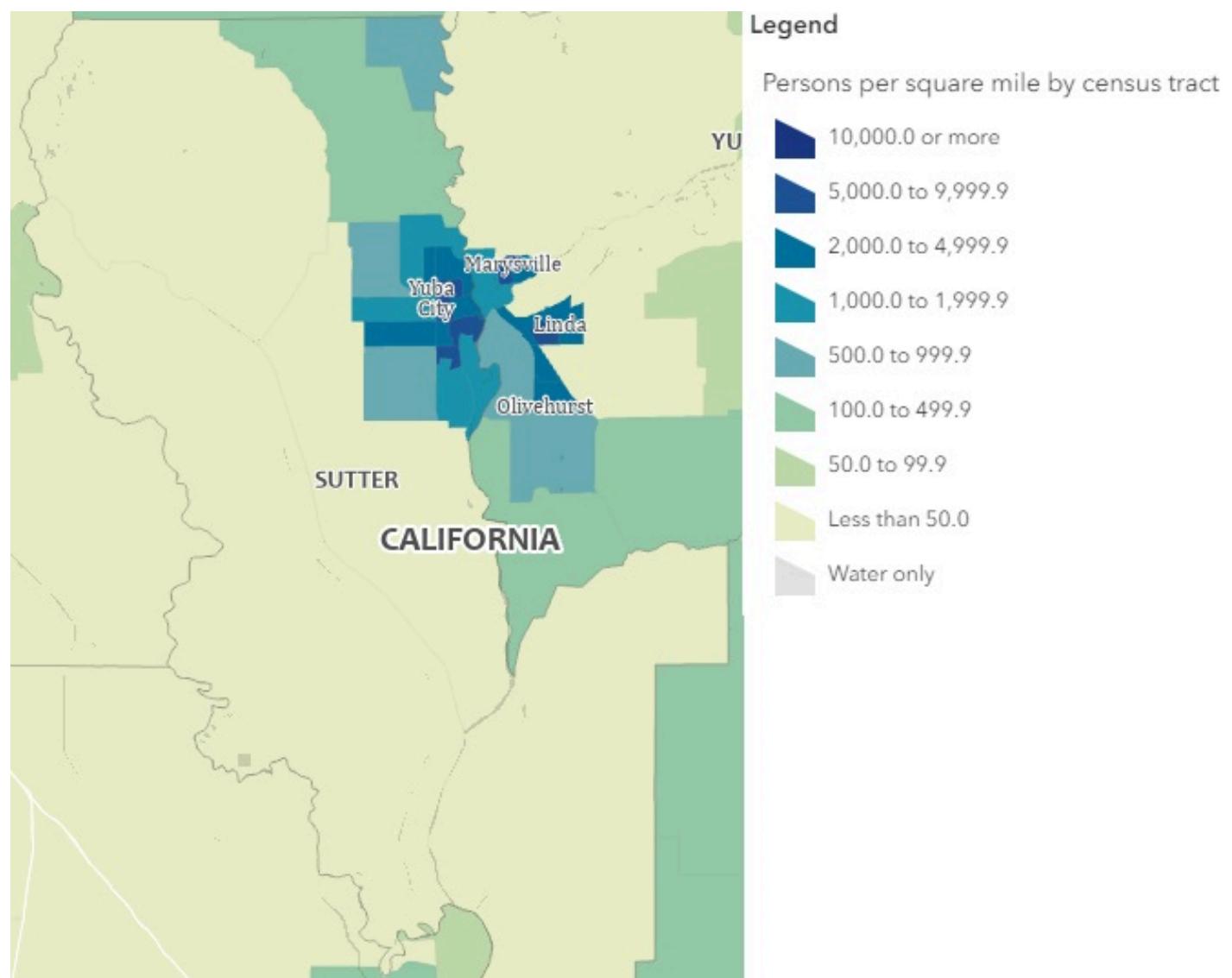


POPULATION AND GEOGRAPHIC OVERVIEW

Sutter County Overview:

Sutter County is located in the northern part of California, north of Sacramento. It is bordered to the north by Butte County, to the west by Colusa and Yolo Counties, Sacramento County to the south, and Placer and Yuba Counties to the east. Sutter County has two cities, Yuba City and Live Oak. Other unincorporated communities include East Nicolaus, Meridian, Nicolaus, Rio Oso, Robbins, Sutter and Trowbridge. The majority of Sutter County lies in the flood plain between the Sacramento and Feather Rivers (average elevation 30ft); with portions extending to the east across the Feather River south of the Bear River. The Sutter Buttes, a small volcanic mountain range with peaks rising above 2000 ft. elevation, covers most of the northwest part of Sutter County. Two major highways, CA-20 and CA-99, traverse the county, crossing in Yuba City. Other major highways include CA-113, which heads south to Yolo County, and CA-70, which heads northeast towards Marysville in Yuba County.

Figure 1: Sutter County Population Density



Population and Density:

The Department of Finance reported the population of Sutter County as 97,948 as of July 1, 2023¹. By population, Sutter County is the 37th largest county in California. Sutter County's land area is 602.5 square miles, for an average population density of 162.6 people per square mile (people/mi²) in 2023.² This is less than the average for California, but larger than the US average. Within Sutter County, population density varies widely by location (Figure 1). Most Sutter County residents live along the CA-99 corridor in Yuba City or Live Oak. The south and west portions of Sutter County largely consist of sparsely populated agricultural land. The Sutter Buttes dominate the northwest corner of Sutter County and are primarily undeveloped.

Table 1: Sutter County Population Density (people/M²)

Geography	Population Density
California	241.5
Sutter County	162.6
United States	93.8

References:

1. California Department of Finance. Demographic Research Unit. Report P-2D: Total Population by Race and Ethnicity, California Counties, 2020-2070 (Baseline 2024 Population Projections; Vintage 2025 Release). Sacramento: California. September 2025. <https://dof.ca.gov/forecasting/demographics/projections/>
2. U.S. Census Bureau QuickFacts: Sutter County, California. Accessed September 5, 2024. <https://www.census.gov/quickfacts/fact/table/CA,suttercountycalifornia>

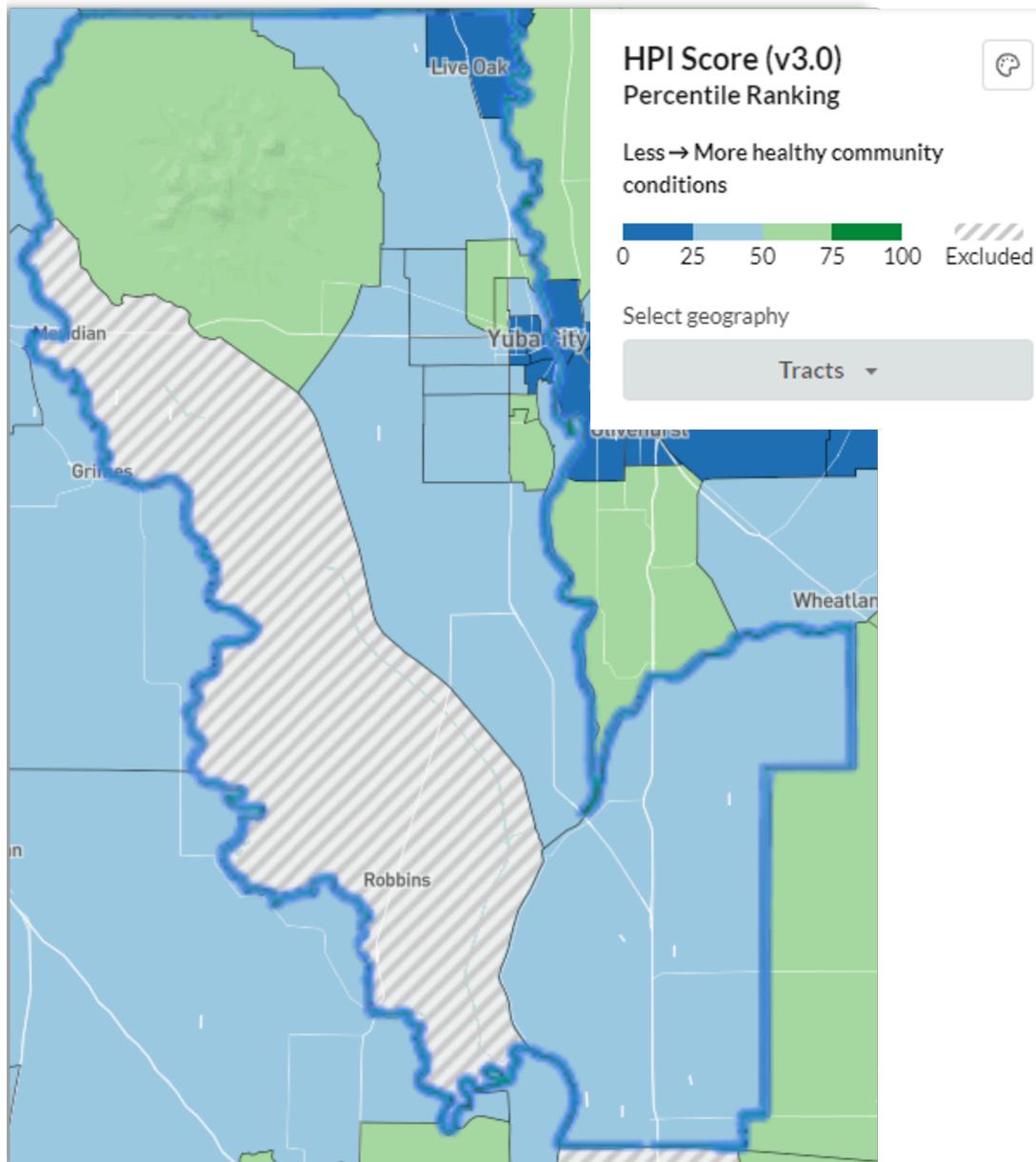
NEIGHBORHOOD AND COMMUNITY

Where We Are Now:

In 2023, Sutter County ranked 35th out of 58 (1 is the healthiest) in the healthiest California counties¹. This is an improvement from 37th rank in 2021. The County Health rankings are largely based on the social determinants of health, health outcomes and health behaviors; to improve health rankings in Sutter County the factors that contribute to the decline in health and overall health outcomes must be addressed.

Why It Is Important:

The neighborhoods in which people live have a major impact on their health and well-being². Environmental conditions such as polluted air, unsafe water, income, employment, high rates of violence, and unsafe housing conditions negatively influence population health. In Sutter County, large differences in health can be seen in neighborhoods only separated by a few miles. Identifying these differences and exploring why they exist in certain neighborhoods is the first step in making sure that all members of the community have the opportunity to live healthy lives.



Those Most Affected:

The Healthy Places Index (HPI) helps us take a closer look at the factors that shape health in Sutter County and identify which areas of the community experience less opportunities for health and poor health outcomes. Sutter County has an overall HPI score of 37.5, indicating that Sutter County has more resources for health and better community conditions than 37.5% of all counties in California. The HPI also explores how community conditions and health inequities differ between neighborhoods. For example, residents living in the Tierra Buena/Nuestro area experience community conditions healthier than 56.3% of all California census tracts, while residents living in the area between the Feather River, Colusa Avenue, Cooper Avenue and Franklin Road experience community conditions healthier than just 6% of California census tracts³. This area has lower rates of employment, income, education, two parent households, home ownership, and higher rates of alcohol availability and rent overburdened households; all factors contributing to poorer community conditions and negatively impacting health.

Life expectancy rates in Sutter County also reflect the corresponding HPI scores; with the same neighborhoods that experience the highest HPI scores also experiencing the highest average life expectancy rates and the lowest HPI scoring neighborhoods experiencing the lowest average life expectancy rates in the county. Life expectancy rates will be discussed further in this assessment. In addition, California and Sutter County residents also face considerable risk from climate change to human health and health outcomes. The climate change exposures and the groups of our community at greater risk of exposure can be further explored: <https://skylab.cdph.ca.gov/CCHVIZ/>

References:

1. California. County Health Rankings and Roadmaps. Accessed September 17, 2024. <https://www.countyhealthrankings.org/health-data/california/sutter?year=2024>
2. Neighborhood and Built Environment. Health People 2030. Accessed September 17, 2024. <https://health.gov/healthypeople/objectives-and-data/browse-objectives/neighborhood-and-built-environment>
3. California Healthy Places Index. Accessed September 17, 2024. <https://map.healthyplacesindex.org>

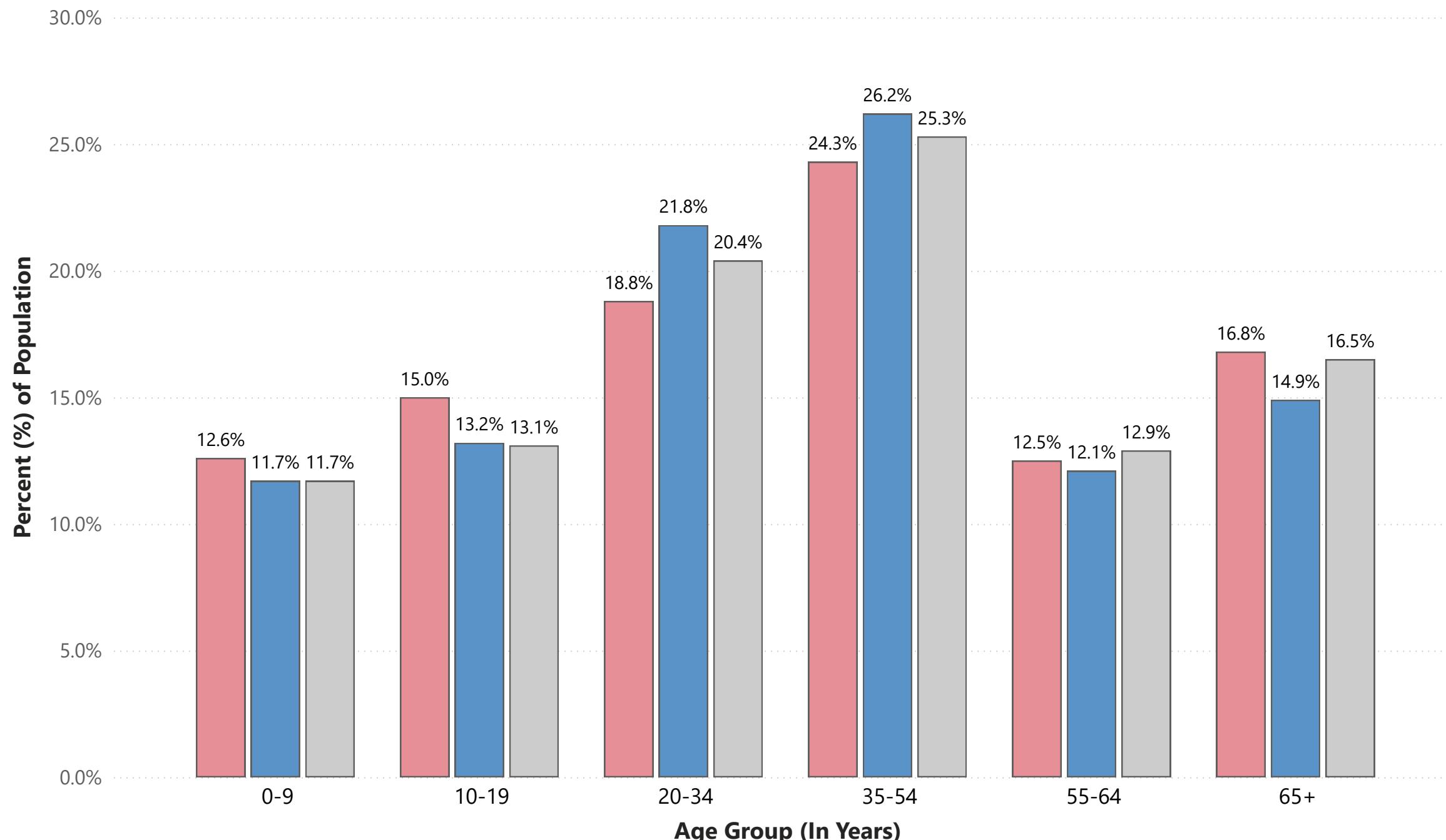
AGE DISTRIBUTION

Age Distribution:

In 2022 roughly 13% of the population was age 9 and under, 15% were between age 10-19, 19% were between age 20-34, 24% were between age 35-54, 13% were between age 55-64, and 17% were 65 or older¹. Figure 1 illustrates the differences in age distribution in Sutter County as compared to California and the United States overall.

Figure 1: Age Distribution by Geography (2022)¹

● Sutter ● California ● United States



References:

1. U.S. Census Bureau. (2022). Age and Sex. *American Community Survey, ACS 5-Year Estimates Subject Tables, Table S0101*. Accessed September 17, 2024. https://data.census.gov/table/ACSST5Y2022.S0101?g=010XX00US_040XX00US06_050XX00US06101.

1. Population and Geography..	2. Neighborhood and Community	3. Age Distribution	4. Race/Ethnicity Distribution	5. Disability	6. Place of Birth & Language	7. Marital Status	8. Education	9. Median Income	10. Income By Education	11. Income By Race/Ethnicity
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RACE/ETHNICITY DISTRIBUTION

Race/Ethnicity Distribution:

In Sutter County the population breaks down to roughly 32% Hispanic, 1% American Indian/Alaska Native, 2% Black, 18% Asian, 42% Non-Hispanic White, .3% Native Hawaiian/Pacific Islander, 5% two or more races, 1% other race¹. Most Asian residents in Sutter County are from India or Pakistan.

Figure 1: Ethnicity Distribution by Geography (2020)¹

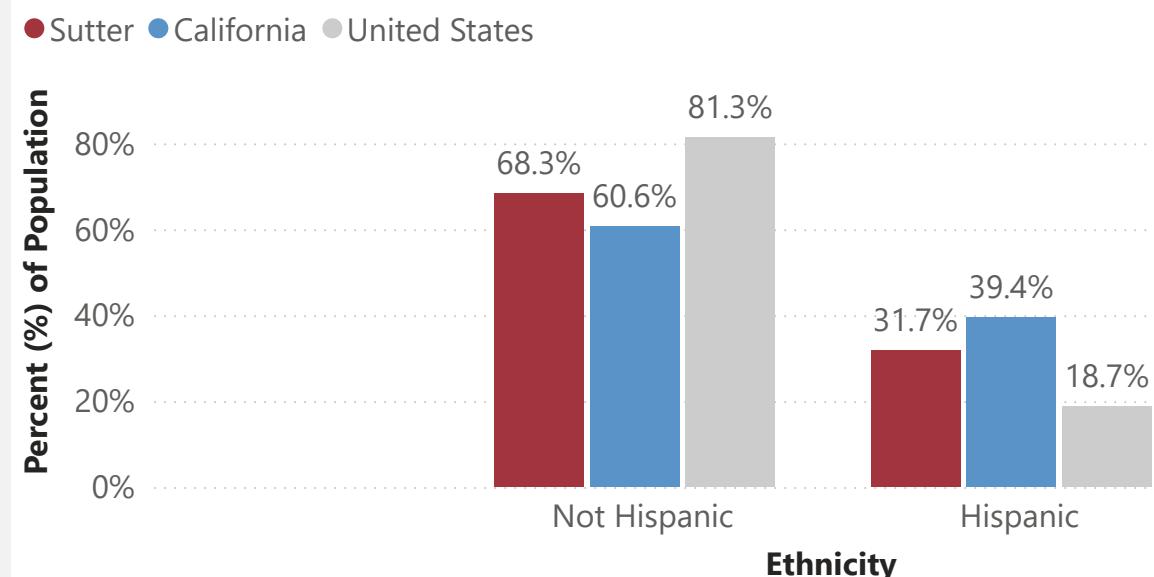
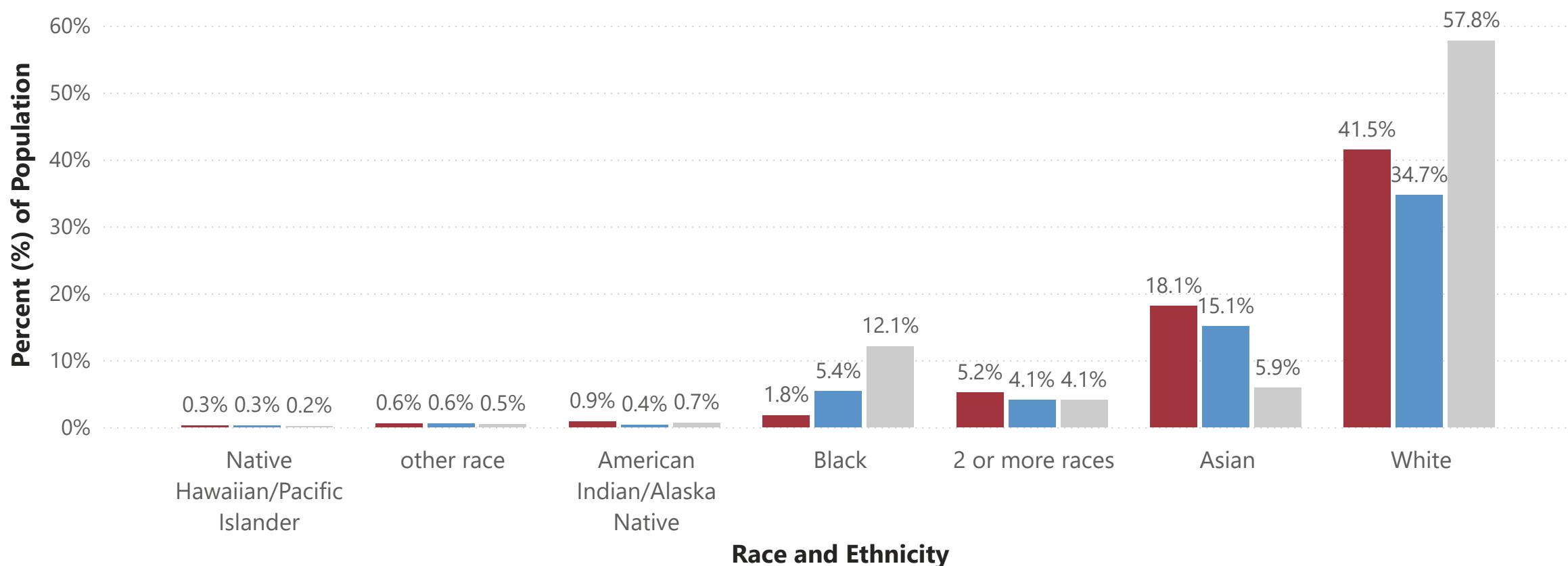


Figure 2: Race Distribution by Geography (2020)¹

● Sutter ● California ● United States



References

1. US Census Bureau. (2020). HISPANIC OR LATINO, AND NOT HISPANIC OR LATINO BY RACE. *Decennial Census, DEC Demographic and Housing Characteristics, Table P9*. Retrieved September 17, 2025. https://data.census.gov/table/DECENNIALDHC2020.P9?q=race+ethnicity+sutter+county+california&g=010XX00US_040XX00US06.

1. Population and Geography..	2. Neighborhood and Community	3. Age Distribution	4. Race/Ethnicity Distribution	5. Disability	6. Place of Birth & Language	7. Marital Status	8. Education	9. Median Income	10. Income By Education	11. Income By Race/Ethnicity
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DISABILITY

Disability:

People with disabilities face many barriers to good health, such as an inaccessible physical environment, lack of assistive technology, negative attitudes towards disability, and services, systems, and policies that keep people with disabilities from participating in society¹. Almost 14% of Sutter County residents are living with one or more disabilities (Figure 1), higher than California (11%), but comparable to the United States (13.4%)². The most common disability in Sutter County, California, and the United States is ambulatory. Ambulatory disability includes having difficulty walking or climbing stairs. Figure 2 highlights the proportion of different disabilities in Sutter County, California, and the United States.

Figure 1: Proportion of Population Living with a Disability (2022)²

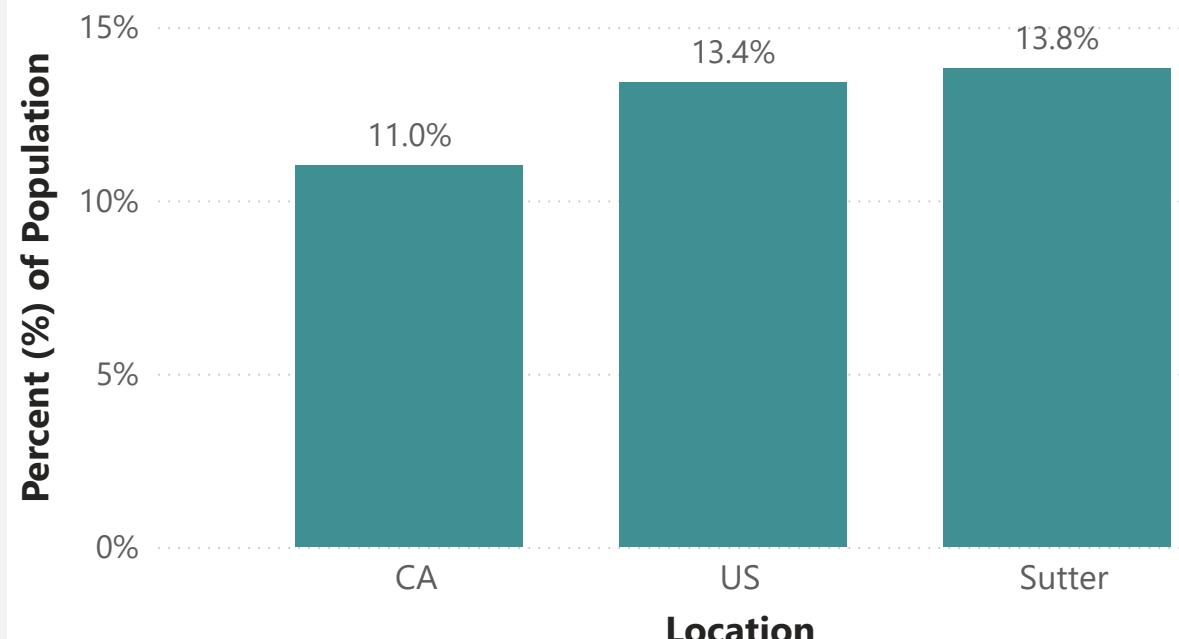
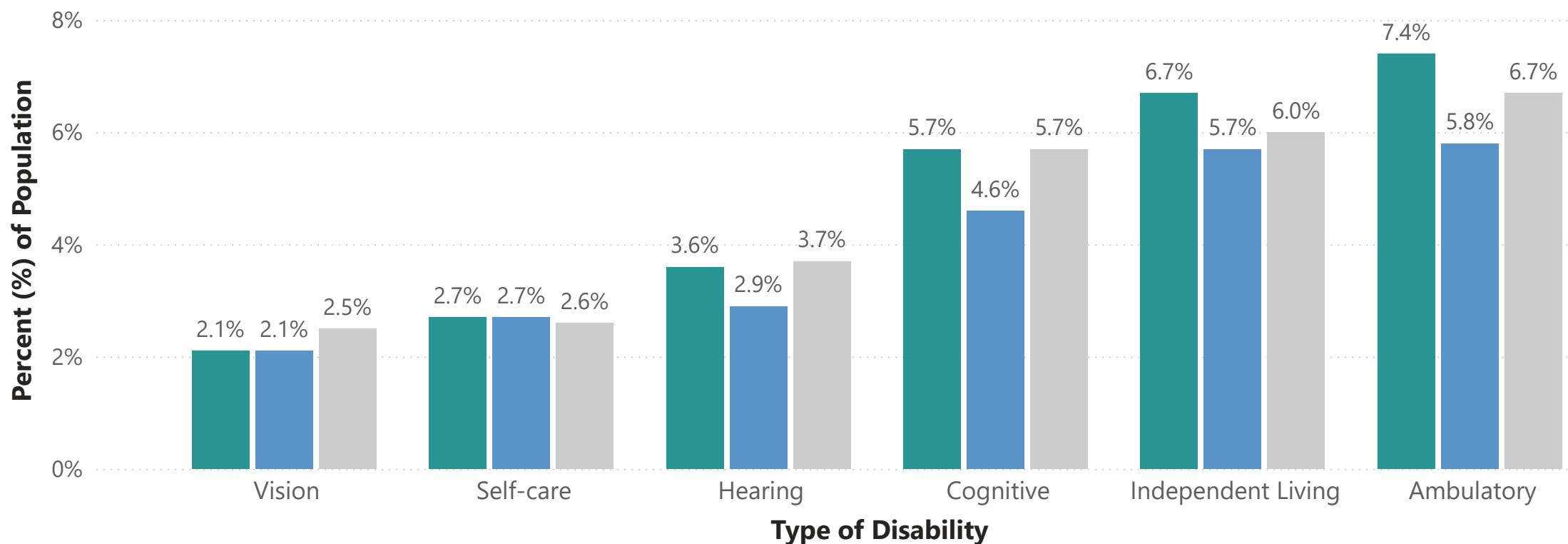


Figure 2: Proportion of Disabled Population by Disability Type (2022)²

● Sutter ● California ● United States



References:

1. Centers for Disease Control and Prevention. Disability Barriers to Inclusion. Accessed September 24, 2024. <https://www.cdc.gov/ncbddd/disabilityandhealth/disability-barriers.html>
2. United States Census Bureau. Accessed September 5, 2024. https://data.census.gov/table/ACSST5Y2022.S1810?q=Sutter%20County&t=Disability&g=040XX00US06_010XX00US

PLACE OF BIRTH

Place of Birth:

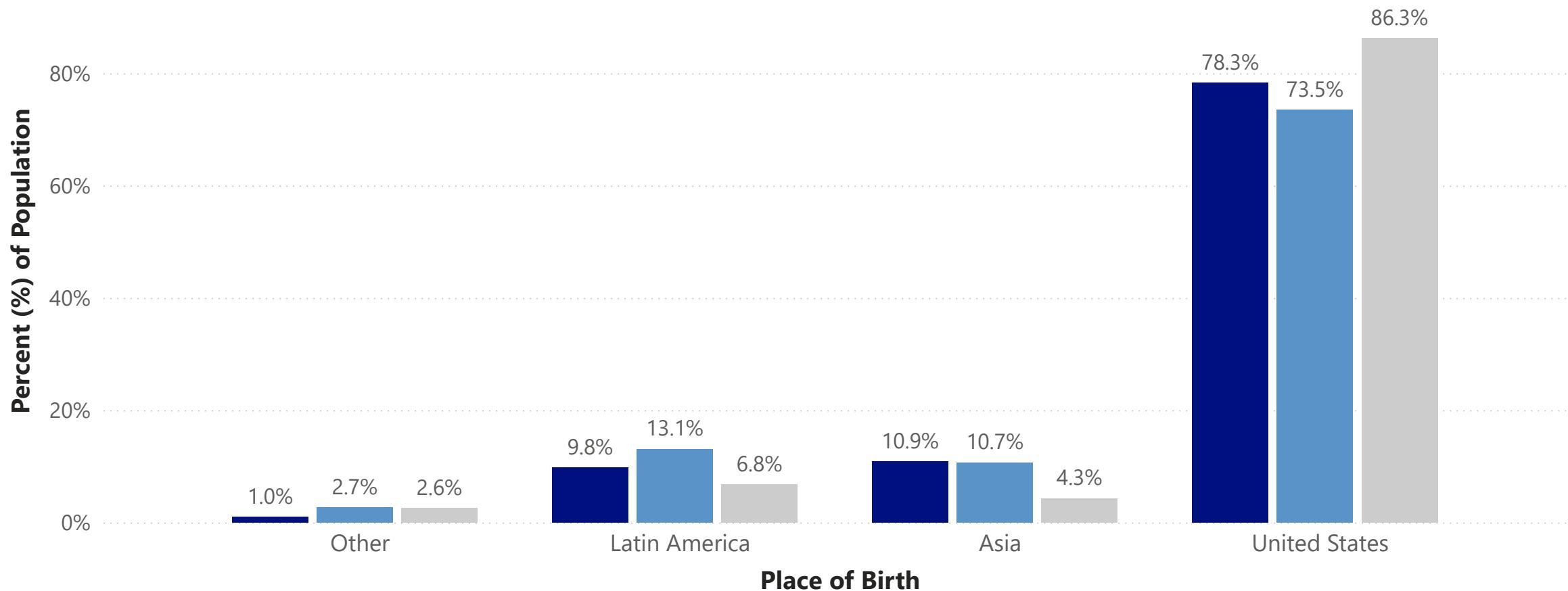
Figure 1 shows that roughly 78% of Sutter County residents were born in the United States and 22% were born outside the United States¹. Foreign born Sutter County residents were mostly born in Asia (10.9% of total Sutter County population) and Latin America (9.8% of total Sutter County population). The "Other" category (1% of Sutter County population) combines those born in Africa, Oceania, Europe, and Canada.

Language Spoken and English Fluency:

People with limited English proficiency face unique challenges to maintaining good health. They may need trained interpreters and/or require documents translated to their native language to fully understand issues related to their health or to accessing services. About 64% of Sutter County residents speak only English at home and 36% speak a language other than English at home². Roughly 56% of those who speak a language other than English at home speak Spanish, 37% speak other Indo-European languages (example: Punjabi, Hindi, and others), and 7% speak Asian and Pacific Island languages (example: Hmong, Tagalog, and others)².

Figure 1: Place of Birth (2022)¹

● Sutter ● California ● United States



References:

1. U.S. Census Bureau. (2022). Place of Birth by Nativity and Citizenship Status. *American Community Survey, ACS 5-Year Estimates Detailed Tables, Table B05002*. Accessed September 24, 2024. https://data.census.gov/table/ACSDT5Y2022.B05002?g=010XX00US_040XX00US06_050XX00US06101.
2. U.S. Census Bureau. (2022). Language Spoken at Home. *American Community Survey, ACS 5-Year Estimates Subject Tables, Table S1601*. Accessed September 24, 2024. <https://data.census.gov/table/ACSST5Y2022.S1601?g=050XX00US06101>.

MARITAL STATUS

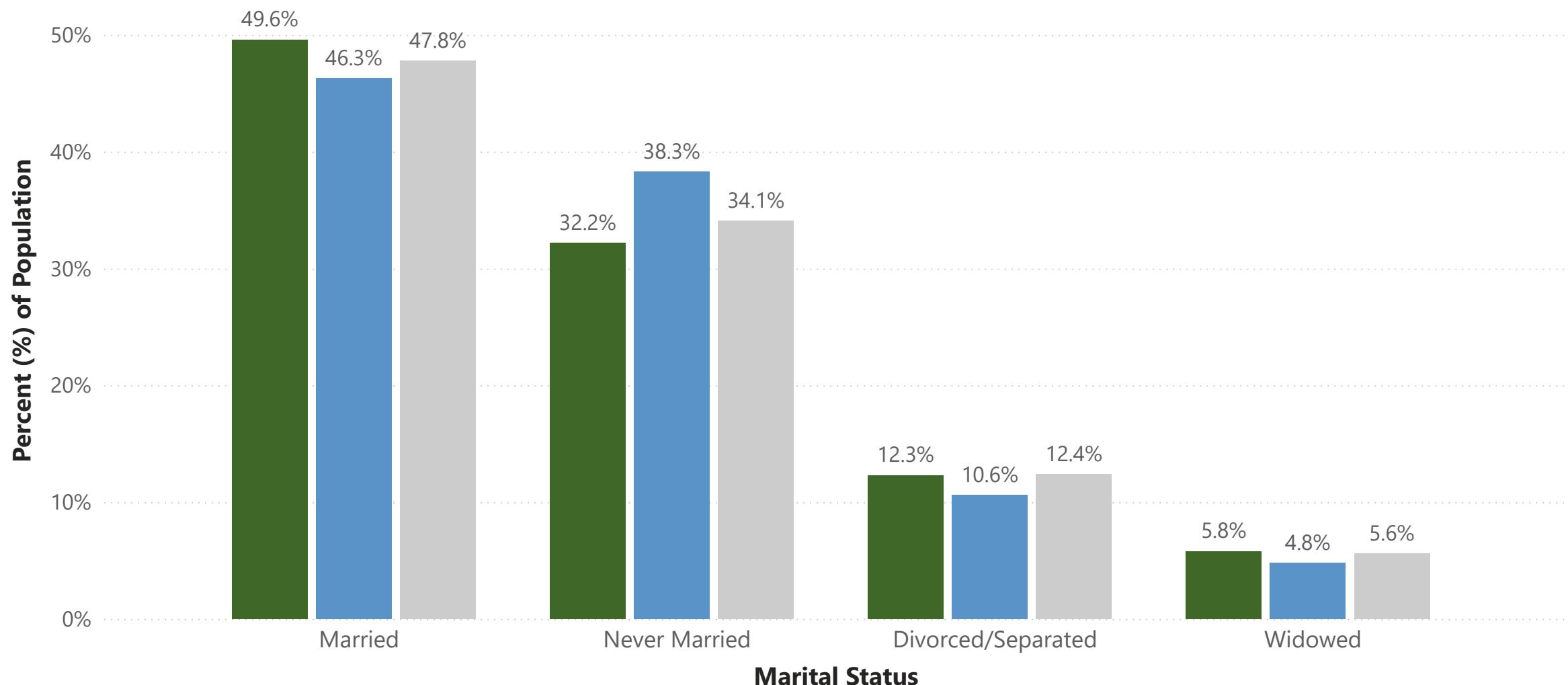
Marital Status and Household Structure:

Roughly half (49.6%) of Sutter County residents over the age of 15 are currently married (Figure 1); this is higher than both the California and US averages¹. A similar proportion of Sutter County residents report being divorced compared to the US, and higher than California. Sutter County has similar rates of people widowed (5.8%) as both California and the US. There are fewer never married residents of Sutter County (32.2%) than California (38.3%) or the US (34.1%).

The US Census Bureau defines a household as everyone who lives in a single housing unit. Housing units are houses, apartments, single rooms or group of rooms that are separate living quarters. Sutter County had 33,325 households in 2022; the average household includes 3 people.¹

Figure 1: Marital Status by Geography (2022)¹

● Sutter ● California ● United States



References:

1. United States Census Bureau. U.S. Census Bureau. (2022). Marital Status. American Community Survey, ACS 5-Year Estimates Subject Tables, Table S1201. Accessed September 5, 2024. https://data.census.gov/table/ACSST5Y2022.S1201?g=010XX00US_040XX00US06_050XX00US06101.

EDUCATION

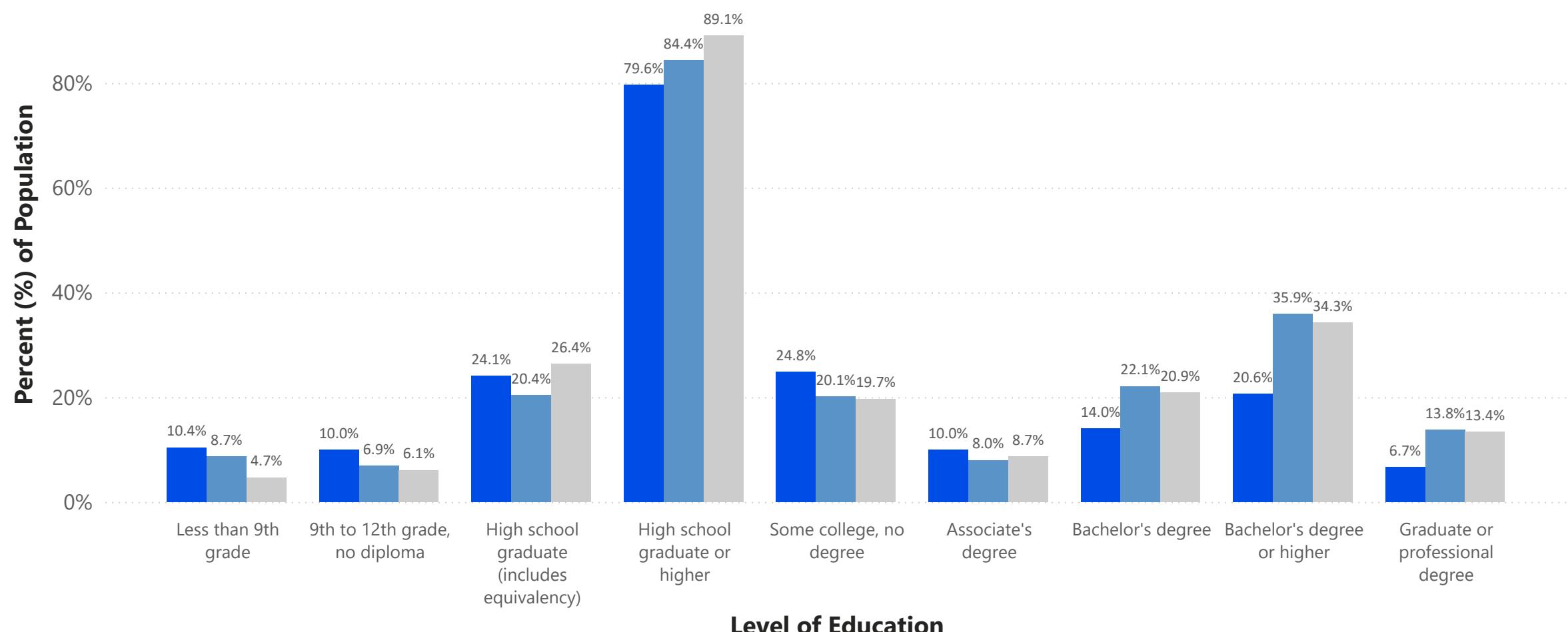
Education

Education influences health and longevity through many factors, including better health behaviors, increased health knowledge, higher incomes, and social and psychological aspects like greater sense of control over factors that affect your life and stronger social support networks. People with less education are more likely to have chronic diseases, such as heart disease and diabetes, and are increasingly more likely to have risk factors that predict disease, such as smoking and obesity.¹

In 2022, Sutter County residents were less likely to have a bachelor's or graduate/professional degree than those in California or the United States (Figure 1)². However, Sutter County residents had a higher percentage of Associates degrees (10%) than California (8.0%) and the United States (8.7%). This may be attributed to access of the local Yuba Community College system. In 2022, Sutter County residents also had higher rates of people with education less than 9th grade and 9-12th grade without a high school diploma, compared to California and the United States.

Figure 1: Highest Level of Education for Adults Age 25 or Older by Geography (2022)²

● Sutter ● California ● United States



References:

1. Educational Disparities in Adult Health Across U.S. States: Larger disparities reflect economic factors. *Frontiers in Public Health*. Accessed September 24, 2024.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9424624/>

2. US Census Bureau. "Educational Attainment." *American Community Survey, ACS 5-Year Estimates Subject Tables*, Table S1501, 2022. Accessed September 4, 2024.

<https://data.census.gov/tiger/>

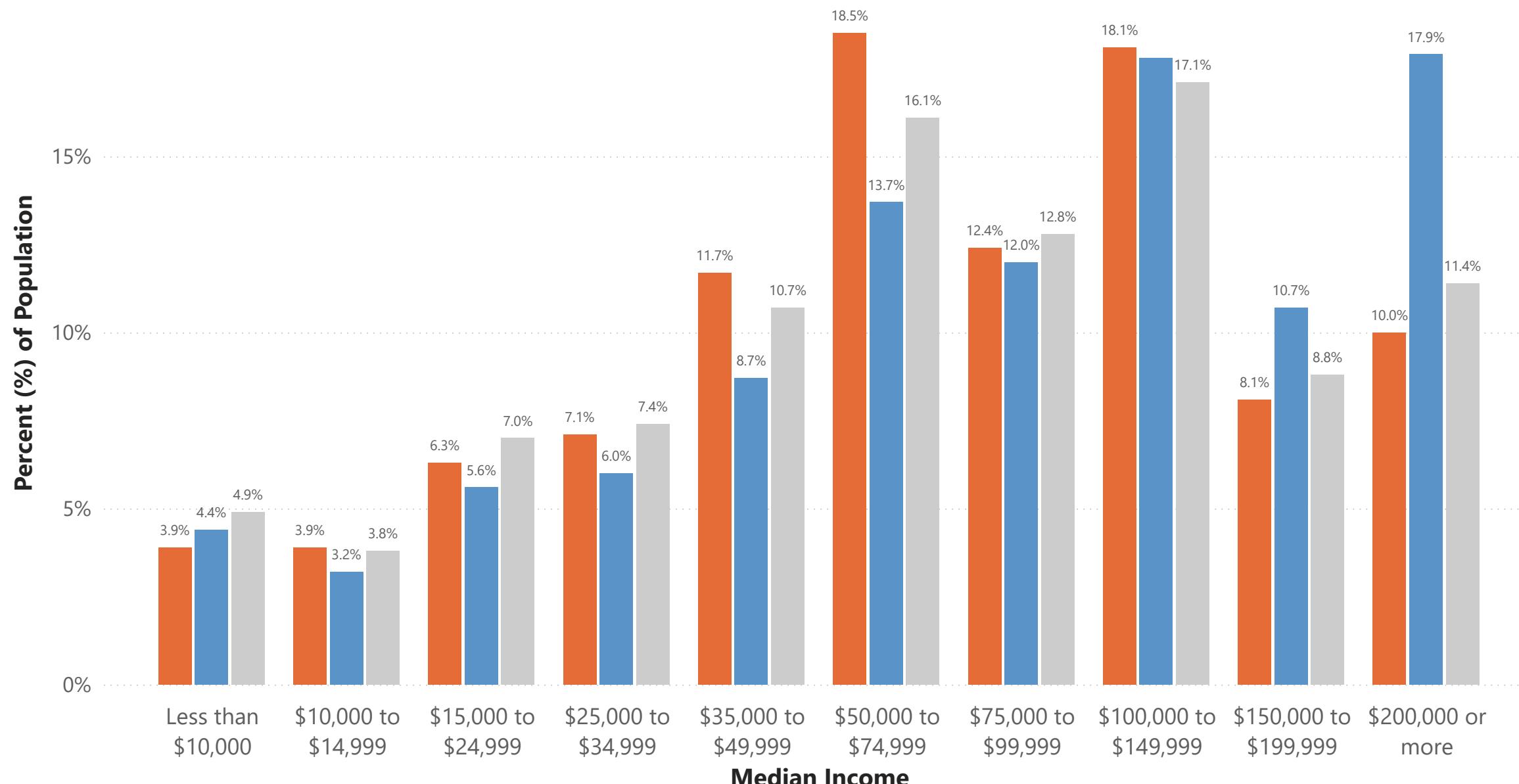
MEDIAN INCOME

Median Income:

Household income refers to the combined income of all people living in one home. As shown in Figure 1, roughly 32.9% of Sutter County residents over the age of 25 make below \$50,000 dollars, compared to California (27.9%) and the United States (33.8%)¹. Economic stability and neighborhood level factors affect health risks and outcomes, which are part of the social determinants of health².

Figure 1: Median Income of Adults over Age 25 Years (2022)¹

● Sutter ● California ● United States



References:

1. United States Census Bureau. Accessed September 24, 2024. [S1901: Census Bureau Table](#)
2. Healthy Places Index Policy Guides. Accessed September 24, 2024. <https://policies.healthyplacesindex.org>

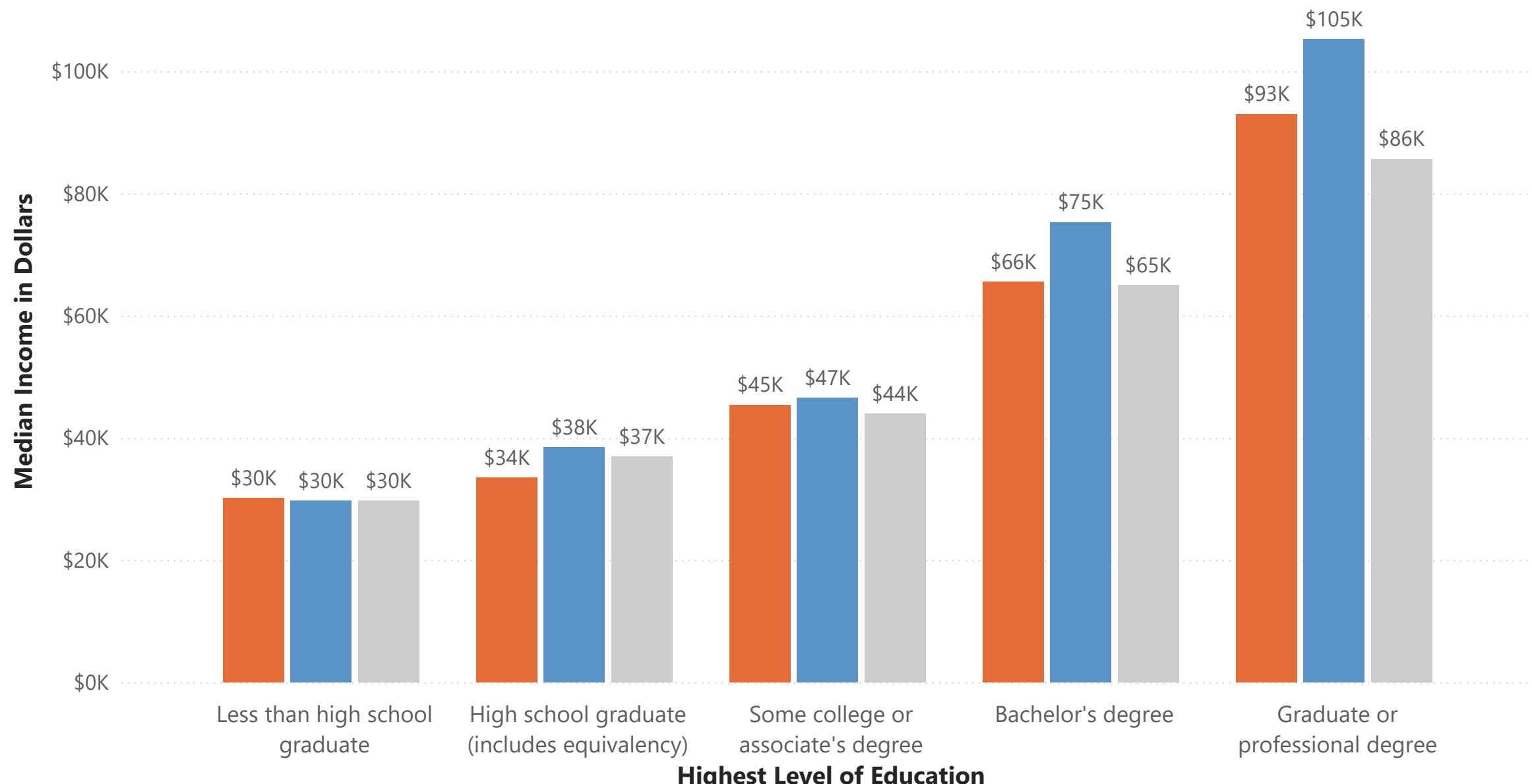
INCOME BY EDUCATION

Income by Education:

In 2022, Sutter County residents who were high school graduates made \$33,513, which is slightly less than California residents who were high school graduates (\$38,446).¹ Sutter County residents with a Bachelor's degree or Graduate/professional degree had lower median income than the state, but higher than the US (Figure 1).¹ Sutter County median income was comparable to the state and national average for high school graduates and those with some college/Associates degree. Overall, Sutter County median income tends to be less than the California average.

Figure 1: Income by Highest Level of Education for Adults Age 25 or Older by Geography (2022)¹

● Sutter ● California ● United States



References:

1. U.S. Census Bureau. (n.d.). Earnings in the Past 12 Months (in 2022 Inflation-Adjusted Dollars). *American Community Survey, ACS 5-Year Estimates Subject Tables, Table S2001*. Retrieved September 30, 2024, from https://data.census.gov/table/ACSST5Y2022.S2001?q=Income&g=010XX00US_040XX00US06_050XX00US06101.

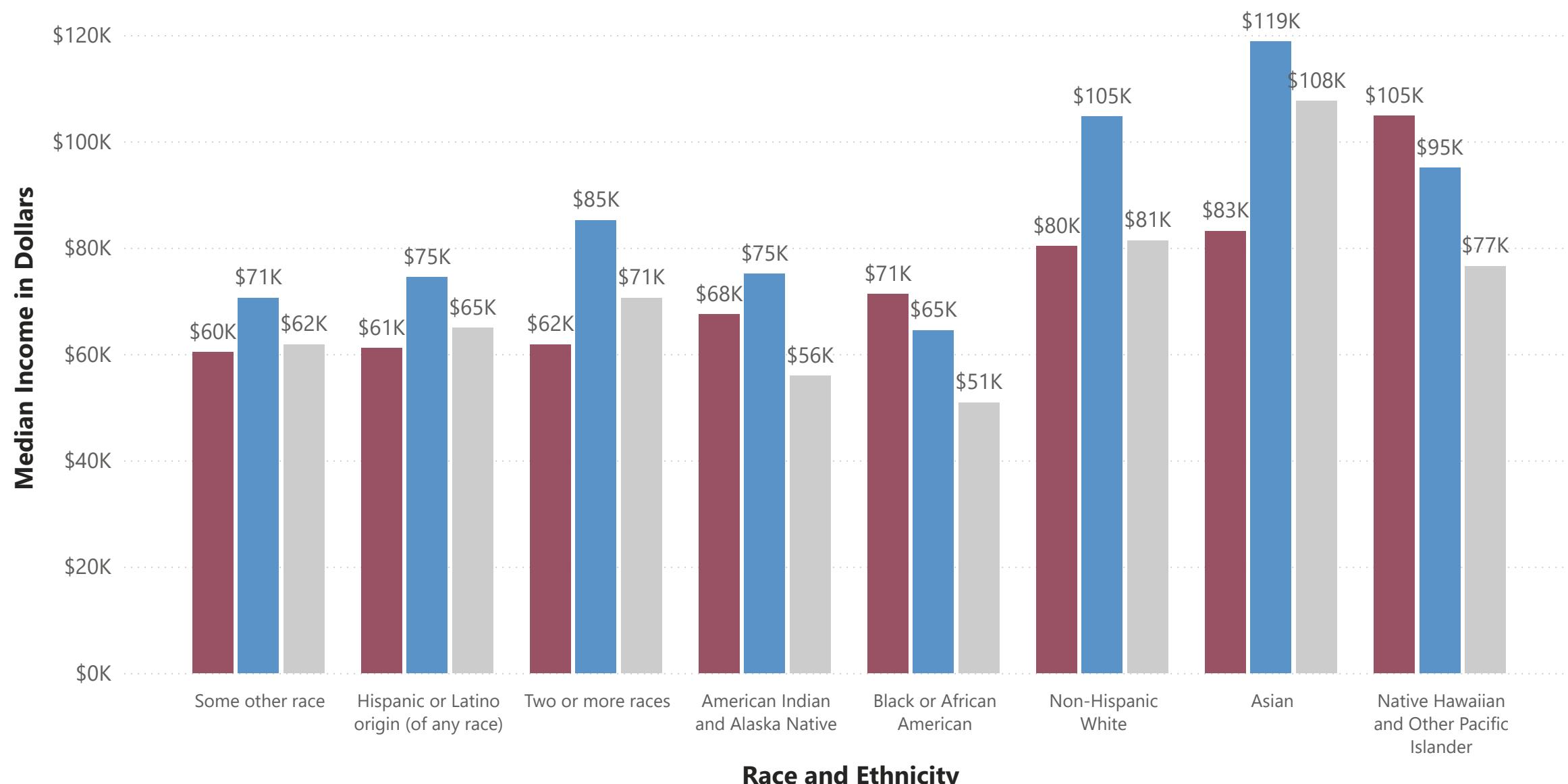
INCOME BY RACE/ETHNICITY

Income by Race/Ethnicity:

Figure 1 highlights race differences between income. Generally, Sutter County residents make less than California and the US, based on the racial categories. Sutter County Hispanic or Latino origin residents make \$13,362 less median income, compared to California and \$3,781 less compared to the US median income.¹ Also, Sutter County Asian residents make \$24,000-\$35,633 less than the California and US median income for those of Asian descent. Black or African Americans in Sutter County make \$6,819 more than the California median income and \$20,431 more than the US median income for Black or African American residents.¹

Figure 1: Median Income by Race/Ethnicity (2022)¹

● Sutter ● California ● United States



References:

1. S1903 | Median Income in the Past 12 months (in 2022 Inflation-Adjusted Dollars). U.S. Census Bureau, 2018-2022 American Community Survey 5-Year Estimates Accessed October 22, 2024. [https://data.census.gov/table/ACSST5Y2022.S1903?g=Sutter&t=Income%20\(Households,%20Families,%20Individuals\)&g=040XX00US06_010XX00US](https://data.census.gov/table/ACSST5Y2022.S1903?g=Sutter&t=Income%20(Households,%20Families,%20Individuals)&g=040XX00US06_010XX00US)