

# Sutter Behavioral Health Learning Collaborative (SBHLC)

PROVIDER MEETING  
Date: January 29, 2025



# AGENDA

- 1. Behavioral Health Knowledge Level Survey - Analysis in Process**
- 2. Brief Review of Benefit Structures**
- 3. Sutter-Yuba Behavioral Health: Mental Health Plan (MHP)  
Benefits: Specialty Mental Health Services (SMHS)**
  - Overview
  - SMHS benefit group feature in this section: Emergency/Crisis

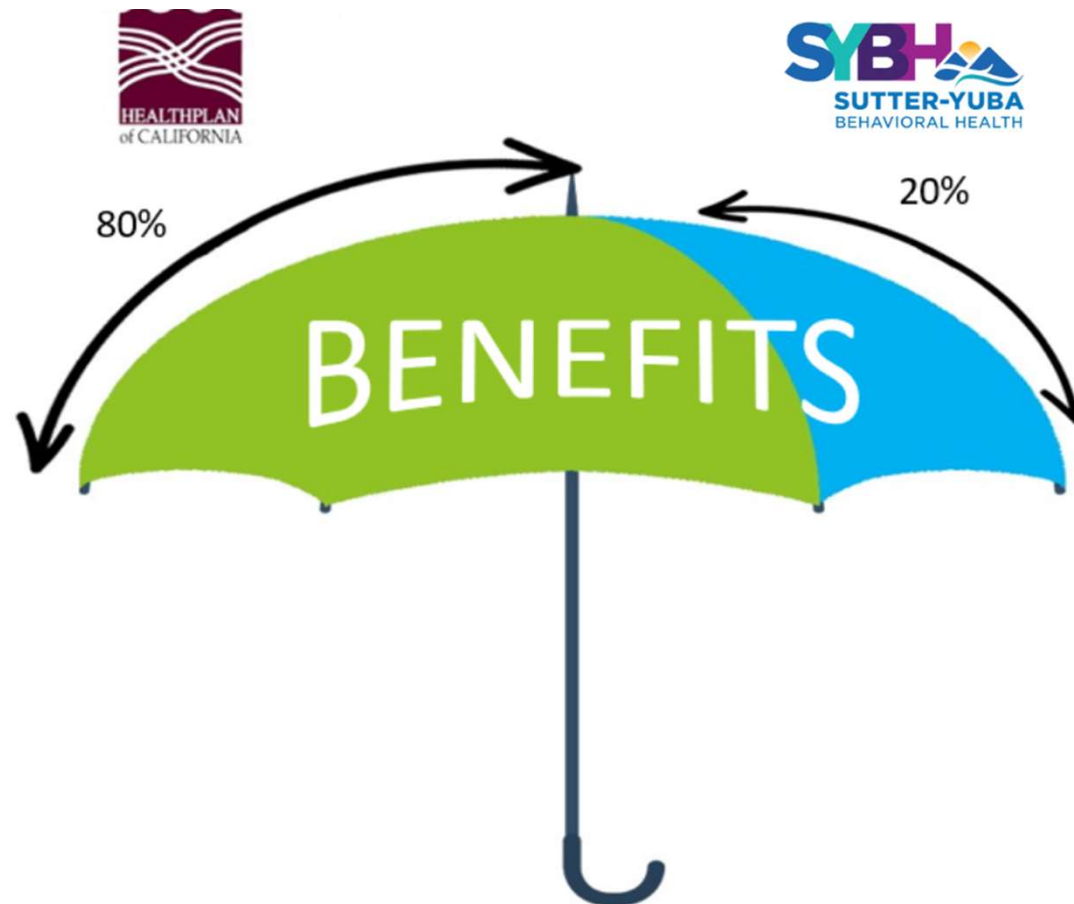
# Behavioral Health Knowledge Level Survey

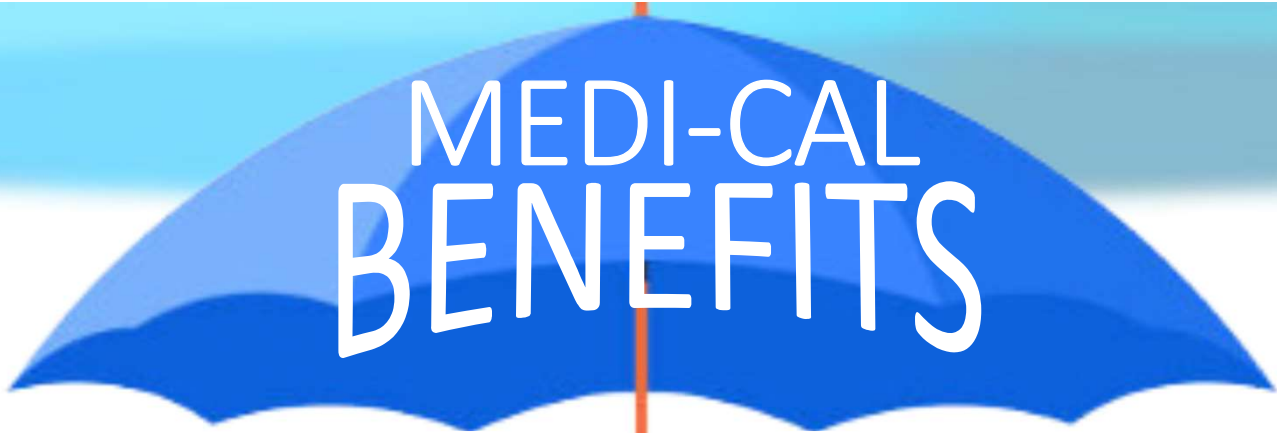
- We would like to assess your behavioral health knowledge level to better understand where to target our educational content and its effectiveness
  - Focus: knowledge and awareness of behavioral health benefits for Sutter County residents with Medi-Cal as their primary insurance coverage
  - Should only take 2-3 minutes of your time!

Scan the QR code here



# MEDI-CAL INSURANCE COVERAGE





# MEDI-CAL BENEFITS

## MEDI-CAL MANAGED CARE PLANS (MCP's) (PARTNERSHIP HEALTHPLAN)

Has the responsibility to arrange and/or pay/provide for coverage:

Array of Health Services Plus Mild, Moderate Behavioral Health Services & Some Medicated Assisted Treatment

(CalAIM)  
Enhanced Care  
Management (ECM)

(CalAIM)  
Community Supports

Some Long-Term Care and other Specialty Benefits

[www.partnershiphp.org/Providers/BehavioralHealth/Pages/Mental-Health-Services.aspx](http://www.partnershiphp.org/Providers/BehavioralHealth/Pages/Mental-Health-Services.aspx)

## COUNTY MENTAL HEALTH PLANS (MHP's) (SUTTER-YUBA BEHAVIORAL HEALTH)

Has the responsibility to arrange and/or pay/provide for coverage:

Specialty Mental Health Services (SMHS)

Severe & Persistent or Chronic Behavioral Health Conditions

Substance Use Disorder (SUD) Services  
Under Drug Medi-Cal

Medi-Cal benefits are one insurance coverage product even when sections of coverage are administered but different plan types (i.e. MCP & MHPS)

# SUTTER-YUBA BEHAVIORAL HEALTH MENTAL HEALTH PLAN (MHP)

MHP SPECIALTY MENTAL HEALTH SERVICES BENEFITS  
INCLUDES THREE “BUCKETS” OR CATEGORIES OF SERVICES



# EMERGENCY/CRISIS



# CRISIS STABILIZATION

Crisis Stabilization involves an immediate face-to-face response to or on behalf of a person exhibiting acute psychiatric symptoms.

- It is provided at a 24-hour health care facility or hospital-based outpatient program or a provider site certified by DMH or a Mental Health Plan to provide this service.
- The goal is to avoid the need for Inpatient Services by alleviating problems that, if not treated, might result in the need for a higher level of care.
- This service is to be provided for less than 24 hours.
  - \*Counties can offer crisis intervention services as well.*
  - Crisis intervention is offered in our county.*



# CRISIS INTERVENTION

Crisis Intervention is a quick emergency response service, lasting less than 24 hours, to or on behalf of, the client for a condition that requires more timely response than a regularly scheduled visit.

Service activities include but are not limited to one or more of the following: assessment, collateral, and therapy.

- The services enable the client to cope with a crisis, while maintaining his/her status as a functioning community member to the greatest extent possible.
- Crisis Intervention services are limited to stabilization of the presenting emergency. This services does not include Crisis Stabilization.

## CAL. CODE REGS. TIT. 9, § 1810.253 – URGENT CONDITION

“Urgent Condition” means a situation experienced by a beneficiary that, without timely intervention, is highly likely to result in an immediate emergency psychiatric condition.

## POST-STABILIZATION SERVICES

Post-stabilization Services means Covered Services that are provided after a Member is stabilized following an Emergency Medical Condition in order to maintain the stabilized condition or, under the circumstances described in 42 CFR 438.114(e) to improve or resolve the Member's condition

# PSYCHIATRIC EMERGENCY MEDICAL CONDITION

Existing law defines “psychiatric emergency medical condition,” for purposes of providing treatment for emergency conditions, as a mental disorder that manifests itself by acute symptoms of sufficient severity that it renders the patient as being either an immediate danger to the patient or to others, or immediately unable to provide for, or utilize, food, shelter, or clothing, due to the mental disorder. \*This definition will be updated via SB43 with implementation by July 1, 2026.

## PSYCHIATRIC HOLD / 5150

(a) When a person, as a result of a mental health disorder, is a danger to others, or to themselves, or gravely disabled, a peace officer, professional person in charge of a facility designated by the county for evaluation and treatment, member of the attending staff, as defined by regulation, of a facility designated by the county for evaluation and treatment, designated members of a mobile crisis team, or professional person designated by the county may, upon probable cause, take, or cause to be taken, the person into custody for a period of up to 72 hours for assessment, evaluation, and crisis intervention, or placement for evaluation and treatment in a facility designated by the county for evaluation and treatment and approved by the State Department of Health Care Services.

The 72-hour period begins at the time when the person is first detained.

At a minimum, assessment, as defined in Section 5150.4, and evaluation, as defined in subdivision (a) of Section 5008, shall be conducted and provided on an ongoing basis.

Crisis intervention, as defined in subdivision (e) of Section 5008, may be provided concurrently with assessment, evaluation, or any other service.

## CRISIS INTERVENTION ACCESS

Sutter-Yuba Behavioral Health has a Psychiatric Emergency Services program that provides crisis care at two locations for individuals experiencing a behavioral health crisis.

- Staff embedded at Adventist+ Rideout Emergency Department 24/7
  - Provide interventions to help individuals manage their crises
  - If hospitalization needed, they seek placement
- Staff at Sutter-Yuba Behavioral Health (1965 Live Oak Blvd.)
  - Provide interventions to help individuals manage their crises
  - Provide warmline services

# CRISIS INTERVENTION ACCESS

## MOBILE CRISIS

Mobile crisis services provide immediate, on-site support for individuals experiencing a mental health crisis. They aim to stabilize situations, connect individuals to appropriate resources, and reduce the need for emergency interventions.

# CRISIS INTERVENTION ACCESS

## MOBILE CRISIS

- Sutter-Yuba Behavioral Health is contracting with a Community-Based Organization (Psych Crisis) to provide these 24/7 services
- Services began November 26, 2024
- Mobile Crisis team consists of a peer support worker and Emergency Medical Technician (EMT)
  - Supervised by a mental health therapist and registered nurse



# CRISIS INTERVENTION ACCESS

## MOBILE CRISIS

- Respond virtually anywhere in the community (home, park, river bottoms, schools, etc.) *Some exceptions will be noted*
- Response time must be within 2 hours
  - We anticipate much quicker response time given size of our counties
- Intervention provided in the field by mobile crisis team to divert clients from law enforcement or emergency department involvement
  - Warm handoff to community services

# CRISIS INTERVENTION ACCESS

## SUBSTANCE USE DISORDER SERVICES

Cal. Code Regs. Tit. 22, § 51341.1 (a) Substance use disorder services, as defined in this section, provided to a Medi-Cal beneficiary, shall be covered by the Medi-Cal program when determined medically necessary in accordance with Section [51303](#). Services shall be prescribed by a physician, and are subject to utilization controls, as set forth in Section [51159](#).

# CRISIS INTERVENTION ACCESS

## SUBSTANCE USE DISORDER SERVICES

- Substance use related crisis is evaluated concurrently with any crisis
- Client is evaluated at Emergency Department by Psychiatric Emergency Staff
  - Service access shall include medically assisted treatment, such as Narcan, etc.
  - Service access shall be monitored medically by Emergency Department Medical staff

# CRISIS INTERVENTION ACCESS

## LAW ENFORCEMENT

- Law enforcement welfare checks can be requested by any person
- Designated to write 5150 application forms
- Goal of Mobile Crisis is to alleviate burden of law enforcement response

# QUESTIONS / COMMENTS



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Next Meeting: TBD

