

# Community Health Improvement Plan | Reducing Sexually Transmitted Infections

Overview

Data & Information

Workgroup Plan:  
Objective 1

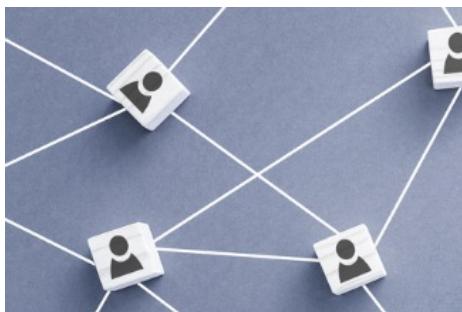
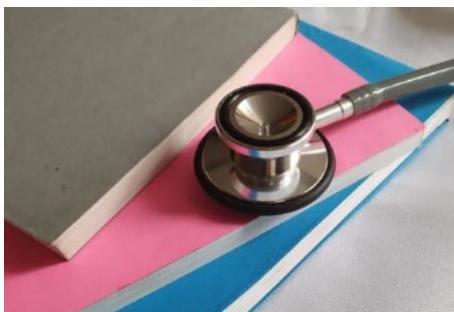
Workgroup Plan:  
Objective 2

## REDUCING SEXUALLY TRANSMITTED INFECTIONS

**Vision:** Reduce the incidence and burden of STIs for Sutter County residents.

*"The term sexually transmitted infection (STI) refers to a virus, bacteria, fungus, or parasite that has infected a person's body via sexual contact, whereas the term sexually transmitted disease (STD) refers to a recognizable disease state that has developed from an STI. Some stakeholders commonly use the term STI, and some commonly use the term STD. This STI Plan generally uses the term STI because the goal is to prevent and treat infections before they develop into a disease state. However, the term STD is used when referring to data or information from sources that use the term STD."<sup>1</sup>*

**Why This Is Important:** The incidence of STIs is on the rise at an alarming rate. In the Community Health Assessment Chlamydia, Syphilis, and Gonorrhea were identified as the three most commonly reported sexually transmitted infections. Infection with Chlamydia, syphilis, and Gonorrhea can lead to serious health issues, including damage to the reproductive system, difficulty conceiving (Chlamydia), impacts on the heart, brain, and other organs (Syphilis), and serious impacts on an unborn child. From 2016 to 2020, Sutter County has seen a twelve-fold increase in the rates of syphilis.



### References

1. Health and Human Services. Sexually Transmitted Infections National Strategic Plan for the United States | 2021–2025. 2021; <https://www.hhs.gov/sites/default/files/STI-National-Strategic-Plan-2021-2025.pdf>

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## DATA & INFORMATION: SEXUALLY TRANSMITTED INFECTIONS

Table 1: Gonorrhea Infections per 100,000 (2020)

| California | Sutter County | United States |
|------------|---------------|---------------|
| 199.0      | 150.3         | 206.5         |

Figure 1: Average Yearly Rates of Gonorrhea by Race/Ethnicity, 2016-2020

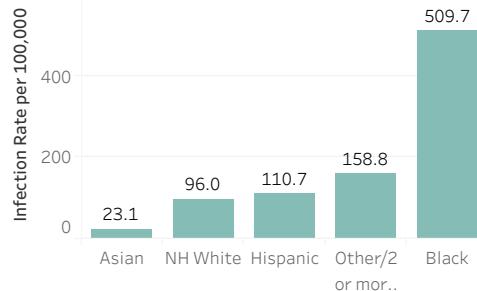


Table 2: Syphilis Infections per 100,000 (2020)

| California | Sutter County | United States |
|------------|---------------|---------------|
| 19.5       | 28.7          | 12.7          |

Figure 2: Average Yearly Rates of Syphilis by Race/Ethnicity, 2016-2020

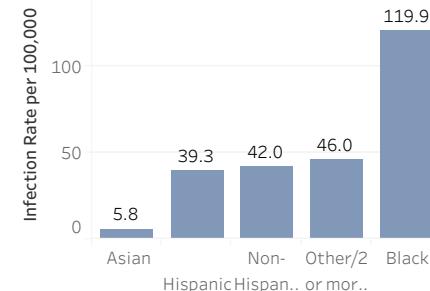


Table 3: Chlamydia Infections per 100,000 (2020)

| California | Sutter County | United States |
|------------|---------------|---------------|
| 542.7      | 313.2         | 539.9         |

Figure 3: Average Yearly Rates of Chlamydia by Race/Ethnicity, 2016-2020

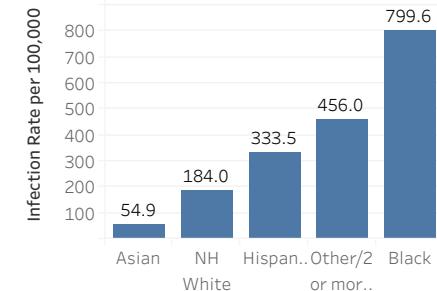


Figure 4: Gonorrhea C among Sutter County Residents, 2016-2020



Figure 5: Syphilis among Sutter County Residents, 2016-2020

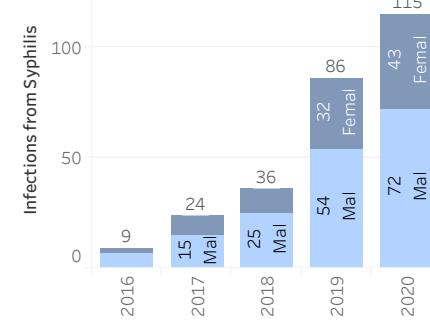
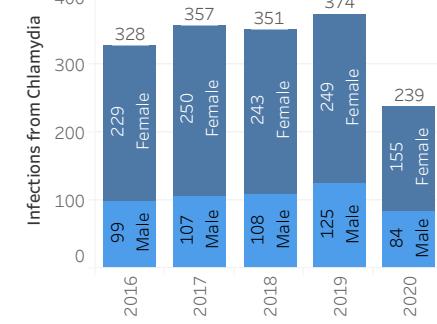


Figure 6: Chlamydia among Sutter County Residents, 2016-2020



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## WORKGROUP PLAN: OBJECTIVE 1

**Objective 1:** By January 30, 2026, all local outpatient providers will implement STI partner services and linkages to care at all clinical sites

| STRATEGIES  | ACTIONS   | LEAD ENTITIES   | TARGET DATE  | ANTICIPATED PRODUCT OR RESULT   |
|---|---|---|--|---|
| Implement streamlined partner services at initial contact with patient and provide services and/or counseling and no-cost partner treatment to reduce barriers to accessing STIs care | <p>Expand availability of condoms and point-of-care STI tests</p> <p>Implement telehealth policy and transportation services ..</p> <p>Implement STI testing as a part of routine preventative services consistent with the Centers for Disease Control and Prevention (CDC) and United States Preventive Services Taskforce (USPSTF) guidelines</p> <p>Identify, at the time of patient contact, sexual contacts of patients to provide timely assessment of partner(s) and appropriate linkages for testing and treatment</p> | Ampla Health, Harmony Health, Sutter Medical Foundation, Peach Tree Health  | January 1, 2026  | <p>Increased number of point-ofcare test ki...</p> <p>Telehealth and transportation services a...</p> <p>STI screening testing implemented within the clinical workflow consistent with CDC and USPSTF guidelines</p> <p>Clear procedures and protocols for partner linkages to care for outpatient providers</p> |
| Build learning & implementation collaborative between local outpatient providers & Sutter County Public Health  | <p>Form the STI Learning Collaborative</p> <p>Discuss and come to consensus on concise STI management guidelines to share with all local healthcare providers</p> <p>Create a standardized approach, across all local outpatient providers, for routine STI testing, preventative services, treatment, and partner treatment services</p>   | Ampla Health, Harmony Health, Peach Tree Health, Sutter County Public Health, and Sutter Medical Foundation, STI Learning Collaborative | <p>August 30, 2023</p> <p>January 1, 2024</p> <p>January 1, 2026</p> | <p>Establish collaborative charter and hold regular monthly meetings</p> <p>A set of agreed upon national and state guidelines to share consistently to local healthcare providers</p> <p>Increased STI routine testing and partner linkages to care compared to 2023 baseline rates</p>                          |
| Expand training for healthcare providers and other outpatient staff   | <p>Create a timeline for provider post-education training topics</p> <p>Improve and extend case managers training to all staff and encourage annual training</p>  | Ampla Health, Harmony Health, Peach Tree Health, and Sutter Medical Foundation, STI Learning Collaborative                              | <p>September 1, 2023</p> <p>TBD</p>                                  | <p>Documented timeline of provider post-education topics</p> <p>Increase in number of staff with case management training and knowledge compared to baseline</p>  |

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## WORKGROUP PLAN: OBJECTIVE 2

**Objective 2:** By 2026, implement an age based STI education curriculum targeted to at least 50% Sutter County High Schools and institutions of higher learning such as Yuba College

| STRATEGIES   | ACTIONS   | LEAD ENTITIES   | TARGET DATE     | ANTICIPATED PRODUCT OR RESULT  |
|--|---|---|-----------------|--|
| Update the age based STI education curriculum  | Involve students in curriculum building to ensure an engaging and age-based curriculum is created   | Sutter County Superintendents of Schools, Local Outpatient Providers, Sutter County Public Health | January 1, 2024 | Age-based STI education curriculum that incorporates local youth's perspectives and inputs       |
|  | Consolidate resources at the local level that are created by all healthcare systems in the area   | Sutter County Public Health and Local Outpatient Providers  | January 1, 2025 | A consolidated list of resources to be distributed with the implementation of the new curriculum |
| Develop a collaborative subworkgroup to standardize curriculum, compile and provide relevant local data, and to build a communication strategy | Engage school leaders, staff, and students to showcase the need for updated STI learning curriculum by outlining requirements from the state and local statistics | Sutter County Superintendents of Schools, Local Outpatient Providers, Sutter County Public Health | January 1, 2025 | Increased awareness and need for an updated STI learning curriculum                              |
|  | Establish a timeline of when to provide the curriculum to students and how it will fit into existing curricula for other subjects                                 | Sutter County Superintendents of Schools  | January 1, 2026 | Documented timeline of curriculum implementation by age groups and time of year                  |
|  | Build and maintain a platform for communication with youth and other members of the community   | Sutter County Superintendents of Schools, Local Outpatient Providers, Sutter County Public..      | June 1, 2025    | Platform to provide STIs related educational information that is age-appropriate                 |
|  | Develop a social media strategy to provide evidence-based STI prevention education and to re-introduce topics discussed in the curriculum                         | Sutter County Superintendents of Schools, Local Outpatient Providers, Sutter County Public Health | June 1, 2025    | Ensure that intentional and timely messaging is distributed to community members                 |