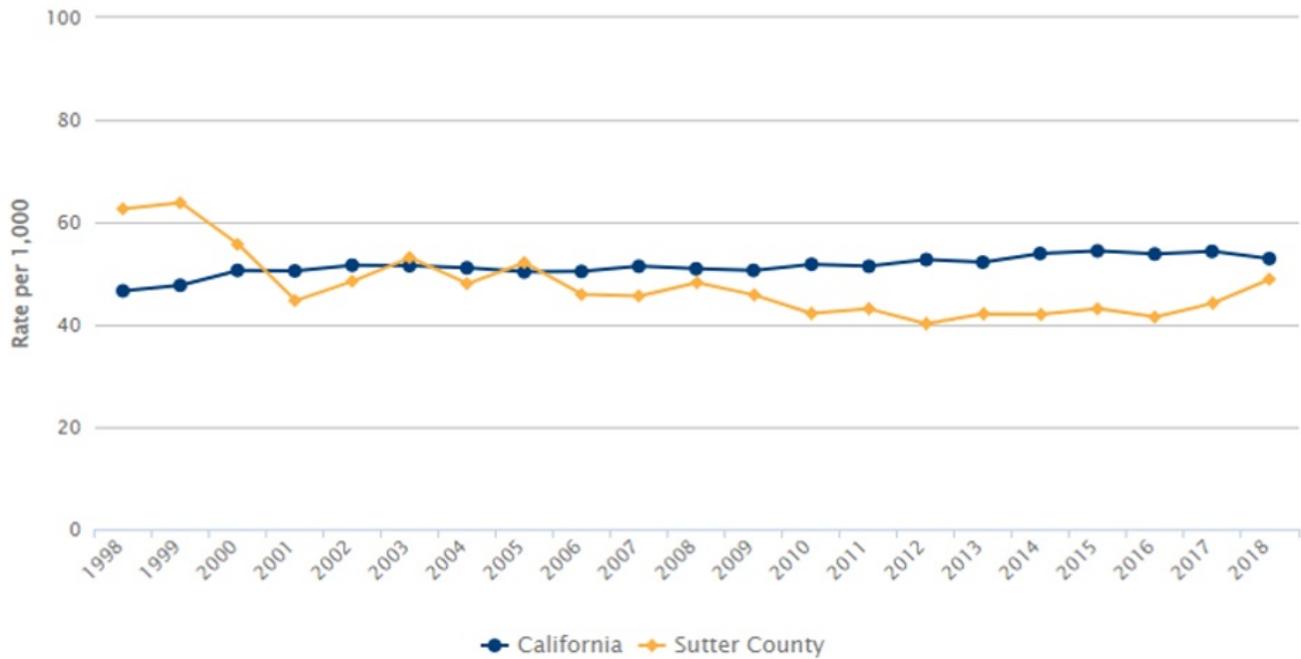
Workgroup Plan:  
Objective 2

Workgroup Plan:  
Objective 3

## ACES: DATA & INFORMATION

### Reports of Child Abuse and Neglect

Year(s): 1998 to 2018



Source:

## Building Resilient Communities | Reducing ACEs

Overview	Data & Information	Workgroup Plan: Objective 1	Workgroup Plan: Objective 2	Workgroup Plan: Objective 3
----------	--------------------	--------------------------------	--------------------------------	--------------------------------

# WORKGROUP PLAN: OBJECTIVE 1

**Objective 1:** By January 30, 2026, increase by 50% the home visiting program capacity from its 2022 baseline capacity

STRATEGIES	ACTIONS	LEAD ENTITIES	TARGET DATE	ANTICIPATED PRODUCT OR RESULT
Increase flexible funding and partnerships with Medi-Cal managed care plans to increase the capacity and reach of home-visiting programs	Conduct field visits with Yolo County to learn best practices which have expanded their capacity and funding for their home visiting programs	Sutter County Children and Families Commission	September 30, 2023	Increased funding to expand home visiting capacity to all Medi-Cal beneficiaries in Sutter County
Increase by 1 full-time equivalent (FTE) the number of home visiting staff at Sutter County Public Health	Apply for California Home Visiting Program (CHVP)* five-year cycle expansion funds to add additional home visiting program staff	Sutter County Public Health	September 30, 2023	Increase in number of staff in home visiting program

**\*California Home Visiting Program:** Preventive intervention focused on promoting positive parenting and child development for overburdened families who are at risk for ACEs, including child maltreatment, domestic violence, substance use disorder and mental health related issues. For more information please visit the [California Department of Public Health California Home Visiting Program](#).

## Building Resilient Communities | Reducing ACEs

Overview	Data & Information	Workgroup Plan: Objective 1	Workgroup Plan: Objective 2	Workgroup Plan: Objective 3
----------	--------------------	-----------------------------	-----------------------------	-----------------------------

# WORKGROUP PLAN: OBJECTIVE 2

**Objective 2:** By January 30, 2026, implement the Handle with Care\*\* program in two additional Sutter County schools

STRATEGIES	ACTIONS	LEAD ENTITIES	TARGET DATE	ANTICIPATED PRODUCT OR RESULT
Implement the Handle with Care program in the two Sutter County pilot schools	Establish communications system for school staff and first responders	Sutter County Superintendent of Schools	August 30, 2023	Implementation of communications system
	Train school staff and first responders on the use of the communication system		December 30, 2023	School staff and first responders attend designated trainings
Identify sustainable funding for the Handle with Care program	Conduct outreach to community partners and community-based organizations to seek and obtain funding and share of cost to continue to implementation of the program	Sutter County Superintendent of Schools	June 30, 2024	Sufficient funding to sustain program
Following the pilot program, implement the Handle with Care program in two additional Sutter County schools	Identify the two schools where the program will be implemented and train school staff at these locations on the program and communication system	Sutter County Superintendent of Schools	January 30, 2026	The Handle with Care program is implemented at two Sutter County schools

\*\***Handle with Care Program:** Promotes safe and supportive homes, schools, and communities that protect children, and help traumatized children heal and thrive by ensuring that children who are exposed to trauma receive appropriate interventions. For more information, please visit the [Admi..](#)

## Building Resilient Communities | Reducing ACEs

Overview	Data & Information	Workgroup Plan: Objective 1	Workgroup Plan: Objective 2	Workgroup Plan: Objective 3
----------	--------------------	-----------------------------	-----------------------------	-----------------------------

# WORKGROUP PLAN: OBJECTIVE 3

**Objective 3:** By January 30, 2026, increase by 20% the resiliency-building resources pertaining to ACEs provided to parents/guardians from its 2023 baseline capacity

STRATEGIES	ACTIONS	LEAD ENTITIES	TARGET DATE	ANTICIPATED PRODUCT OR RESULT
Establish a centralized digital resource hub for parents and guardians to access resiliency building resources	Review and determine resilience-building resources most applicable to the Sutter County community	Sutter County Children and Families Commission	September 30, 2023	Addition of resiliency resources onto Commission's website
	Distribute resiliency building resources to partner agencies, community-based organizations, and faith-based organizations		June 30, 2024	Increased resiliency-building resources distributed throughout the community
Identify funding opportunities and ensure collaboration between partners to support resiliency building related efforts	Establish "identifying grant funding opportunities" as a standing agenda item at the Family Intervention Team (FIT) monthly meetin..	Sutter-Yuba Behavioral Health - Children Services Branch	September 30, 2023	Grant funding as standing topic on Family Intervention Team Age..
	Establish "identifying grant funding opportunities" as a standing agenda item at Domestic Violence workgroup	Sutter County Children and Families Commission	September 30, 2023	Grant funding as standing topic on Domestic Violence Workgroup Agenda..
	Apply for Children Youth Behavioral Health Initiative (CYBHI)*** funding rounds 1 and 2	Sutter County Superintendent of Schools	June 30, 2024	Completed CYBHI applications to increased funding for r..

\*\*\***Children and Youth Behavioral Health Initiative:** Aims to reimagine mental health and emotional well-being for ALL children, youth, and families in California by delivering equitable, appropriate, timely and accessible behavioral health services. For more information please visit [Children and Youth Behavioral Health Initiative - California Health and Human Services](#)