

**Sutter-Yuba Behavioral Health
Behavioral Health Advisory Board**

Minutes of the Regular Meeting

Thursday, June 12, 2025

5:00 p.m.

1. Call to Order

Chair Esemann called the meeting to order at 5:10 p.m. and welcomed everyone to the meeting.

2. Roll Call

The following members were in attendance: Chair Heather Esemann, Supervisor Mike Ziegenmeyer, Mary Page, Supervisor Renick House, Bruce Adams and Gwen Ziegenmeyer.

Excused: Manny Cardoza and Maggie Walker.

Absent: Bill Harris Jr.

Also, in attendance: Rick Bingham, HHS Assistant Director; Betsy Gown, Branch Director, Adult Services and, Sue Hopper, Administrative Assistant, Sutter County.

3. Program Presentation – BHAB Annual Report FY 24/25

- Suggestion was to revise the last line in Paragraph 4 to state “*Every effort was made to meet or exceed these requirements, and we were full for a few months until two of our Yuba County Consumer representatives resigned in April and the Yuba County Family representative resigned in May. We are actively recruiting to fill these three positions.*” Ms. Hopper will make the needed revision and submit the report to Yuba and Sutter County Boards of Supervisors.

4. Action Items:

- a. **Approve May 8, 2025, Meeting Minutes** - Supervisor Ziegenmeyer moved to approve the May 8, 2025, Meeting Minutes as submitted. The motion was seconded by Member Adams.

Aye votes: Esemann, M. Ziegenmeyer, House, Adams, Page, and G. Ziegenmeyer.

Nay votes: None

Abstentions: None

- b. **Approve Annual Report for FY 24/25** – Supervisor House moved to approve the 2024/2025 Annual Report with the revisions noted above. The motion was seconded by Supervisor Ziegenmeyer.

Aye votes: Esemann, M. Ziegenmeyer, House, Adams, Page, and G. Ziegenmeyer.

Nay votes: None

Abstentions: None

- c. **Review and Approve Application from Susan Fleming to fill the Family position open in Yuba County.** Supervisor House moved to approve the application for Ms. Susan Fleming to fill the Yuba County Family seat. The motion was seconded by Supervisor Ziegenmeyer.

Aye votes: Esemann, M. Ziegenmeyer, House, Adams, Page, and G. Ziegenmeyer.

Nay votes: None

Abstentions: None

- d. **Report of Election Coordinator and Election of Board Officers for FY 2025-26.** Supervisor Ziegenmeyer, Election Coordinator, reported the following nominees for Board Officer positions for FY 2025-2026:

For Chair: Ms. Esemann

For Vice-Chair: Mr. Cardoza

For Secretary: Ms. Page

Supervisor House moved to approved Ms. Esemann as Chair, Mr. Cardoza as Vice Chair, and Ms. Page as Secretary. The motion was seconded by Member Adams and approved by all in attendance.

Aye votes: Esemann, M. Ziegenmeyer, House, Adams, Page, and G. Ziegenmeyer.

Nay votes: None

Abstentions: None

Newly elected officers will take their seats at the July 10, 2025, Behavioral Health Advisory Board meeting.

5. **BHSA Program Update** – Betsy Gowan, Branch Director, Adult Services. Ms. Gowan reported on the following:

- May was Mental Health Month
 - SYBH held a Behavioral Health Bash – event was well attended and well received.
 - BHSA – staff are continuing to attend meetings – training was held during the last week for the Community Planning Process. Funding bucket requirements have been broken down, however final requirements are not all released. CPP process will be more intense, involving more people, and combined with Public Health Community assessment processes.
- Consumer Survey – Ms. Gowan will research this information and send out.
- Community Stakeholder Meetings – meetings will be scheduled once final requirements are received from DHCS.
- PEI Min-Grants – working on contracts for those who were awarded in the second round. Application process for Round 3 will close on June 13, 2025.

6. **Behavioral Health Director's Report** – Rick Bingham, Assistant Director of Health & Human Services and Behavioral Health Director. Mr. Bingham reported on the following:

- BHCIP Bond Round 2
 - Discussed previous rounds of BHCIP funding and fact that 11 of around 30 small counties were awarded the rounds addressing infrastructure needs. Difficult for

small counties to stand these up since projects have to be shovel ready and be able to start construction within 60 days of award.

- Part of Prop 1 included a bond, which DHCS is releasing as two additional BHCIP rounds (BHCIP Bond funds). We are hoping to apply for round 2 funds and have been in discussion with a provider who has experience providing locked and residential services. Mr. Bingham reached out to Yuba County, and they've given the provider properties for sale in Yuba County that could be rehabbed - waiting for provider to review properties and get back to him about options. Application is due at end of October.

➤ CYBHI Grant and Work at 809 Plumas St:

- Children's Services has a CYBHI grant that is funding some construction at 809 Plumas, which is the SYBH CSOC and TAY programs. Construction is occurring on the CSOC side of the building. Adding a HIPAA compliant lobby that is enclosed rather than providing free access to the office and adding offices for supervisors and clinical staff to use for appointments.

It was suggested to provide a tour of CSOC/TAY once renovations are complete.

7. New Business

- a. Future Agenda Topics
 - Juvenile Hall Update for September 2025
 - Mobile Crisis for January 2026
- b. Other Discussion Items
 - Supervisor Ziegenmeyer reported that the District Attorney has received a grant to buy virtual headsets that simulate alcohol levels in people.
 - Yuba County Office of Education will house an ALCOVE program.
- c. Developing Ad Hoc Committees
 - Ms. Esemann will send the form for developing an ad hoc committee to Supervisor and Gwen Ziegenmeyer to research a one-page, low-cost, no cost resource flyer for easier service access.
- d. July Meeting Attendance
 - Everyone in attendance noted that they would be able to attend the July meeting.

8. Old Business

- a. Site Visits
 - Site visit of the Sutter-Yuba Psychiatric Health Facility was performed on June 6, 2025. Will reschedule this site visit for other members to attend.
- b. Ethics Training
 - Reminder – if you have not completed your ethics training within the last two years you will need to renew your certification.

9. Other Announcements/Correspondence:

- Program Presentation for July 2025 will be SYBH Budget Update – informational only.

10. **Adjournment** - There being no further business brought forward, Chair Esemann thanked everyone for their participation and adjourned the meeting at 6:10 p.m.