

2025 SUTTER COUNTY PUBLIC HEALTH UPDATE

DECEMBER 16, 2025

Sutter County Public Health Branch

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**HEALTH AND
HUMAN SERVICES**

Purpose & Objectives

Provide an update on:

- **Sutter County's top causes of death and disease**
- **Health Trends**
- **Disparities in health outcomes across areas in Sutter County**
- **The Community Health Improvement Plan (CHIP)**

Top Causes of Death in Sutter County

Causes of Death in Sutter County - 2018-2020 vs. 2021-2023

	2018-2020 Sutter County Rates per 100,000	2021-2023 Sutter County Rates per 100,000	Trend
All Causes of Death	749.4	786.2	
1. All Cancers	148.8	132.7	
2. Coronary Heart Disease	89.3	78.3	
3. Accidents (Unintentional Injuries)	49.0	65.5	
4. Cerebrovascular Disease (Stroke)	52.0	55.5	
5. Alzheimer's Disease	40.7	36.0	

Note: Sutter County rates are **worse** for all top causes of death compared to California

 Sutter County rates have decreased compared to 2018-2020

 Sutter County rates have increased compared to 2018-2020

A Top Disease Burden: Syphilis

Top causes of Morbidity – Sutter County Health Status Profile

	2018-2020 Sutter County Rates per 100,000	2021-2023 Sutter County rates per 100,000	Trend
Primary and Secondary Syphilis Females Ages 15-44	31.3*	37.0	
Congenital Syphilis	79.3*	189.2*	
Primary and Secondary Syphilis Males All Ages	31.2	34.1	

Sutter County rates are **worse** for all top causes of morbidity compared to California. Data denoted with an * indicates that the data can vary due to small raw numbers.

 Sutter County rates have increased compared to 2018-2020

 Sutter County rates have decreased compared to 2018-2020

Health Trends - Accidents & Injuries

- Men are more likely to die of accidents/unintentional injuries
- Black and Non-Hispanic White residents have the highest death rates from unintentional injuries
- 60% of individuals who die due to accidents/injuries are 55 years old or younger
 - Average age of death due to accidents/injuries is 48.6

Figure 1: Accidents/Unintentional Injuries Among Sutter County Residents, 2019-2023

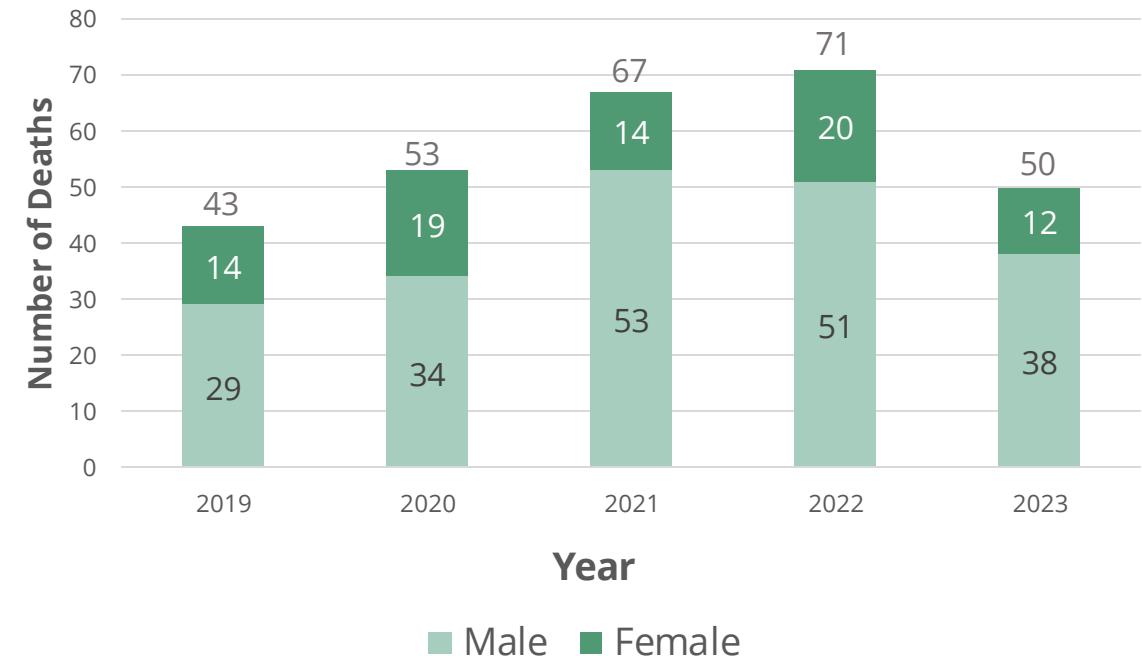


Figure 1. Accident/Unintentional Injury Deaths in Sutter County from 2019 to 2023. Data from California Integrated Vital Records System. California Comprehensive Death File (CCDF) and CCDF Reallocates for Sutter County. Accessed October 6, 2025.

Health Trends – Tobacco Use

- Tobacco use is a major risk factor for multiple chronic diseases, including cancer, heart disease, stroke, diabetes and respiratory diseases.
- According to the 2025 County Health Rankings, 16% of adults in Sutter County smoke compared to 10% in California overall.
- According to the 2024 National Youth Tobacco Survey, 8.1% of U.S. middle and high school students reported using tobacco products.

Figure 1: Smoking Rates in Sutter County and California (2017-2025)³

• California • Sutter

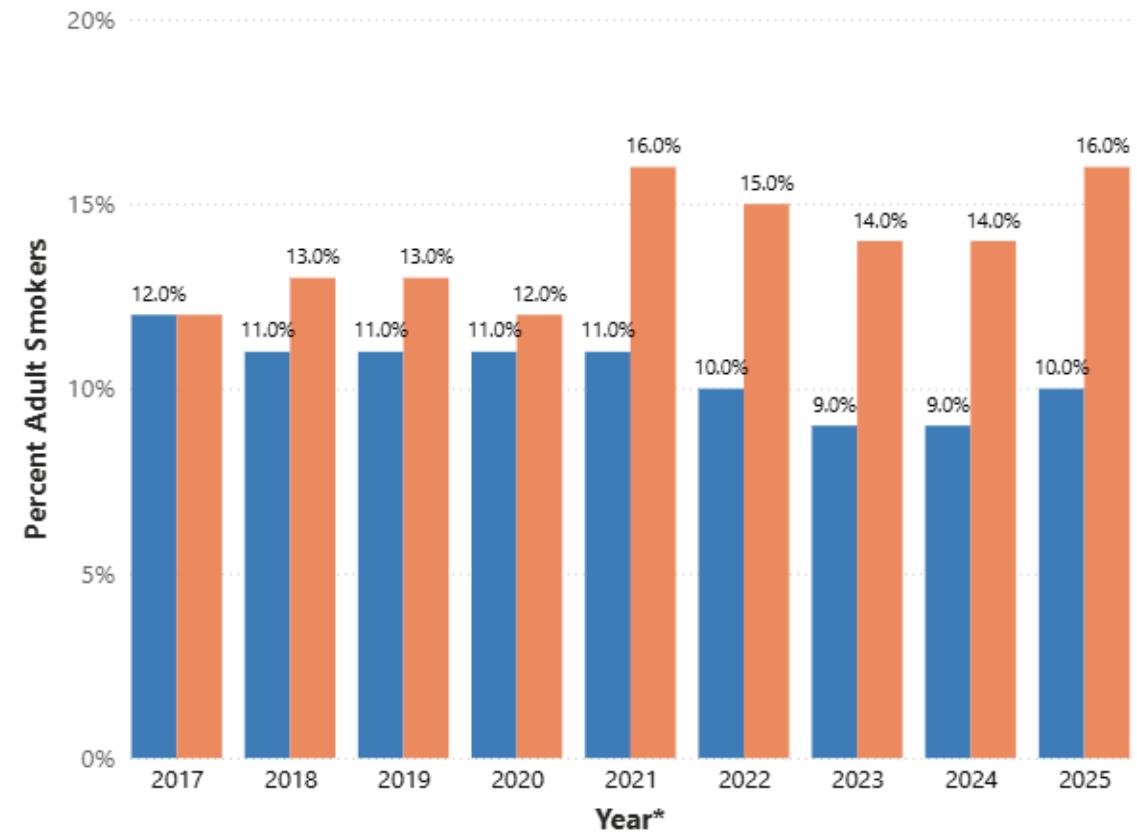


Figure 1. Smoking Rates in Sutter County and California (2017-2025). Data from the County Health Rankings 2025.

Health Disparities

- According to the 2025 County Health Rankings:
 - Average life expectancy for Sutter County residents: **77.3 years**
 - California average life expectancy: **79.4 years**
- Life expectancy and health outcomes vary greatly based on where a person lives in Sutter County. Differences in health can be seen in neighborhoods only separated by a few miles and are largely influenced by the following conditions in the communities we live in:
 - Safe housing, transportation, and neighborhoods
 - Education, job opportunities, and income
 - Access to nutritious foods and physical activity opportunities
 - Polluted air and water
 - Language and literacy skills

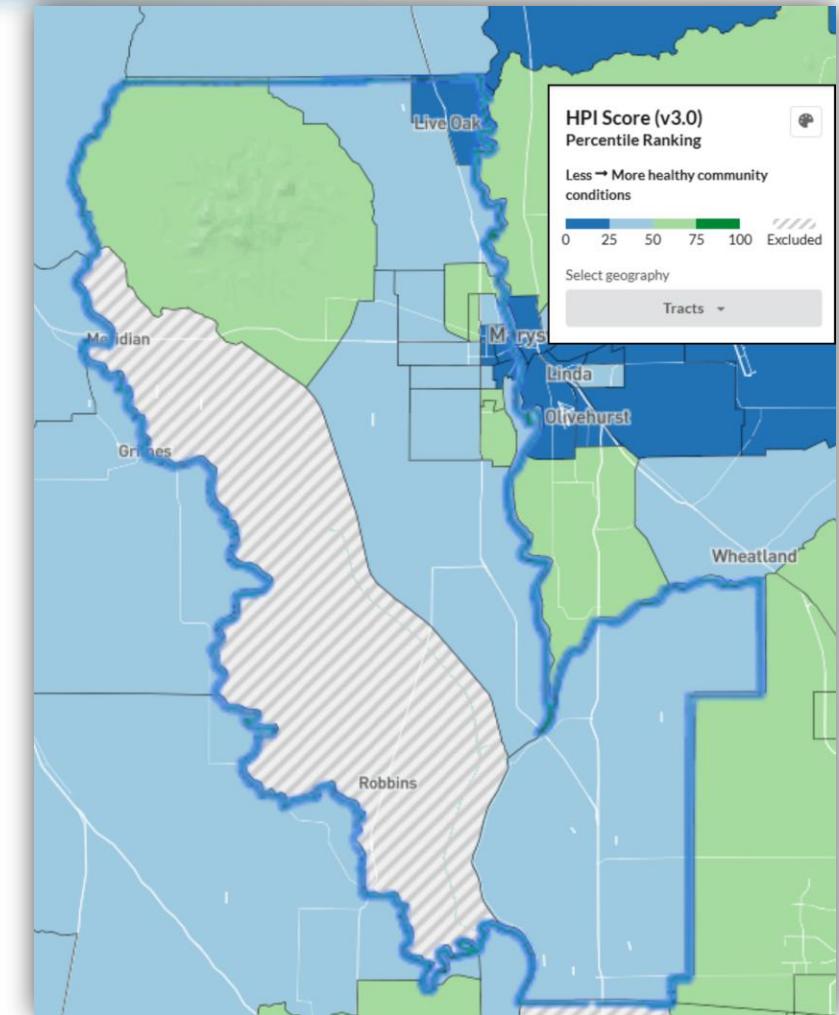


Figure 2. Healthy Places Index Sutter County Visual by Census Tract. Interact with the map [here](#).

Community Health Improvement Plan (CHIP) Process

- **The Community Health Assessment (CHA)** is a collaborative process to gain insight into the health status and health needs of our community through data collection and analysis
- **The Community Health Improvement Plan (CHIP)** is a plan to address:
 - Health needs and issues identified through the CHA activities
 - Factors that contribute to disease risk and health behaviors
- Goal for the Sutter County CHIP: Collaboratively work with community partners to create a specific, achievable, and measurable framework to address community health needs and identified health priorities:

CHIP Priority Areas		
Addressing Homelessness	Building Resilient Communities <ul style="list-style-type: none">• Adverse Childhood Experiences• Behavioral Health• Nutrition & Food Access	Reducing Sexually Transmitted Infections (STIs)

Community Health Improvement Plan (CHIP) Timeline



*Each workgroup (Addressing Homelessness, Building Resilient Communities, and Reducing Sexually Transmitted Infections) met monthly for three months. A total of nine workgroup meetings were hosted virtually.

The Community Health Improvement Plan (CHIP)

- **Implementing the CHIP:**
 - Local stakeholders contribute time, resources, and take ownership of the shared goals defined in the CHIP
 - Workgroup meetings and partner collaboratives:
 - Sutter Behavioral Health Learning Collaborative
 - Reducing STIs Learning Collaborative
 - Yuba-Sutter Food Policy Council
 - ACEs Workgroup
 - Held quarterly meetings with community partners to review progress, analyze strategies, and revise activities
 - Collaborative CHIP Annual Meeting held **September 16, 2025**
- **Annual Update**
 - CHIP Action Plan – updating action plans based on partner feedback – **October 2025**
 - CHIP public-facing dashboards – **November 2025**
 - Promotes community knowledge and accountability

CHIP Website

Sutter County Community Health Improvement Plan



and Partnerships (MAPP) -

CHIP FULL REPORT
CHIP full report

HOMELESS
Addressing Homelessness action plans and resources

BRCA: ACES
ACES action plans and resources

BRCA: BEHAVIORAL
Behavioral Health action plans and resources

Action Plans can be found by navigating to the Sutter County CHIP website [here](#). Then, by scrolling down to the buttons.

[Health Assessment and Improvement Planning](#)
[PHAB: About the Public Health Action Board](#)
[County Health Rankings: County Health Rankings, Sutter](#)
[Media Release: Sutter County Community Health Improvement Plan 2023-2028](#)

BOARD OF SUPERVISORS PRESENTATIONS
2024 Community

11

CHIP Priorities: Addressing Homelessness

Homeless prevention and sheltering:

- **Open Doors** – program reinstated to engage and connect people experiencing homelessness with services and resources
 - Held 4 Open Doors events since November 2024, engaging 62 unhoused individuals
 - 25 resource providers at the November 2025 Open Doors event
 - Resources providers ranged from CalFresh, Peach Tree Health, Harmony Health, Pathways, FREED, DMV, One Stop, Hands of Hope, Sutter-Yuba Homeless Consortium, Yuba-Sutter SPCA and more
- **Homeless Services** - coordinated outreach and engagement efforts at the 2nd Street Campsite
 - Engagement with **124** individuals, **40** of which entered Better Way Shelter, and **6** permanently housed (YTD from May through November 30, 2025)

CHIP Priorities: Addressing Homelessness

Affordable Housing:

- **Habitat for Humanity Yuba Sutter** - Expand the number of providers contracted through CalAIM to provide enhanced case management and community supports
 - Between 2024 and 2025, provided **69 Sutter County residents with housing deposit assistance** and enrolled **126 Sutter County residents in community supports through Partnership Health Plan**

Expanding Enhanced Care Management (ECM) and Community Supports to Better Way Clients Housing:

- **Sutter County Public Health**- Nearing completion of contracting with Partnership HealthPlan to provide CalAIM ECM and Housing related Community Supports for our shelter clients
 - Once contracted, will bill these services to Partnership HealthPlan

CHIP Priorities: Building Resilient Communities

- **Behavioral Health:**

- Formed the **Sutter Behavioral Health Learning Collaborative** and held 4 provider-focused educational sessions between May 2024 and June 2025
 - Sutter Behavioral Health Learning Collaborative presentations are available on the [Sutter County Public Health website](#)

- **Nutrition and Food Access:**

- Sutter County Public Health is developing a Food As Medicine Toolkit to educate and provide resources to promote access to healthy food regardless of location or socio-economic status
 - Conducted 6 community data collection sessions to inform the toolkit and ensure it is relevant and useful for our community
 - Will publish the Food as Medicine Toolkit on the Public Health website by Spring 2026

CHIP Priorities: Building Resilient Communities

- **ACEs:**

- **Home visiting programs** – Sutter County Public Health increased California Home Visiting Program (CHVP) capacity by 3 FTEs.
 - CHVP served 32 families in 2023 -2024 and 45 families in 2024 - 2025
- **Sutter County Children and Families Commission** – participated in the Regional Medi-Cal Communities and Home Visiting Collaborative to learn best practices to build capacity
 - Implemented Parents As Teachers (PAT) Program in August 2023, 13 families provided with direct home visiting services
- **Handle with Care Program**—The program was expanded to cover all Live Oak School District schools. Between 2023-2025 the program has received 33 notifications from first responders

CHIP Priorities: Reducing Sexually Transmitted Infections (STIs)

- **Reducing STIs Collaborative** – reducing STIs involves a concerted effort to prevent the transmission of STIs and to ensure equitable access to high-quality care and treatment
- Created STI slide deck for Sutter County middle and high school students to supplement existing STI education
 - Adapted from a curriculum developed by the Adolescent Health Working Group, comprised of San Francisco Public Health staff and San Francisco Unified School District teachers
 - Dr. Luu presented to the Sutter County Superintendent of Schools on March 25th
 - Meeting with Sutter County schools interested in implementing the supplemental curriculum
- One of the Collaborative's healthcare entity members – Harmony Health – has started the process of rolling out expedited partner therapy for STIs treatment!

Tobacco Control and Education Efforts

Tobacco Education and Prevention –Two Public Health tobacco prevention programs to reduce tobacco use, including smoking and vaping, and address policy changes, including:

- Policies to eliminate tobacco use in outdoor non-recreational public areas; tobacco retail licensing policy (Tobacco Control).
- Tobacco cessation program for students and provide retailer education to reduce youth tobacco usage and vaping (DOJ Tobacco Education).

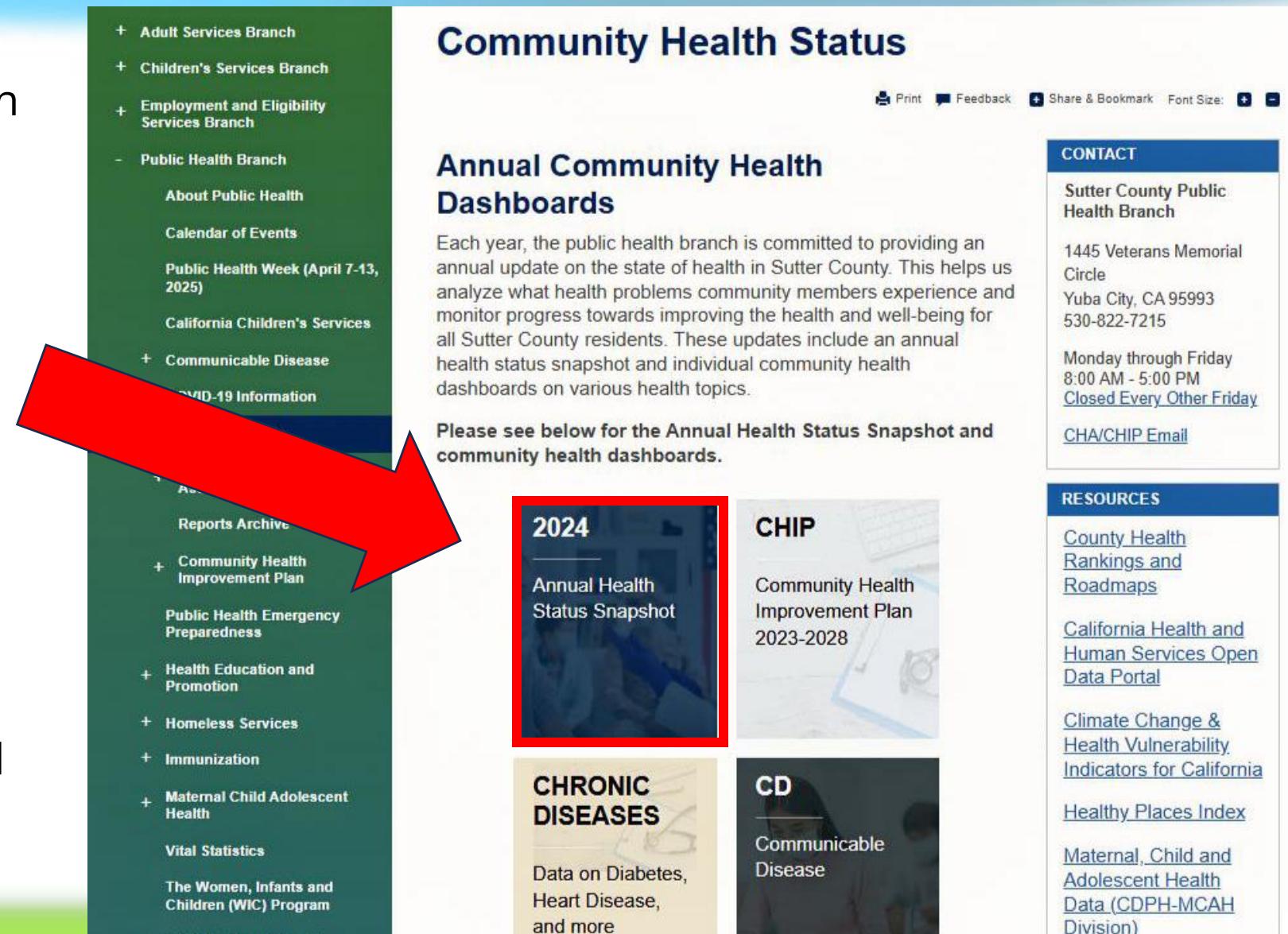
Activities:

- Created tobacco/vaping education slide decks and educational packets for Sutter County middle and high schools.
 - Meeting with Sutter County education partners to implement curriculum in the schools.
- Conducted educational tobacco retailer visits to help ensure compliance with tobacco laws.
 - In the last 6 months, staff visited 17 retailers and provided them with educational material, digital age verification calendars, STAKE Act Warning of Sale stickers, and window clings.
 - Investigating opt-in text alerts to provide education about the dangers of vaping

Data and Reports

Sutter County Public Health annually updates community health data and outcomes and publishes this information on the [data and reports](#) page on our website.

Dashboards include community health outcomes for chronic diseases, health risk factors, maternal and child health, and more



Community Health Status

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Annual Community Health Dashboards

Each year, the public health branch is committed to providing an annual update on the state of health in Sutter County. This helps us analyze what health problems community members experience and monitor progress towards improving the health and well-being for all Sutter County residents. These updates include an annual health status snapshot and individual community health dashboards on various health topics.

Please see below for the Annual Health Status Snapshot and community health dashboards.

2024

Annual Health Status Snapshot



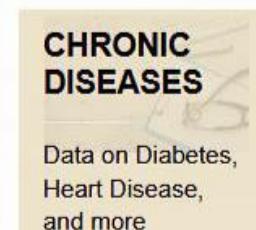
CHIP

Community Health Improvement Plan 2023-2028



CHRONIC DISEASES

Data on Diabetes, Heart Disease, and more



CD

Communicable Disease



CONTACT

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Yuba City, CA 95993
530-822-7215
Monday through Friday
8:00 AM - 5:00 PM
[Closed Every Other Friday](#)

[CHA/CHIP Email](#)

RESOURCES

[County Health Rankings and Roadmaps](#)
[California Health and Human Services Open Data Portal](#)
[Climate Change & Health Vulnerability Indicators for California](#)
[Healthy Places Index](#)
[Maternal, Child and Adolescent Health Data \(CDPH-MCAH Division\)](#)

Low Cost/No-Cost Resource Guide



Sutter County Health and Human Services
Public Health Branch

LOW COST AND NO COST RESOURCES FOR SUTTER COUNTY

This information is also available at the Sutter County Public Health Branch
Website: www.suttercounty.org/publichealth Updated: August 2025



- The Resource Guide is located on our [Sutter County Public Health website](#).
- Resources are broken down into easy to navigate buttons on our website.
- Please share this guide with colleagues and partners, to help connect our community and stakeholders to resources



Thank you to our partners!



KAISER PERMANENTE





Contact Information:

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Website: Data and Reports | Sutter County, CA